

Twinkletoes Foot Care Services

I am a local nurse with a passion for serving our community and the skill set necessary to identify lower leg and foot issues early and provide care that meets the needs of each individual I serve.



Contact Information

Joanne Spencer, RN, BScN, AFCN

Phone: 613-363-5573

Email: twinkletoesfootcare@yahoo.com

Website:

twinkletoesfootcareservices.com

Contact me or visit my website for more information on services and to book your appointment. Your feet will thank you.

Twinkletoes Foot Care Services

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Your feet will feel better



Give your feet the treatment
they deserve

Telephone:
613-363-5573

Twinkletoes Foot Care Services

Professional Foot Care Services in your home



As we age and develop chronic health conditions, caring for our feet properly can become more difficult. Having the ability to examine your feet closely, trimming your nails properly, and washing and drying your feet well are all difficult tasks when mobility, eyesight, blood pressure, diabetes, nerve damage, arthritis or other health conditions are affecting your daily life. Joanne Spencer is available to provide preventative and restorative foot care services that will meet your needs.

Foot Care services are offered in client homes, retirement homes, long term care homes.

Infection Control

I adhere to all infection control measures set out by the Eastern Ontario Health Unit, Provincial and Federal governments, using sterilized equipment and best practice in foot care treatment.

Foot Care and Dementia

Foot problems can affect an individual's mobility and cause pain, which can have a negative impact on their quality of life. This is especially true for elderly people. Individuals with dementia often have difficulty communicating; therefore, they are not able to describe their problems. We are experienced at working with persons with dementia and can help improve quality of life.

Foot Care Services I Provide:

- Foot and nail assessments
- Nail trimming and filing
- Nail reconstruction and straightening
- Ingrown, thickened nail treatment
- Fungal nail treatment
- Callus reduction
- Corn and bunion care
- Cracked heels
- Moisturizing foot massage

Telephone:

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Initial Assessment: \$60

Follow Up Appointments: \$50

Pay by cash, cheque or e-transfers.