MAY 2026

Good Morning, Whitefield Public Library Friends,

April showers bring May flowers . . . and green grass, leafy trees, warmer weather, chirping birds, creepy crawly insects, tadpoles, and other new and renewed life.

We will celebrate and honor **MOTHERS** on May 10th, the second Sunday of the month; adoptive mothers, foster mothers, surrogate mothers, birth mothers, grandmothers, godmothers, aunts . . . all the mothers and those who play a mothering role in our lives, though our gratitude for mothers extends far beyond that one day. This month, select and read some stories about mothers and motherhood, the ups and downs, joys and sorrows, greatness and terribleness, the good and the bad, from the Books About MOTHERS display.

Check out the display of books from the **PBS GREAT AMERICAN READS** top 100 book list. See which ones you have already read, which ones have been on your reading list but you never got to, and any that you may not have considered. Take a printed list if you are interested in challenging yourself to reading them all.

July 4th, 2026 is the 250th anniversary of the United States Declaration of Independence. Borrow some books from the mini book display on the end cap of the 3rd row dedicated to books from around the year 1776, both fiction and non-fiction.

UPCOMING PROGRAMS for ADULTS & TEENS

CAREGIVERS SUPPORT GROUP & LOVED ONES LIVING WITH DEMENTIA PROGRAM

With Cate DiBlasi & Jeannie Jacobs, with support from Mary Bates
Friday, May 1st (First Friday of the month)
9-10 AM
For those living with Dementia and their Caregivers

This is an opportunity for caregivers to meet and share about their experiences, share some ideas and strategies, provide some understanding, support, and connection with other caregivers, and connect with Jeannie and Mary. Separately, loved ones will enjoy a program with Cate to stimulate their minds and move their bodies.

TRIVIA NIGHT - TEST RUN

Friday, May 1
6 PM
For Adults & Teens
Dinner Provided
Registration Required: https://forms.gle/sPVWR9uqEnTbKRki9

Do you love facts, trivia games, working with a team, and competition? Join us for TRIVIA NIGHT at WPL. We are testing out the format and looking for feedback. We invite people to sign up as teams or individuals, whatever your preference - 5 max per team - to compete for bragging rights. Dinner will be provided.

OLD LIFE SKILLS REVIVAL - MEDICINAL HERBS with Grace from Heartsong Farm
Tuesday, May 12th
(2nd Tuesday of each month)
4:30 PM
Open to adults & teens
Sign-up Requested: https://forms.gle/NHSKxnBg5evHZ48g7

Are you interested in learning all of those skills that our ancestors relied on in daily life that have become obsolete for most of us in the modern day, such as sewing, mending, making food from scratch, basket weaving, etc.? Join Teresa on the second Tuesday of each month to learn some of these skills.

Grace, from Heartsong Farm, will join us to teach about medicinal herbs - how to grow, harvest, and turn them into medicinal teas.

GRIEF & LOSS STORY SLAM with Warrior Queen Events
Tuesday, May 12th
6:30 - 8:30 PM
Open to adults & teens
Sign-up
Required: https://docs.google.com/forms/d/e/1FAIpQLSfr10GqfeSOkc1e1CwFu4LoxRA0N3TntqA1nJAZhRwejbJpWg/viewform?usp=header

This storytelling event is intended to help individuals who have experienced loss begin to metabolize their grief while cultivating a sense of community and camaraderie.

Space is limited for this in-person event so all are asked to sign up in advance, either as a storyteller or as an attendee. **Storytellers are asked to submit their stories by April 26** to ensure they stay within timing parameters.

For questions, or to submit your story via email, please contact Warrior Queen Events directly at: WQevents@gmail.com.

MAHJONG
Wednesdays, May 13th & 27th
(2nd & 4th Wednesdays of each month)
10 AM
Open to adults & teens
Sign-up Required: https://forms.gle/87xWcSFVT7rps3xK7

Are you an experienced Mahjong player and looking for a group to join? Are you a beginner and looking to improve your skills? Are you interested in learning though you have never played before? Join our twice-monthly Mahjong group. All skill levels are welcome.

BOOK GROUP
Wednesday, May 13th
(2nd Wednesday of each month)
6:30-7:30 PM
Open to adults & teens

Pick up a copy of this month's book, ***Rock, Paper, Scissors***, by Alice Feeney, at the library.
Rock Paper Scissors is the latest exciting domestic thriller from the queen of the killer twist, New York Times bestselling author Alice Feeney.

Things have been wrong with Mr. and Mrs. Wright for a long time. When Adam and Amelia win a weekend away to Scotland, it might be just what their marriage needs. Self-confessed workaholic and screenwriter Adam Wright has lived with face blindness his whole life. He can't recognize friends or family, or even his own wife. Every anniversary, the couple exchange traditional gifts – paper, cotton, pottery, tin – and each year, Adam's wife writes him a letter that she never lets him read. Until now. They both know this weekend will make or break their marriage, but they didn't randomly win this trip. One of them is lying, and someone doesn't want them to live happily ever after.

Ten years of marriage. Ten years of secrets. And an anniversary they will never forget.

SPRING INTO SELF CARE with Teresa
Thursday, May 14

(3rd Thursday of each month)
6:30 pm
Open to adults & teens
Sign-up Requested: https://forms.gle/hq1htAFeahAJge5F8

We hear and talk a lot about self-care, but which of us has consciously examined what this looks like for us, figured out how to fit it into our lives, and come up with a plan for implementation? Life can be busy, stressful, overstimulating, and overwhelming. It is important to deliberately take time to bring calm and joy into our lives. Teresa will introduce the essentials of self-care and making a self-care plan. This is the first of a new monthly series - all about self-care and attending to our mental well-being.

FOOD AS MEDICINE with ACHS
Tuesday, May 19
5 pm
Open to adults, teens, & families
Sign-up Requested: https://forms.gle/1kM9XCdT1ZsxK9Fb6

Come cook, learn, and enjoy! The Ammonoosuc Community Health Services chef will be bringing hands-on cooking, budget-friendly recipes, and practical nutrition tips - all in a fun, supportive environment, with the portable teaching kitchen.

LADDERS *(Library After Dark: Deliciously Entertaining Romance Social-Club)*
Wednesday, May 20th
(3rd Wednesday of each month)
6 PM
Open to adults
May Book: ***Fix Her Up***by Tessa Bailey
Sign-up Required: message Earth2Sunshine on Facebook or tell a librarian by May 17th

Looking for a book club with a little more spice, swoon, and laughter? You just found your people! Join us for LADDERS, a new romance book club!!! We'll be exploring swoony page-turners full of love, drama, and just the right amount of spice; all in good company!

The May book pick is Fix Her Up by Tessa Bailey, A spicy, hilarious HGTV-inspired romantic comedy from the #1 *New York Times* bestselling author of *It Happened One Summer and Hook, Line, and Sinker!* Fix Her Up is a fake dating romance between Georgette Castle, a fun-loving planner of children's birthday Parties, and Travis Ford,

her brother's best friend whom now flips houses since his baseball career ended due to an injury.

📌RSVP is required by May 17th so we have enough snacks, seats, and supplies.

GAME NIGHT AT THE LIBRARY
Friday, May 22nd
(4th Friday of each month)
6 PM
Open to adults, teens, and youth
Sign-up Requested: https://forms.gle/g6mXEstFHtEiA5ez9

Do you LOVE board games? Do you kind of like board games? Do you play board games to make your family happy? Do you want to learn some new ones or enjoy some old favorites? Join us for our new monthly board game night. Come on your own, with a friend, or as a family. Try out some new games or stick to your go-tos. Bring your own, or see what is available here. Some options include Settlers of Catan, Ticket to Ride, Azul, Really Loud Librarians, Apples to Apples, DiXit, Ouisi, etc.

THE CLASSICS BOOK GROUP
Tuesday, May 26th
(4th Tuesday of each month)
4:30 PM
Open to adults & families
May Book: The Sound and the Fury by William Faulkner
Sign-up Requested: https://forms.gle/soqnKYqvujNnukjR8

Are you interested in reading some of the CLASSICS and discussing them with a group of other interested individuals? Join Teresa for a monthly exploration of the classics. Pick up a copy at the library and get started!

The Sound and the Fury, published in 1929, is a seminal novel by William Faulkner that chronicles the decline of the Compson family, former Southern aristocrats in Mississippi. The story is uniquely told through the perspectives of three brothers—Benjy, Quentin, and Jason Compson—and a final section focused on the family's loyal servant, Dilsey. Faulkner employs innovative narrative techniques, including stream of consciousness and non-linear timelines, to delve into themes of time, memory, and the deterioration of traditional Southern values.

UPCOMING PROGRAMS for YOUTH

OPEN LEGO PLAY
Tuesdays
3-4 PM
Suggested ages 5+ years

Come create with LEGOS. Build scenes, creatures, etc., using the available LEGO pieces. Create robots or other creations using the Lego Spike App, then code them to move. *Due to limited numbers of batteries and computers, building and coding may need to be done with a partner or in teams, depending on participation.

SCHOOL-AGE STORY TIME & CRAFT
Thursdays, May 7, 14, 21, 28
3-4 PM
Suggested ages 5-12 years
Sign-up requested: https://forms.gle/vVtyqZJdBithrdv57

Join Lyn for a school-age story time and craft each Thursday afternoon in May. Each week, we will read some stories, then enjoy a related craft.

HOMESCHOOL COOKING PROGRAM with ACHS
Tuesday, May 19th
11:30 AM
For families with children of all ages
Sign-up requested: https://forms.gle/sonzcP5otRyiGSbv7

Come cook, learn, and enjoy! The Ammonoosuc Community Health Services chef will be bringing hands-on cooking, budget-friendly recipes, and practical nutrition tips - all in a fun, supportive environment, with the portable teaching kitchen.

SATURDAY SENSORY PLAY
Saturday, May 16th
2 PM
1-4 years and caregivers
Sign-up requested: https://forms.gle/fam7dMAZv7QBtQBfA

Bring your toddler or preschooler to enjoy some sensory play and social time. Explore a variety of sensory activities and materials with your child and connect with other families. Some sensory materials available may include water, sand, beans and rice,

playdough, yogurt fingerpaint (not to be saved, just for play), stickers, sponges, sensory balls, sensory jars, sensory bags, light table with materials, etc.

REGULARLY SCHEDULED PROGRAMS

PRE-K STORIES & PLAY
9:30-10:30 AM Tuesdays & Thursdays
Preschool & Kindergarten age children & their caregivers
Program Room
Suggested ages 3-6 years
Join us for stories and activities, including games, songs, movement, and crafts.

TODDLER TALES & TUNES
11-11:30 AM Thursdays
Program Room
Suggested ages birth-3 years
Join us for stories, songs, and movement that are developmentally appropriate for children under 3.

KNITTING, CROCHETING & HANDICRAFTS GROUP
1:00-3:00 Fridays (may be intermittent, so call ahead 837-2030)
To be added to the email list for this group, please email Lyn at whitefieldpubliclibrary2@gmail.com
Front Reading Room
Teens & Adults

Are you a seasoned handicraft person? Do you want to learn? Do you have a project in the works or something you have dreamed of creating? Adults & Teens of all skill levels are welcome to join others while you knit, crochet, needlepoint, sew, etc. Please call first in case a session has been canceled if you plan to participate for the first time – (603) 837-2030.

WHITE MOUNTAIN HERDSMEN 4-H
Saturdays, May 23rd & 30th
9-10 AM
Stop in and check it out to see if it's for you, then join if you are interested!

White Mountain Herdsman, a newly formed 4-H group led by Jessie Ingerson, will meet on the second and fourth Saturdays from 9-10 AM in the program room. Youth aged 5 to

18 years are welcome to participate. To join, please follow this link (https://4h.zsuite.org) and sign up under the White Mountain Herdsman.

For questions, contact Jessie at jessieingerson4H@gmail.com.

Check us out on our website at www.WhitefieldPublicLibrary.org/, on Facebook at www.Facebook.com/WhitefieldPublicLibrary, and on Instagram at www.Instagram.com/WhitefieldPublicLibrary.

We hope to see you at Whitefield Public Library soon!

Cheers,
Lyn