JANUARY 2026

Good Afternoon, Whitefield Public Library Friends,

As we enter the New Year, it is tradition to reflect on the past and look forward to the future. Many of us set goals to improve in areas that we feel would be beneficial to improving our lives. According to the National Institutes of Health, begin by setting a realistic goal and listing the steps that will help to achieve it. They suggest planning for obstacles and how to overcome them. Don't give up when you slip up. It is also recommended that you track your progress, get social support, reward your successes, and add variety. Visit this link to read the full article:
https://newsinhealth.nih.gov/2010/12/making-your-resolutions-stick

Spend some time at the **CREATION STATION** in January creating winter watercolor art. Pastels will be available to create a resist drawing, which you can then paint over, or request a fine tip black sharpie to add detail and outlines afterwards. Or just go straight watercolor to create a dreamy winter scene.

Check out the **BEST** and **WORST BOOKS of 2025** at WPL and beyond. We will feature books submitted by patrons, WPL staff, and those listed in popular publications, such as Good Reads and the NY Times. Please fill out this anonymous 2-question survey to share your picks for the best and worst reads this year:
https://forms.gle/zWg34kr8vRCgqHA17

ELECTRONICS RECYCLING at WPL
Do you have old or broken electronics such as laptops, computers, phones, tablets, video games, cables, chargers, power cords, wifi routers, or similar items? Instead of paying to throw them away, you can now recycle them for free in the blue bin near the magazine stand marked "We Recycle Electronics" at the WPL. This diverts them from going to a landfill and generally makes the world a little bit better. If the item has a battery or plugs into the wall, it can probably be recycled. If you have a question about whether an item can be recycled, or if you have larger items that won't easily fit in the bin, feel free to text a picture of the item to Jonathan at North Country Recycling at 603-684-2425.

HOLIDAY HOURS
CLOSING EARLY - 12 NOON Wednesday, December 31st
CLOSED Thursday, January 1st

UPCOMING PROGRAMS for ADULTS & TEENS

LINE DANCING with SUZY COLT
at United Methodist Church
Tuesdays (weekly through January 13th)
5 PM

CAREGIVERS SUPPORT GROUP & LOVED ONES LIVING WITH DEMENTIA PROGRAM
With Cate DiBlasi & Jeannie Jacobs, with support from Mary Bates
Friday
(First Friday of the month.)
9-10 AM
For those living with Dementia and their Caregivers

This is an opportunity for caregivers to meet and share their experiences, share some ideas and strategies, provide some understanding, support, and connection with other caregivers, and connect with Jeannie and Mary. Separately, loved ones will enjoy a program with Cate to stimulate their minds and move their bodies.

RECIPE CLUB
Saturday, January 10th
(2nd Saturday of each month)
5 PM
Open to adults & teens
Sign-up Required: https://forms.gle/oNSDzQBewmD7kftE6

Do you enjoy cooking? Do you enjoy trying and learning new recipes? Join Teresa on the second Saturday of the month at 5 PM for the RECIPE CLUB. Bring a dish to share and copies of the corresponding recipe to distribute. Sit down for a potluck and try all of the dishes. Discuss cooking techniques, suggestions for how to improve or change the recipe, what works best for you, etc.

OLD LIFE SKILLS REVIVAL with TERESA
Tuesday, January 13th
(2nd Tuesday of each month)
4:30 PM
Open to adults & teens

Sign-up Required: https://forms.gle/zLg8isg77MQGhLgw6
Are you interested in learning all of those skills that our ancestors relied on in daily life that have become obsolete for most of us in the modern day, such as sewing, mending, making food from scratch, basket weaving, etc.? Join Teresa on the second Tuesday of each month to learn some of these skills. In January, she will teach how to make whipped cream, butter, paneer (Indian cheese), and Farmer's cheese using cream, milk, and few other simple ingredients.

MAHJONG
Wednesdays, January 14th & 28th
(2nd & 4th Wednesdays of each month)
10 AM
Open to adults & teens
Sign-up Required: https://forms.gle/87xWcSFVT7rps3xK7

Are you an experienced Mahjong player and looking for a group to join? Are you a beginner and looking to improve your skills? Are you interested in learning though you have never played before? Join our twice monthly Mahjong group. As we begin, participants will work in pairs to teach and learn the game. All skill levels are welcome.

BOOK GROUP
Wednesday, January 14th
(2nd Wednesday of each month)
6:30-7:30 PM
Open to adults & teens
As the December group was postponed due to weather, The Librarianist will be discussed in January. Please bring a wrapped copy of a book from your personal library to pass to another book group member. These will be discussed at the February meeting. Pick up a copy of this month's book, *The Librarianist* by Patrick deWitt

From bestselling and award-winning author Patrick deWitt comes the story of Bob Comet, a man who has lived his life through and for literature, unaware that his own experience is a poignant and affecting narrative in itself. Bob Comet is a retired librarian passing his solitary days surrounded by books and small comforts in a mint-colored house in Portland, Oregon. One morning on his daily walk he encounters a confused elderly woman lost in a market and returns her to the senior center that is her home. Hoping to fill the void he's known since retiring, he begins volunteering at the center. Here, as a community of strange peers gathers around Bob, and following a happenstance brush with a painful complication from his past, the events of his life and

the details of his character are revealed. With his inimitable verve, skewed humor, and compassion for the outcast, Patrick deWitt has written a wide-ranging and ambitious document of the introvert's condition. *The Librarianist* celebrates the extraordinary in the so-called ordinary life, and depicts beautifully the turbulence that sometimes exists beneath a surface of serenity.

GAME NIGHT AT THE LIBRARY
Friday, January 16th
(3rd Friday of each month)
6 PM
Open to adults, teens, and youth
Sign-up Requested: https://forms.gle/g6mXEstFHtEiA5ez9

Do you LOVE board games? Do you kind of like board games? Do you play board games to make your family happy? Do you want to learn some new ones or enjoy some old favorites? Join us for our new monthly board game night. Come on your own, with a friend, or as a family. Try out some new games or stick to your go-tos. Bring your own, or see what is available here. Some options include Settlers of Catan, Ticket to Ride, Azul, Really Loud Librarians, Apples to Apples, DiXit, Ouisi, etc.

LADDERS *(Library After Dark: Deliciously Entertaining Romance Social-Club)*
Wednesday, January 21st
6 PM
Open to adults & teens
Sign-up Required: message Earth2Sunshine on Facebook or tell a librarian by January 18.

Looking for a book club with a little more spice, swoon, and laughter? You just found your people! Join us for LADDERS, a new romance book club!!! We'll be exploring swoony page-turners full of love, drama, and just the right amount of spice; all in good company!

Join us for our January meeting of LADDERS: Library After Dark: Deliciously Entertaining Romance Social-Club, where we're kicking off the new year with a swoony rom-com and a cozy, creative twist.

Our January pick is The Love Hypothesis by Ali Hazelwood!!! A fan-favorite romance featuring fake dating, slow-burn tension, sharp humor, and plenty of moments that had readers smiling.

This month's meeting will look a little different; we'll be discussing the book while we create. Please bring your own copy of any book to bedazzle (personal copies only please, no library books). Supplies for bedazzling will be provided.

Because of the nature of the craft, the evening may last longer than an hour.

As always, LADDERS is casual, welcoming, and conversation-driven. Whether you're here for the book, the creativity, or the community, you're in the right place. RSVP is required to help us plan. Respond to Ashley, Mary Ellen, or let a librarian know by January 18th.

THE CLASSICS BOOK GROUP
Tuesday, January 27th
(4th Tuesday of each month)
4:30 PM
Open to adults & families
January & February: Demons by Fyodor Dostoyevsky
Sign-up Requested: https://forms.gle/LxoecGQi4iZkYtNy8

Are you interested in reading some of the CLASSICS and discussing them with a group of other interested individuals? Join Teresa for a monthly exploration of the classics. Each book will be read and discussed over two or three months. The first book to be explored is Demons by Dostoyevsky. Pick up a copy at the library and get started!

UPCOMING PROGRAMS for YOUTH

MINI MATCHBOX DIORAMAS
Tuesday, December 30th
1 PM
Suggested ages 6+ years Sign-up required: https://forms.gle/TTYcMCU4ucfZot9t7

We will use matchboxes to create miniature dioramas. We will decorate the outside of the box, then draw, cut, and glue a scene using thick white and colored paper, sharpies, colored pencils, etc. * We may use sharp craft scissors with parent permission.

OPEN LEGO PLAY
Tuesday, January 6, 13, 20, & 27
3-4 PM

Suggested ages 5+ years
Sign-up requested

Come create with LEGOS. Build scenes, creatures, etc. using the available LEGO pieces. Create robots or other creations using the Lego Spike App, then code them to move. *Due to limited numbers of batteries and computers, building and coding may need to be done with a partner or in teams depending on participation.

WINTER PAINTING WORKSHOP
Thursday, January 8
3-4 PM
Suggested ages 5+ years
Sign-up required: https://forms.gle/wCYEtPN1W9C8Xr2E8

We will use acrylic paints to create a winter scene on canvas. Participants will be guided through the steps to paint a background, foreground, details, and shading, though they will be encouraged to add their own flair to make each piece unique. *Acrylic paints are permanent, so please dress accordingly. T-shirt smocks will also be available as needed.

SNOWFLAKE SCIENCE
Thursday, January 15
3-4 PM
Suggested ages 5+ years
Sign-up required: https://forms.gle/6cRTqhkjTPjzuCbx8

Have you ever wondered how snowflakes form? Have you ever examined snowflakes to see the various types? We will read about snowflake formation, watch some videos, then create our own snowflakes out of paper and other materials.

PAPER AIRPLANES
Thursday, January 22
3-4 PM
Suggested ages 6+ years
Sign-up requested: https://forms.gle/w2QWxLNtfjyjvuYFA

There are sooo many ways to fold a paper airplane! Come test some out. See which ones travel the furthest, do cool tricks, nosedive, or go in the straightest line. Participants will choose their favorite design options, fold them, and test them.

HOMESCHOOL MATH
Tuesday, January 27
11 AM -12 noon
Suggested ages
5-12 years
Sign-up requested but not required: https://forms.gle/yojzLZojpLCqfYt19

Do you have an elementary-level student who could benefit from "seeing" math? Join us once a month for a hands-on math program! This program will include a tiered mathematics problem, mathematical thinking-based games and puzzles, and other interactive math activities targeted toward a variety of math topics and learning levels. Led by an experienced high school math teacher, Amy Green, this program gets your students engaged in problem solving and seeing math in concrete form, and moving to abstract.

SPY NIGHT AT THE LIBRARY
Friday, January 30th
5-7 PM
Suggested ages 7+ years
Sign-up required: https://forms.gle/nAEEZVmJYMUxn3XQ7

Spend an evening at the library adventuring through obstacles and solving problems, codes, and puzzles as spies on a mission. See if your team can complete the challenges to accomplish your mission within the given time frame.

REGULARLY SCHEDULED PROGRAMS

PRE-K STORIES & PLAY
9:30-10:30 AM
Tuesdays & Thursdays
Preschool & Kindergarten age children & their caregivers
Program Room
Suggested ages 3-6 years

Join us for stories and activities, including games, songs, movement, and crafts.

TODDLER TALES & TUNES
11-11:30 AM
Thursdays

Program Room
Suggested ages birth-3 years

Join us for stories, songs, and movement that are developmentally appropriate for children under 3.

KNITTING, CROCHETING & HANDCRAFTS GROUP
1:00-3:00 Fridays (may be intermittent, so call ahead 837-2030)
To be added to the email list for this group, please email Lyn at whitefieldpubliclibrary2@gmail.com
Front Reading Room
Teens & Adults

Are you a seasoned handicraft person? Do you want to learn? Do you have a project in the works or something you have dreamed of creating? Adults & Teens of all skill levels are welcome to join others while you knit, crochet, needlepoint, sew, etc. Please call first in case a session has been canceled if you plan to participate for the first time – (603) 837-2030.

WEEKLY MATH CHALLENGE PROBLEMS
All Ages
Program Room

Look for the weekly Math challenge problems in the program room. Multiple levels will be available. Beware! Some problems may even get you to think differently about mathematical concepts you have known most of your life. There will be open middle questions separated into three categories - early elementary, middle elementary, and late elementary. Open middle questions challenge your thinking and math reasoning. Odd One Out problems will be available in two levels. For odd one out, you determine which of the 4 images does not belong. The ultimate goal is to have fun while building spacial reasoning, pattern recognition, number sense, and problem-solving skills.

WHITE MOUNTAIN HERDSMEN 4-H
2nd & 4th Saturdays - January 10th & January 24th
9-10 AM
Stop in and check it out to see if it's for you, then join if you are interested!

White Mountain Herdsman, a newly formed 4-H group led by Jessie Ingerson, will meet on the second and fourth Saturdays from 9-10 AM in the program room. Youth aged 5 to 18 years are welcome to participate. To join, please follow this link (https://4h.zsuite.org)

and sign up under the White Mountain Herdsman.For questions, contact Jessie at jessieingerson4H@gmail.com.

Check us out on our website at www.WhitefieldPublicLibrary.org/, on Facebook at www.Facebook.com/WhitefieldPublicLibrary, and on Instagram at www.Instagram.com/WhitefieldPublicLibrary.

We hope to see you at Whitefield Public Library soon.

Cheers,
Lyn