

YOUTH INVENTORY - 4: SELF REPORT

Your Name		Today's Date
Date of Birth	Age	Male/Female

DIRECTIONS: Check which rating best describes your overall behavior.
 Answer each question to the best of your ability

GROUP A	Never	Sometimes	Often	Very Often
1. I make careless mistakes.				
2. I have trouble paying attention.				
3. I have trouble following directions.				
4. I start things but do not finish them.				
5. I have trouble getting organized.				
6. I try to avoid doing things that require a lot of concentration like schoolwork and homework.				
7. I lose things.				
8. I am easily distracted by other things going on.				
9. I am forgetful.				
10. I am fidgety.				
11. I have trouble sitting still.				
12. I feel restless and jittery.				
13. I have trouble doing things quietly.				
14. I am a person who is "on the go."				
15. People say that I talk too much.				
16. I blurt out the answers to questions before I hear the entire question.				
17. I get frustrated when I have to wait my turn to do things.				
18. I interrupt others or butt into other people's business.				

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GROUP B	Never	Sometimes	Often	Very Often
19. I skip school.				
20. I stay out at night when I am not supposed to.				
21. I lie to get my own way and to get out of doing things.				
22. I threaten to hurt people.				
23. I start physical fights.				
24. I run away from home overnight.				
25. I take things when other people are not looking.				
26. I destroy other peoples property.				
27. I set fires.				
28. I force people to give me their money or things.				
29. I break into houses, buildings, or cars.				
30. I use a weapon when I fight (bat, bottle, knife, etc.)				
31. I try to hurt animals.				
32. I try to physically hurt people.				
33. I force people into sexual activity.				

GROUP C	Never	Sometimes	Often	Very Often
34. I lose my temper				
35. I argue with adults.				
36. I don't do what adults tell me to do.				
37. I try to do things to annoy people.				
38. I blame others for my own mistakes.				
39. Other people annoy me.				
40. I get angry.				
41. When I get angry, I take it out on others.				

GROUP D	Never	Sometimes	Often	Very Often
42. I worry a lot.				
43. I have trouble getting myself to stop worrying.				
44. I feel nervous.				
45. I feel grouchy or cranky.				
46. I get real tense and can't relax.				

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GROUP E		Never	Sometimes	Often	Very Often
47.	I am very afraid of certain things like animals, heights, storms, going places alone, or being "trapped".				
48.	There are times when my heart pounds a lot and I feel dizzy and shaky and have difficulty breathing.				
49.	I have really upsetting thoughts and I cannot get them out of my mind.				
50.	I have habits that I just have to do over and over again like washing my hands, checking to see if locks are locked, or repeating things a set number of times.				
51.	Really upsetting things have happened to me and they still bother me.				
52.	I have really bad memories or dreams.				
53.	I have habits that I cannot control like eye blinking, nose twitching, shoulder shrugging, lip licking, or head jerking.				
54.	I make sounds that I cannot control like coughing, throat clearing, sniffing, or grunting.				
55.	I get aches and pains for no reason, like headaches or upset stomach.				
56.	I worry a lot about my health.				
57.	I get real nervous in social situations.				
58.	I am really shy when I am around other kids my age.				

GROUP F		Never	Sometimes	Often	Very Often
59.	I get very upset when I have to leave home.				
60.	I worry that my parents will be hurt or leave home and not come back.				
61.	I try to avoid going to school in order to stay home with my parent.				
62.	I worry about being left at home alone.				
63.	I have nightmares about being left alone.				

GROUP G		Never	Sometimes	Often	Very Often
64.	I prefer to be alone rather than with my family.				
65.	I prefer to be alone rather than with my friends.				

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GROUP H		Never	Sometimes	Often	Very Often
66.	I think that people are trying to get me or hurt me.				
67.	I hear voices talking to me or telling me to do things.				
68.	My ideas run together and I cannot think clearly.				
69.	I get really angry and lose control of myself.				
70.	I laugh or cry at the wroing times.				

GROUP I		Never	Sometimes	Often	Very Often
71.	I feel unhappy or sad.				
72.	I don't feel like doing anything.				
73.	I think about death or suicide.				
74.	I don't like myself.				
75.	I feel tired, like I don't have any energy to do things.				
76.	I feel bad that I can't do things as well as other people.				
77.	I feel that things never work out right.				
78.	I eat a lot.				
79.	I sleep a lot.				
80.	My feelings get hurt very easily.				

Please circle YES of NO

81.	My school grades have rally gone downhill.	NO	YES
82.	In the past year, a very upsetting thing happened (parents divorced, friend or relative died, serious accident, etc.).	NO	YES

GROUP J		Never	Sometimes	Often	Very Often
83.	I feel very happy.				
84.	I am very active and busy.				
85.	I need very little sleep.				
86.	I talk a lot.				
87.	I have trouble concentrating.				
88.	I do reckless and silly things.				
89.	I jump from one topic to another when I talk.				
90.	I believe that I can do things that I really cannot do.				

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GROUP K	Never	Sometimes	Often	Very Often
91. I skip meals and eat very little.				
92. I worry about getting fat or overweight.				
93. I think that I am fat or overweight.				

GROUP L	Never	Sometimes	Often	Very Often
94. I go on eating binges where I eat a large amount of food in a short amount of time.				
95. I cannot stop eating or control how much I eat.				
96. I use very strict diets, vomiting, laxatives, or extreme exercise to control my weight.				

GROUP M	Never	Sometimes	Often	Very Often
97. I smoke tobacco cigarettes.				
98. I drink alcohol beverages (beer, wine, liquor).				
99. I get into trouble because of alcohol use.				
100. I smoke marijuana.				
101. I use other illegal drugs.				
102. I get into trouble because of illegal drug use.				

GROUP N	Never	Sometimes	Often	Very Often
103. I get into arguments with adults.				
104. I get real uptight and can't relax.				
105. Other people make me angry.				
106. I don't have energy to do things.				
107. I don't go to school when I don't feel like it.				
108. I have difficulty concentrating.				
109. I don't eat very much.				

THANK YOU!