

THE RECOVERY COLLECTIVE



by Project White Butterfly



PROJECT WHITE BUTTERFLY

HOURS OF OPERATION

Thursday - 4pm to 9pm, 6184 Ridge Rd. Parma 44129

Friday - 12pm to 9pm, 6184 Ridge Rd. Parma 44129

Saturday - 12pm to 9pm, 6400 Memphis Ave. Cleveland 44144

Peer Support - Recovery Meetings - Connection to Services - Social Activities

Meeting and Group Schedule

Tuesday - ZOOM ONLY

8pm - Write It, Speak It, Live It (journaling and affirmations)

Meeting ID: 849 2021 9416

Thursday

5pm - Serenity Within Survival (emotional sobriety discussion, AA references)

7pm - bi-weekly (3/20, 4/3, 4/17...) - Spiritual Empowerment with Marianne Goldweber (various spiritual lessons as they relate to recovery)

6-8pm - bi-weekly (3/13, 3/27, 4/10, 4/24...) Family Peer Support Night (discussion led by a Certified Family Peer Supporter)

Friday

12pm - Peer 2 Peer (discussion meeting)

3:30pm - Next Step Friday (12 steps and beyond - discussion)

5:30 - Karaoke - come sing with us!

8pm - Breathe, It's Friday (discussion and meditation), in-person and Zoom

Meeting ID: 849 2562 9505

Saturday

1pm - Dream and Design (create vision boards and mandalas)

3:00 pm - Yoga - every other week (3/15, 3/29, 4/12, 4/26)

5pm - Healing Hour (discussions incorporating energy healing and spiritual modalities)

6pm - FREE DINNER!! Everyone welcome!

7pm - i'm fine. its fine. everything's fine. (discussion and meditation)