MOUNTE

Issue 1 October 15-Nov 14, 2020

anderstanding our roots, promoting

Meet the African who broke an over 100 years record to become a member of the Manitoba Legislative Assembly. How has life been since then?



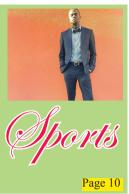
A young African man on the frontlines of Covid-19 support in the city. How does he combine health policy management with running an association?



She has shared the stage with the likes of Jr Kelly, Lenn Hammond and Freddie McGregor. Find out if you know who this Winnipeger is. Plus a music icon's own drummer...



Why immigrant kids choose basketball. This is a question former Manitoba Bison player, Boll Majok, attempts to answer. I thought soccer was the king of all sports.





Legislative Assembly, Uzoma chances of staying alive. Asagwara, has voiced their opinion about policies and legislation affecting must do to attract the resources they Black, Indigenous, and People of need, Uzoma said the communities of access to food, access to community Colour, in Manitoba, and is of the should not shoulder the responsibility resources, activities, things like that." view that "under-served and under- of attracting social resources, and that represented communities be front and governments should be able to identify whether they have any regrets since

Legislative equitable across representative groups

Union Station, at the Manitoba are so vital that they affect people's to stay healthy, if you have financial

When asked what such communities one of three new members of the services," adding that it was their politics. Assembly, responsibility to amplify the voices of to community resources should be done, in their first tenure, in the house.

member representing in the province. Some of these resources "as a Nurse, I recognize that it's easier informed about health and wellness. If you live in a low-stress area, in terms and what you hope to do," they said.

recently sworn into the over 150-year their constituency, in the legislative conversant with the realities of being a provincial legislator also encouraged old assembly, also said that access assembly, a task that is already being politician, through a strong mentorship citizens to make demands of their and support system they already representatives, by asking questions. The member further expressed that, cultivated before running for office.

The member is of the opinion that, "the most important aspects of this job, resources. If you are educated and is being honest with people, in terms of what you can do and what you can't do,

Uzoma also mentioned that it is very important to use "our platform Answering the question about to educate as many people about the political system and how systems center, whenever a resolution, policy, which communities are in greatest assuming office, the legislator said they of government actually function." or legislation is been tabled before the need and the resources ought to be have none, rather, heaping praise on Also, that once "people have a greater house." Uzoma expressed this view, in provided. Uzoma mentioned that "all their team at the constituency office, understanding of how these systems a phone interview, with Prairie African. communities should have equitable and the fact that they had some strong function, then they recognize what The representative who was among access to food, healthcare and social mentorship before venturing into is required to make certain changes happen, and they can be involved with Uzoma said they were already seeing those changes take place." The

read the interview on page 3





new Stanley Cup Champions. They defeated the Dallas Stars 4 -2 on aggregate to clinch hockey's most coveted trophy this season. After defeating the New York Islanders in the Eastern Conference Final, the Bolts made no pretence about taking home the 2020 Stanley Cup, piling pressure on the Stars much early in the series. Both teams were tied, at 1 - 1, after game 2, before things got serious. The Bolts had a 3 - 1 lead going into game 5, after taking games three and four. The Stars fought back with a last minute rally to take game 5, bringing the series to 3 - 2, before the Tampa Bay Lightning brought out the best in them, after a 2 - 0 win in game 6, to bring the series to a close, and win their second Stanley Cup, since the history of the club. The Bolts last won the Stanley Cup, in 2004, with Coach John Tortorella, when they defeated the Calgary Flames, 2-1, in game seven, at the St. Pete Times Forum in Tampa, to win the series, 4-3, on aggregate. But one could make a case for longevity and continuity, having being with head coach, Jon Cooper, since 2013. The Lightning had appeared in two Stanley Cup finals, before now, winning one and losing the other, in 2014/15 season atop the Eastern Conference recalled that the Montreal Canadians, the season, when they tested the Chicago table, with a remarkable win, against the most successful team in the NHL, with 24

Center, in Chicago. That experience York Islanders, in this year's Conference would propel them to contend for more silverware, as they faced the Pittsburgh Penguins, in the 2015/16 Eastern Conference finals, only to come up short, after a couple star players were ruled out due to injuries. The Penguins would later go on to capture that year's Stanley Cup, at the expense of the San Jose Sharks. And just two seasons ago, they returned to play in the Eastern Conference final, on the wings of a superlative performance that year. The Lightning finished the season atop the conference table, and were named top seed, in the Eastern Conference, for that year's Stanley Cup Playoffs. Many fans and hockey analysts expected the Lightning to strike again. This time, they were pitted against the Capitols, in the Eastern Conference finals, after doggedness was on display for all to see, eliminating the Penguins, in the second round, only to come up short, again, to a team that went on to lift the Stanley Cup that year. Then came last season, when the Lightning emerged winners of the first game in the series. And, also, their President's Trophy, for the first time, a feat tenacity, in the 8-2 trouncing of the New that cemented their belief in winning more York Islanders, in the very first game of silverware. They also finished the regular the Eastern Conference Final. It will be

The Tampa Bay Lightning are the Blackhawks, in game six, at the United season. So, when they got past the New Finals, many were already seeing them as the team to lift this year's Stanley Cup, having banished the ghosts of past years failures. You will recall that the Tampa Bay Lightning eliminated the Columbus Blue Jackets, in the first round, of this year's Stanley Cup playoffs, and also defeated the Boston Bruins, in the second round, before dispatching the New York Islanders, in the Eastern Conference Finals, to set up a historic date with the Dallas Stars, in this year's Stanley Cup Finals, and the rest is now history. The Tampa Bay Lightning are the new NHL Stanley Cup champions, after putting in the hard work, covid or no covid, to be that team which no other team could stop their advance, enroute to lifting this year's Stanley Cup. Their as in the game, against Columbus, when they left it late, in the fifth overtime. And a double-overtime win, against the Bruins, in a four game win streak, after losing the

Blackhawks, only to lose the cup to the Boston Bruins, in their final game of the titles, did not make it past the first round. Gojo Restaurant Recipes from Ethiopia, made with love 204-615-0785



Skip The Dishes, Doordash, & **Uber Eats**

Enjoy our signature vegetarian combo and many beef, lamb and chicken dishes

Open 7 days a week

533 Sargent Ave, Winnipeg, MB

lassified



3-1450 Corydon Ave Winnipeg, MB. R3N 0J3

Wole Osineye

Cell 204.952.0230 Office 204.989.5000

woleosineye@royallepage.ca www.goldstonecompanies.com Helping you is what we do



MO AGLOW ACADEMY

Instructor: Class 5 driving eech Writing & Editing

Cell 204.887.0940 Office 204.887.0950

www.moaglow.com info@moaglow.com @officialmoaglow

Dominion Lending Centres



Purchases Refinances Private Mortgages

Habeebat Allimson Mortgage Professional Cell 204.391.5462

hallimson@dominionlending.ca www.habeebatallimson.ca



lykepaintingservice.com painting services at an affordable price

R2M 1T4



Yettie Adewunmi Realtor

Cell 204-898-2253 Office 204-925-2900 Fax 204-925-2912

JUDY LINDSAY

www.judylindsay.com yettie@judylindsay.com 1919 Portage Avenue, Winnipeg MB R3J 0J3



Sutton Group Kilkenny Real Estate 663 Stafford Street Winnipeg, MB. R3M 2X7

Ola Ogunniyi Cell 204-997-0094 olao@sutton.com







Suite 800

Yomi Adebivi Ph.D Senior Marketing Director

Office: 204.417.9398 Mobile: 204.963.9169 Fax: 204.417.2822 Head Office aadebiyi01aexc@wfgmail.ca 5000 Yonge Street, https://howmoneyworks.com/yomiadebiyi

Toronto, ON 3-505 Sargent Ave M2N 7E9 Winnipeg, MB. R3B 1V9



That Building wasn't designed with Someone like Me in Mind.

that is right. No one thought it right answering them. eh? Now, we not only have one, but Legislative Assembly? Assembly.

sure that the voice of the voiceless is our communities. loudly heard in our community.

Thank you Richard. It's my pleasure you assumed office? to come on this platform, which, I My greatest joy since entering office is Dakota Dené and Métis People, and believe, is out there to represent the the successful effort of the community the homeland of the Métis Nation. And Black communities here in Canada. in doing something historic. The it is incredibly important for me to I particularly love the name, Prairie campaign was a community effort, it was recognize whose lands we're situated African, I think it's apt, especially in incredibly rewarding to the community on, and to be a listener and an ally to these present times.

so you know, some of these questions very powerful for me to see the impact Do you have any plans to deal with have come in from the community. within the Nigerian community. The racial inequalities in our province, if We have questions from a 9 year-old elections itself went viral in Nigeria. It so, can you share them with us?

Assembly, for the first forward to hear those questions, this win, is incredibly heart-warming.

days, so much for systemic racism became a member of the Manitoba States as well.

Station, at the Manitoba Legislative a whole lot too. I'm meeting with people that there is equitable representation in "I recognize that these all the time. The frequency is new for politics for our own community. me; people, organizations, community How can you help protect Indigenous aren't my own traditional Hello Uzoma, and welcome to members, and advocacy groups. Peoples and their lands? our platform, Prairie African, a Learning what the issues are, how I As for myself, and I think for other grassroots publication upholding the can best be supportive, and how we can Black people, I'm a first-generation truth in our society, and also making work together for the advancement of Canadian. I recognize that these aren't 1, of the Anishinaabe,

What has been your greatest joy since traditional lands, here on Treaty

having put in so much effort in the Indigenous Peoples achieving their own **Thank you, once again, Uzoma. Just** campaign. And on a personal level, it is self-determined outcomes.

my own traditional lands. These are

ow, a Black person in as well as questions from 50 year-olds. was incredible to see, and to see many In my role as MLA, my responsibilities the Manitoba Legislative Wow, that's great. Really looking Nigerians across the world celebrating are to amplify the voices of my constituency in the legislative time, in over a hundred years? Yes, Richard, and I hope to do my best in It's like something good is just assembly. My plans are to make sure beginning to happen for Nigerians. that communities that are under-served, to consider a Black man or woman Thank you. Here's the first question. Other Nigerians also won elective under-represented, and intentionally worthy of the exalted position, in those How has your life been since you positions in Canada and the United oppressed within systems, in our province and country, are unequivocally Yes, and that's amazing. I love to see amplified, in the Manitoba legislature. three persons of colour, all at once, in My Life has always been very busy. it. I love to see Nigerians get involved To ensure that whenever a resolution, our legislative house. So, we thought I've always been a very active person in the political realm here in Canada, policy, or legislation is been drafted, it wise to sit down with one of them, in the community. And, with my work, or even the United States. And I love that Black, Indigenous, and people of who happens to be unapologetically as a Psychiatric Nurse (Addictions to see young folks especially young colour are not an afterthought, but are queer; to talk about their experiences. Specialist) as well. My life has changed women getting involved. You know, central in decision-making. And to me, from electioneering to working in now in that, because I have a different often times we see our folks focused that is a critically important part of that Victorian-style building, that platform, in an advocacy capacity, I on putting food on the table, building addressing systemic discrimination and they say, obviously wasn't designed now work, in new ways that are really careers, raising families, and staying systemic racism. Making sure that in the for persons like them. Please read helpful for people, in this role. So, I'm safe and healthy, understandably. It is spaces where these policies are being excerpts of the interview with Uzoma probably just as busy as I was before, great to see us, as a community, start to drawn-up, places that uphold systems **Union** but in a new way. I'm certainly learning be involved in new arenas, and ensure of oppression, that we are pushing back

lands. These are traditional lands. here on Treaty Oji-Cree, Dakota of the Anishinaabe, Cree, Oji-Cree, Dené and Métis People, and the homeland of the Métis Nation. And it is incredibly important for me to recognize whose lands we're situated on, and to be a listener and a proponent for them."

Typelcome to our platform,

publication, upholding the truth in

our society, and, also, making sure

that the voice of the voiceless is

One of our aims is, to make

sure that we bring to the fore,

successful African peoples, in the

prairies, and around the world -

business magnates, technocrats,

sports personalities, politicians,

environmental activists, and many

more. We will continue to present

role models before our young ones,

to help guide them into the path of

Only African people can tell their

own story the way they want it

told, and the way it should be told.

It is important to have a voice, as

a people, and we are offering this

us

let

platform as your voice.

loudly heard in our community.

Prairie African, a grassroots



is published by

Yeast Communications ®

A grassroots communications company

Special thanks to the following communities

ACOMI Somali South Sudanese Congolese Kenyan Ghanaian Ethiopian Nigerian Rwandan Ugandan Eritrean Jamaican Trinidadian Tanzanian

And to these wonderful people

Elizabeth Lawal Dr. Bamidele Lawal Zabi Ahmadi **Tamerat Sisay** Solomon Ousho Genet Ousho Sunday Fashina Michel Mustapha Sal Infantino Gerry Lomonaco Luigi Cianni John Kendle Kelly Goodman Dave Littleford Alastair Mekete

ContributorsHasheem Abdinasir

Goubadia

Distributors

George Ndungu Edward Ajayi Kenny Amore

Photographer Niyi Adetola

Creative Adviser Douglas K. Wanyoike

Editor

Richard Elendu

For Advert placement, inquiries and subscription,

please call (204) 952-8578

or

Send an email to richychy25@yahoo.com

Contributors are welcome

Our Mission

community participation. Let your community know how you feel, what ails you and how we can all rally around to help one another.

Africans are a great people. We cannot afford to leave important affairs affecting Africans, and people of African heritage and descent, in the hands of non-Africans.

Are you celebrating, this platform is also for you. Invite friends and family to join in your celebration, like is done in our culture.

Minority rights are equal rights. We will see to it that it is respected. We will advocate for more resources for the inner city, for example, and make sure we do not keep quiet when a word needs to be spoken in season. We have come too far away from home, only to settle for less.

We want to thank everyone that

has contributed in making sure this publication see the light of day.

Most especially, we want to appreciate ACOMI, for blaizing the trail, for many decades now, and helping to serve as an intellectual, moral and cultural compass for African people, who have found themselves here, one way or another.

We also appreciate the many African businesses that have sprung up, in every corner of the city, helping to make us all feel at home. These businesses, knowingly or unknowingly, have also contributed, in no small measure, to give us a sense of belonging, while sojourning in a distant land. They demonstrate the resilience of the African spirit. We salute you.

Finally, please send me an email, text, message or a letter, letting us know what you think about our publication. Thank you all.

In case you missed it



Together,

success.

T a n z a n i a n born Ghanaian Architect, known for designing notable structures around the world, Sir, David Frank Adjaye, OBE RA,

provoke

will receive the United Kingdom's highest honour for architecture, the Royal Gold Medal. Adjaye will be the first black architect to win the over 173 year-old prize. He's 54.



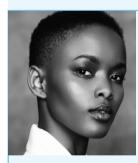
N i g e r i a n born writer, C h i m a m a n d a Ngozi Adichie recently released another fictional piece titled "Zikora." This

prolific Nigerian author whose mother was the first female registrar at the University of Nigeria is based in the US, and has won numerous awards for her work in Literature. She's 43.



Nigerian-born canadian lawyer, Kelechi Madu, recently became Alberta's Minister of Justice and Solicitor General. Elected into

Alberta's Legislative Assembly, in 2019, this University of Lagos trained lawyer becomes the first African to rise to the office of Solicitor General, in the history of Canada. He's 47.



Tanzanian born
Flaviana Matata
is mentioned in,
Forbes magazine,
among the top
seven successful
models in Africa.
Born in Shiyanga,

Tanzania, and raised by her father, after the loss of her mother in a boat mishap, this beauty queen and model extraordinare holds a diploma in Electrical Engineering, from Arusha Technical College. She's only 33.



Nigerian born lawyer, David Ndudim, was recently named judge of the superior court of california. The Lincoln Law

school graduate, from Abia state, has over 19 years experience in handling immigration cases. He's 48.



South Sudanese born, Ger Duany is one of Africa's success stories. This "village boy" as he describes himself, has come a long way,

from tending to his family's cattle, like his forefathers did, to becoming a Hollywood success. This former child soldier is now UN Goodwill Ambassador for the East and Horn of Africa region. He's 41.



That Kenya is one of the few countries in the world to have a nationwide ban on single-use plastic bags, has a lot to do with

James Wakibia, a photographer turned environmental activist, who got the government and people of Kenya to agree with him on the urgent need to stop environmental pollution. Wakibia achieved this mainly through social media tweets. He's 35.



Ethiopian born pilot, Captain Amsale Gualu, is the first female captain, in the history of Ethiopia, to fly a Boeing 767, 777, and 787.

She also flew the Bombardier, in 2010, when she became a Captain. This Bahir Dar born pilot who graduated from Addis Ababa University, with a degree in Architecture, captained an entire female crew on an international flight in 2017. She's 42.



Liberian born Saran Kaba Jones is an advocate for clean water in subsaharan Africa, for which she has won numerous awards, among them, the

MTV Africa Music Leadership Award, in 2015, and Time Magazine Next Generation Leader award, in 2016. Her organization, FACE Africa, works to ensure water, sanitation, and hygeine (WASH) infrastructure in rural Africa. She's 38.

We've been Lucky with the whole Covid thing.

hank you for taking time off your busy schedule to talk to us. Can you please needing ventilators. So, there's a lot of introduce yourself to our audience.

My name is Kwabena Ankoma Osei-Bonsu. I am sure our staff stay safe, with adequate currently the vice-president for the Ghanaian Union PPE protection and adequate knowledge, of Manitoba. I've been the vice-president since last on the best protocols to follow to ventilate year, 2019.

And what do you do for work?

I am a Respiratory Therapist. I work in the St. Manitoba. We've had enough time to be Boniface Hospital, as a Clinical Lead, where we able to prepare, but you can never be too provide acute care to patients in the intensive care unit and emergency, as well as, in my role, I do a lot when we see the numbers coming from of teaching, both at the University of Manitoba and other places like Toronto, Quebec, bedside, with the U of M students. Predominantly, most of the teaching is done at the bedside, in Orleans, and even, from Europe. Our regarding ventilator care and respiratory care.

That means you must be very busy these days, amid the Covid-19 pandemic, because it appears they've done, things that have worked, what you do is somehow intertwined with what is happening right now. Is that correct?

Yes, it is very intertwined. Actually, I am quite busy because of that. I was part of the group that started putting in place policies and plans for caring of covid patients as they came through the hospital. It's kind of a region-wide group, that puts together enough time to be able to prepare. best practices for clinicians to be safe, for physicians, respiratory therapists, nurses and everyone to be safe while caring for covid patients, as well as how

to actually treat covid patients. From my perspective, it's mostly how to ventilate covid patients, when they do come in with acute cases and will be

in servicing and teaching, while making covid patients. And thankfully, our numbers have not been that high, here in prepared for these situations, especially earlier on, in Vancouver, New York, New colleagues there have been through quite a bit. So, we're picking on things that and we are adjusting our practices here, in our anticipation of if things do get bad. So, you're making the point that we're

kind of lucky having been on the background earlier on, right?

So, does working as a Respiratory Therapist put

Yes we were indeed lucky in that regard. It gave us

you in the frontlines of the whole activity?

Well, a bit of both, Respiratory Therapists are frontline.

They're completely frontline. They're right in there, when airways are being managed, and ventilatory care is needed. **Therapists** Respiratory are frontline. I am also a Clinical Lead, so, I work more in the background but I still do respiratory work. So, if it gets busy, I do go to the frontline. I also cover sick calls in the department as well. So, I do get right into the frontline but predominantly I do most of my work now in a leadership role. Not just leadership right at bedside, but more so, policy writing and education. That's what my role has been for the past year. I've only been in the Clinical Lead role for the past year.

So, I'm just curious. Did you study Medicine, or how did you get into all this, in the first place?

studied Medical Rehabilitation. The Rady faculty of Health Sciences houses various departments like dentistry, pharmacy, nursing and medicine. So, it's one of the departments under Health Sciences, at the University of Manitoba. mentioned that



you're the vice president for the Ghana Union of Manitoba, So, I'm guessing that makes you a Ghanaian, right?

Yes, it's one of the criteria for being the vicepresident. You either have to be Ghanaian or of Ghanaian heritage. I grew up in Ghana and emigrated here with my parents and siblings. So, I'm definitely Ghanaian and Canadian too. Or better put, a Canadian of Ghanaian descent.

How are you able to manage your busy schedule at work with helping to run the affairs in the **Ghanaian community?**

First of all, I'll say it's been a great balancing act. Our members have also been very helpful. Knowing when to delegate and when to ask for help is really important. You learn that very quickly when you start working in the hospital. You learn what your limitations are, the things you need to pass on, because there are people who can do it better than you can. And I think that's part of the idea of leadership, knowing your limitations and when to delegate.

So, you're saying that your training as a Medical Rehabilitation Specialist has helped to groom you for the leadership role you now play in your community?

Yes, it has played a huge role.

The Ghana Union of Manitoba has been in existence since June 4th, 1982. It was founded as a dance group, by three eminent Ghanaians, all students at the time, (Drs. Ishmael Bruce, Moses Agbanyo and Janet Panford) and they presented their first performance, in Winnipeg, in 1982. It was formed as a cultural organization to promote Ghanaian culture, and up till this day, we have Ghanaian youth actively involved in our dance group and media team. Our first president was Samuel Asante, and the current president is Anderson Assuah.

How can new immigrants from Ghana locate you when they arrive here and need assistance?

New Ghanaian immigrants can locate us on the internet, and through the ACOMI center.

It was a pleasure talking to you sir.

Thank you. It's my pleasure as well.



UZOMA Interview

Continued from page 3 against that, within those very spaces.

them?

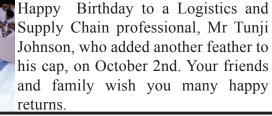
Fundamentally, I would say the and wellness. If you live in a low-stress government needs to action the area, in terms of access to food, access recommendations that have come to community recreation, activities, from the Truth and Reconciliation things like that. It always surprises me Commission. The government needs to that we don't inherently understand that stop fighting against Indigenous children access to all of these things should be and the rights of Indigenous children in equitable; and, if not equitable, then federal courts. The government needs we work towards that, by putting those to finally begin to action reconciliation resources in communities and areas who at the federal level. The government has are working toward achieving equity. a responsibility to do so, after a long I don't think it's the responsibility overdue acknowledgement of the rights of of Indigenous Peoples. The Liberal communities to attract resources. It government of Justin Trudeau has, at is the responsibility of people who times, made promises that they have already have disproportionate access to not followed through on, and that is a those resources to redirect them to the disservice to all Canadians.

our inner city. If you could change Have you ever worked remotely, if so, drug addiction, what would that be? Well, one thing I would say very clearly, is that problematic substance use and in my professional capacity, I have addictions is a problem everywhere, never really had to work remotely not just in the inner city. The issues before, so, that was the challenge for and the challenges of addiction are me. I really appreciate the value of inamplified in the inner city by rate of person interaction and engagement, poverty, lack of respectful and adequate and working in spaces that kind of housing and food insecurity. All of naturally cue me to do the work that these things are amplified in the core. I'm intended to do. So, it's a bit of an Foundationally, what we need to do is adjustment for me working remotely commit to addressing the root causes and then having to associate my of these issues. We have to address personal space with work, and I think these social determinants of health. We that's an adjustment that many people have to look at prevention. We have to can relate to, but because I have a address childhood trauma. We have to history of being a community organizer, funnel, and pour and commit financial I'm actually quite comfortable working resources to addressing the root issues. from home in certain roles. If they're That is how we're going to see the long- organizing community gatherings or term positive outcome. And, especially in the core, where we see incredibly I would specifically do, either from dynamic and diverse communities of my own space, or I would go out in colour, the priority needs to be around the community in different spaces, and addressing those social determinants of work in that manner. So, I had a little health. And that will require political bit of experience from the community will in terms of reallocating resources organizer role. It was a new skit for me to the services and the organizations in terms of a work/job capacity and to be and resources that can address those honest, my preference is most definitely root causes in a positive and long-term to work in work spaces. manner.

population. Inner city kids have little snail speed? or no resources to help them engage I certainly appreciate the concern and resources for immigrant populations to help them play safely?

should be provided. I'm someone who affected or significantly delayed. This





Rejoicing

Congratulations to the family of Mr & Mrs Uyi, on the birth of their new baby girl. We wish the whole family good health, and may the Lord continue to protect you all.

grew up in a working-class family, with university educated parents. There were privileges that I was afforded If you have the opportunity to advise because I grew up in St. Nobert, had the Liberal Government of Justin no serious health issues etc. I recognize Trudeau, regarding the We'suwet'in that it's easier to stay healthy if you pipeline project, what would you tell have financial resources. If you are educated and informed about health targeted marginalized and communities and the areas that would **Drug addiction seems to be ravaging** benefit most from accessing them.

one thing in the province, regarding what changes did you make to adapt to an at-home work environment?

That's a great question. I will say this, protests or events, that's all work that

Can you explain why citizenship Winnipeg as a city is growing in applications have been handled at

in safe play. How can we attract more the frustration there. In 2020, you would hope that there will be mechanisms in place to make situations like this much I don't think it should be a matter of us easier to navigate, so that people's attracting the resources. The resources ability to become citizens aren't entirely

> is actually the first time that this is being brought to my direct attention, and is something that I would bring forward to colleague the critic for immigration, well as my federal counterpart, who is



Mantos

Meats

Fri

Bread

Open Mon 9:00am-8:00pm Tue 9:00am=8:00pm Sat 9:00am-8:00pm Sundays

10:00am=7:00pm Wed Thur 10:000am=7:000m 10:000am-7:00pm 10000 - 6000pm

Bread & Bakery Fruits & Vegetables Fresh Meats **Drinks Grocery & Frozen**

460 Notre Dame Avenue Winnipeg, MB

if they (the people affected) like, they it further,

Is it easy to reach out to you?

Yeah, absolutely! My office is easily Some politicians make a lot of accessible. They can call my office. promises before getting into office, They can message me over social and on getting there, they find media. They can email me. They can out reasons why they cannot keep write me a letter. Whatever way is easier their campaign promises. Have you for people to contact me, I encourage made any such promises that upon folks to do so.

That's impressive. I really saw you a tall order? have various avenues for people to No. I'm fortunate that I have very strong reach out to you, which is great. I mentorship before entering politics. guess they can Facebook message you "I'm fortunate that I have as well eh?

Absolutely!

any, since you joined parliament?

You know what, I don't. I'm a person who works hard not to live with regret. I certainly try to recognize lessons and experiences that I have, good and bad, and this case, in regards to the election and politicking, I don't have any regrets. I am immensely grateful for the opportunity to serve our community and want to do the best possible that I can, in this role, as a public servant. But I'm not in this alone. And I think that's something that we dont talk about enough. That no one in their capacity as an elected official does the work

the MP for this riding. The good thing by themself. I've got a great team in about having strong relationships with Union Station. I work alongside some other MLA's and federal MPs is you amazing people in our NDP caucus, hear about these issues, make sure and the work that we do is alongside they're heard, and work towards making the communities that we represent. So, sure they are addressed. And so, I will I'm not in this alone. I'm accountable be bringing their concerns forward, and to many different communities, and that helps me to do this work in a good way, can reach out to me and we can discuss in a way where I'm always looking for the lessons, and I'm not living with any regrets.

assuming office, you discovered was

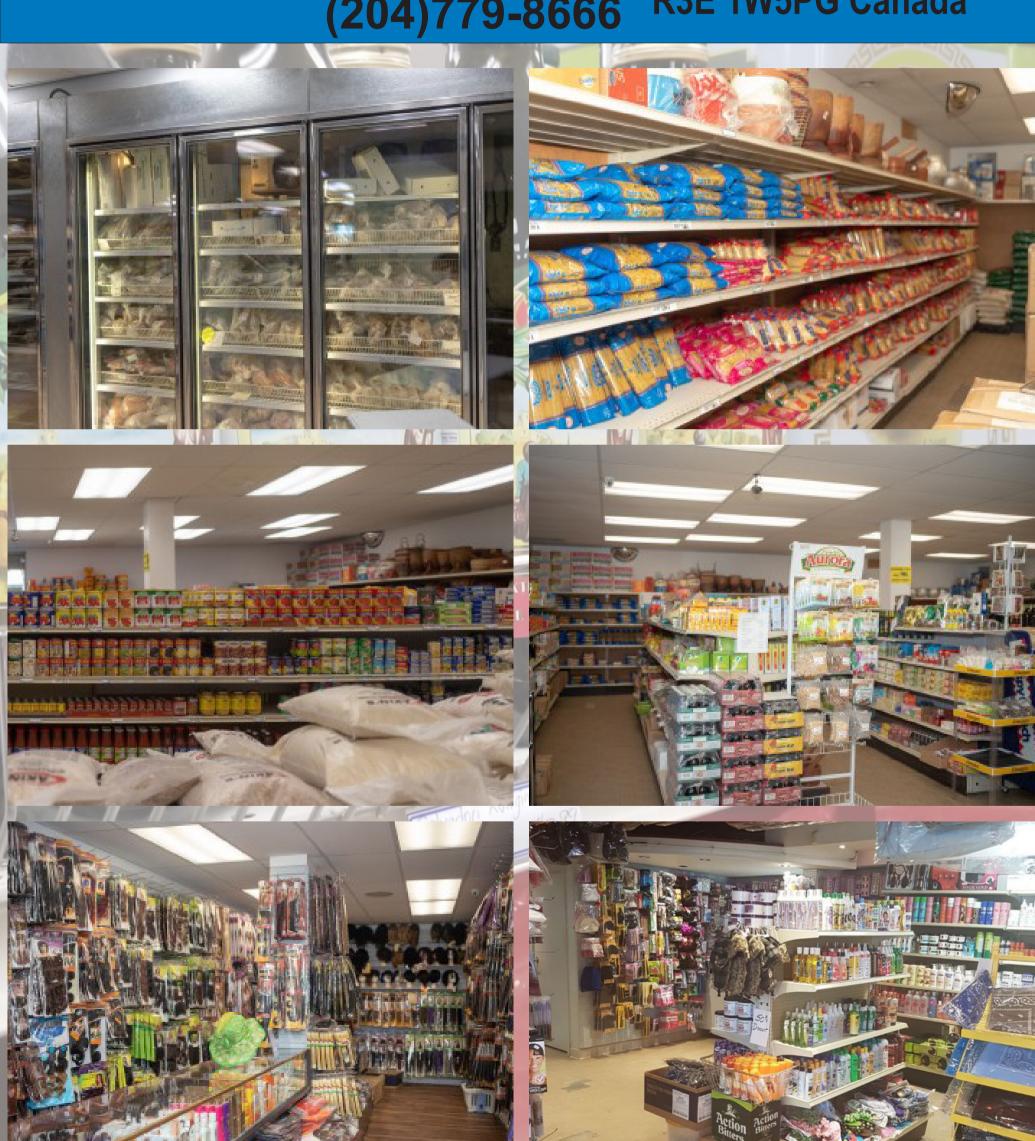
very strong mentorship What has been your biggest regret, if before entering politics. Nahanni Fontaine, who has been an NDP MLA for about four years now, and, as an activist, Bernadette Smith, who is an MLA in Point Douglas, are folks who let me know the realities of being a politician before I ran for office."



INTERNATIONAL **FOODS**

550, Sargent Ave Winnipeg, MB **R3E 1W5PG Canada**

(204)779-8666



A Multicultural Destination For Your Food and Beauty Needs

egible desi

Email: richychy25@yahoo.com

Graphic Designs

Fliers. Banners. Documents.

Invoice. Cards

If you can think it, you can achieve it.



Book your table for lunch or dinner.

UZOMA Interview

Continued from page 6

being a politician before I ran for office. communities. And I think, one of the most important I understand that these organizations aspects to do in this job, is being honest what you can do, and what you can't do, and what you hope to do, what you're And also to use our platform to educate as many people, about the the police? political system and how systems of Exactly! It is important for people to they need in order to be able to better their representatives.

demands to "defund the police?"

So, that is a demand that comes from across a number of organizations within the communities of colour. And things that would create environments in regards to defunding the police, to me it is a common sense action to say that we should be reallocating financial be working towards. resources to addressing the root causes Thanks for answering these questions.

to issues that are increasingly becoming prevalent in our communities. That to me is good common sense. When Nahanni Fontaine, who has been an you address the social determinants NDP MLA for about four years now, of health. When you address trauma. and, as an activist, Bernadette Smith, When you address root causes, then you who is an MLA in Point Douglas, are will have long-term positive outcomes folks who let me know the realities of that include healthier and more well

are not just saying send the police with people. Being honest in terms of home, or fire the police. They seem to be saving, let us reappraise where all of our tax dollars are going. Are there going to work to do, is really important. better avenues to solve some of the problems we have other than using

government actually function, is very understand what we mean by safety. important. Once people have a greater We're talking about the issues and understanding of how these systems situations that make people feel unsafe. function, then they recognize what The police will be the first ones to tell you is required to make certain changes that a significant proportion of the calls happen, and how they can be involved they respond to, they have no business with seeing those changes take place. responding to. Police are being called It's an opportunity to equip and to respond to situations that they do not empower people with the information have the training, the expertise, or the experience to be dealing with. And so, trust politicians, and make demands of why wouldn't we put those resources into allowing for other mechanisms Are you in support of BIPOC's recent to address those situations, so that everybody is safe. So that everybody is well. So that everybody is healthy. Why wouldn't we put funding into so that those situations wouldn't even be taking place? That's what we should

AFRICAN FOOD GENERAL

245 Notre Dame Ave Winnipeg, MB. R&B 267

2044149226 2049633330













Open Monday -Saturday 9:00am - 8:00pm

Except Wednesday

africanfoodgeneral@yahoo.com

9:00am - 6:30pm Your real African Store



(204) 222-5854

Off Provencher Blvd Winnipeg, MB. R2H 0R1











Everybody talks about our friendly and courteous service

Thank you for your business



Meet Natalya, the dancehall Crooner Bob's

ike many successful stars would later attend Wellington has opened the stage for many

and dancehall queen in her own out of. According to her, she's music as well as on Facebook. right. Born Nathalie Patricia Inez one with bliss whenever she's Jamaica, she began her musical mind, body and soul, whenever career as a child. As early as 5 I'm on stage, that's what I love with dad's musical box, and as stage and entertaining people." she says, "that subwoofer system This accomplished artiste, who kinda stirred me up, right into the holds a diploma in Business music." This was evident as she Marketing, from Red River would sing any and everywhere College, also dabbles into acting she could, later leading her to when the occasion demands, and find the love for performing has featured in a few movies. front of many. Natalya This queen of the dancehall

before her, she has to School, and St. Gerard's, for her acclaimed artists, and performed work the ropes, climbing elementary education. Her love with the likes of Jr. Kelly, Lenn all the way to success. Natalya, for music propelled her to attend Hammond, as she's known in music and high school at Miles Macdonell Freddie McGregor and Akon,

Waite, to immigrant parents from singing. She says "I'm connected years, she was already fiddling to do. I really love performing on

Sean Desman, entertainment circles, is a reggae Collegiate, quitting St Boniface among many other international High School because, as she stars, and hopes to become a puts it, "they didn't have a full-fledged international artiste music programme." Natalya herself, someday. Natalya was would later go on to perform born and raised in Winnipeg, at the Winnipeg Symphony and was the first and only girl Orchestra with her high among four children. She has school choir. She also collaborated with many local performed at Folklarama, artists and musicians within the the Shilo Army base, and Winnipeg scene and is excited the CariSask Carnival, in to show you what else she has to Regina, to mention a few. She offer. She wants to share her love joined the band, *Paradize*, of reggae and dancehall music right out of high school, to all who will listen. Natalya hoping to accomplish a lot. describes reggae as a mellow Natalya still hopes to travel and relaxing tune, and dancehall, the world and see places like infusing rock into reggae. through her music, which she Natalya can be contacted through now wants to make a career her Instagram handle @natalya



Drummer



ob Marley was an icon, in fact, the world's music icon. But how many people remember the African that made the world dance to his beats. Introducing Babatunde Olatunji, drummer extraordinaire, educator and social activist. Born in Ajido, near Badagry, in present day Nigeria, Olatunji specialized in World music and Apala. He was educated at the famous Morehouse College in Atlanta, Georgia, and New York University, and was signed to the Columbia label in 1957. This African music icon recorded with many prominent artists of his time, including, Cannonball Adderley, Horace Silver, Quincy Jones, Pee Wee Ellis, Mickey Hart, and the great Bob Dylan. He also composed music for the Hollywood film, Raisin in the Sun, and Spike Lee's She's Gotta Have it. He is reputed for making the Soviet Premier Nikita Khrushchev take off his shoes and dance, when he performed at the UN General Assembly, and was the wizard on drums while performing with Bob Marley at the 1979 Amandla Festival. Olatunji also toured the American south with Dr. King.

AFRICAN October 15-Nov 14, 2020

How Many Kids Will Turn Up On The Courts

When this is all over? Why Immigrant Kids Choose Basketball

will one day become a thing of the past, and kids everywhere will have to return to the basketball courts to play their favourite game. Immigrant kids are not left out. In fact, immigrant kids, especially African kids have taken to basketball, in an absolutely unbelievable fashion. Many African parents, my humble self included, are surprised to see their kids play basketball instead

matter how hard it is to a former Manitoba Bison player, Bol Canada, in 2001. Then I just turned 12. fathom, the present pandemic Majok, to analyse why immigrant kids, I grew up in the St James area, an area particularly from Africa, easily take to I consider pretty concentrated. We lived basketball rather than soccer or hockey. The revelations are worth settling down I have an older brother who attended for. Please enjoy the interview, with Mr Bol, presented below.

Let us have you introduce yourself to our readers please.

My name is Bol Majok. I just turned 30 years old, and from South Sudan. I was born in a city called, Gogrial, now of soccer, once considered the king of in South Sudan. My family moved sports. In this issue, we sat down with from Sudan to Egypt before arriving in

in the midst of a lot of Caucasian folks. St James Collegiate. I attended George Waters Middle School, and ended up at St James Collegiate, where I played a lot dictates what kind of sport we play. of sports.

yes. We played community sports like Rising Stars. I even played at the distict level. It was a kind of league based on what area of the city you lived. I played in the West District because that was where I lived and schooled, at the time. My school was considered a triple A. There was also the North District league, the Inner City District and so on. So, my district would naturally constitute schools like Sturgeon Heights, formerly rest. I also played U16 Provincials.

sport?

I remember, when I was in Egypt, we did play basketball, at school, but it was not as organized as when I came to Middle School in Canada. I was in grade 4 or 5 at the time.

What is the name of the school?

It was called St Wanga School, I believe, in Cairo. It was a Catholic school. My family lived in Egypt for two and a half years. I kinda understood the game from there. I was already a fan, having been exposed to the NBA through television.

So, those would be your humble beginnings then, right?

Yes, kinda. I remember we came in May, and school was just ending then. I attended Sister Mac for Summer school that year. Then we lived Downtown before moving to a better area.

I have a nagging question. Why do you think immigrant kids will take to basketball when they arrive here rather than soccer or hockey?

Yes. In my honest opinion, when we arrive here as immigrants. I can only speak as an African, because we have other immigrants from Asia or even Europe. I can speak about Africans,

particularly South Sudanese. Sports is huge with Africans. We are already exposed to a lot of soccer back home, almost the only sport most of us know. So, when we come in here, we want to play sport, but we don't know what kind. Media exposure of sport generally Here, in North America, Basketball is **I guess basketball was one of them?** Oh huge. Most of us know the names of Kobe Bryant, and Lebron James through the media. Again, when new immigrants land, the parents are still trying to find their feet. Some of them work two or three jobs, and don't have enough time for the kids. So, they naturally gravitate towards a cheaper option.

Are you saying basketball is a cheaper option than soccer?

Yes, It is cheaper. Coupled with the fact that if you landed in the inner city, there called Silver Heights, Oak Park and the is the probability that you'll end up being surrounded by peers of the same Was this your first contact with the background, and that can also make you play a certain sport, even if you were gifted in other sports.

A good kind of peer pressure eh?

Yes, you can say that. My mom, who raised me will prefer i'm in the gym, all day, rather than hanging out with the



... Serving Winnipeg and environs since 2012



How has Soccer Looking at Clubs and Youth Development

From May to October (Outdoors), and needs to start making wide consultations of dynamic programmes, within its from October to March (Indoors). As a with various groups, among them, existing setup, to ensure no talents result, there is the need to manage the immigrant populations. They will need fall through the cracks, irrespective of of all sports. Many parents, like those affairs of both players and officials in a well organised manner, especially if Manitoba hopes to produce the best inner city and elsewhere, and place the moment, even though they could players on the continent, in the coming years. The just concluded UEFA will culminate in the kind of results we talents into their pool. At the end, all incentives. Are there associations Champions League finals featured a 19 year old Canadian, Alphonso Davies, formerly of the Vancouver Whitecaps, who did Canada proud, not just by exhibiting such discipline in marking Lionel Messi out of a game, but also for his level-headedness playing at the top of his profession at such a young age. And, also, for making the final UEFA team list of the best soccer players in the year 2020. Davies, an immigrant, from Ghana, and born to Liberian parents, who were fleeing the second Liberian Civil War, to Ghana, arrived Canada when he was only five years old. He was the first Manitoba Central Soccer League (from player born in the 2000s to feature in an MLS match, and the youngest player to play for the Canadian Men's National Soccer Team. Success, they say, begets success. How can Manitoba replicate the have done a lot for soccer in Manitoba, achievements of the Edmonton Soccer but can still do more. There is the urgent Association? Will a Manitoba youth need to break from the administrative play in the English Premiership next bottle necks that prevent such leagues season or two from now? Will we see a Canadian, probably from Manitoba, in next year's UEFA Champions League finals? Only conscious management of our youth can help attain such high and lofty goals. The soccer clubs are already doing a good job with the physical and technical aspects of the game. The Manitoba Soccer Association is one of the oldest sports associations in Canada. Formed in Brandon, in 1896, the Manitoba Soccer Association is The association actually has four a member of the Canadian Soccer Association, and the governing body for soccer in Manitoba. As presently Developmental League, and the U13 constituted, the Peter Muir led board U18 Premier League. The association needs to be a bit more divergent to be also runs an Indoor High School Soccer able to promise the delivery of such League. They more or less provide kids

Manitoba, it is one of the sports be able to cater for the soccer needs of province, irrespective of their age. that is played all year round, a multi-cultural Canadian society, and Again, the need for the introduction to come down from their high horses backgrounds. As already mentioned, to be able to spot unique talents in the the clubs are doing a good job, at them on accelerated programmes that lower their fees to encourage more all expect to see, in the not too distant of these bodies would be sharing in working towards the development future. There is also the Manitoba Major the glory, when (and not if) one of of the game in the inner city? ? Soccer League, sanctioned by both the MSA and the CSA to conduct indoor and outdoor adult soccer leagues, with its Premier Division being the highest level of amateur league participation in the province. Winners of the MSA Cup represent the province, by fighting for the Challenge Trophy, the highest trophy recognised by the CSA in amateur competitions. Founded in 1971, the MMSL has had to change its name twice. It was formerly known as the 1971 - 1990) and the Molson Super Soccer Alliance (from 1990 - 1999), and currently overseen by a volunteer board. This soccer body also appears to from producing world beaters, and start the introduction of dynamic programmes that would cast a wide net across the city, making sure that no talents are lost irrespective of whether they come from rich or poor backgrounds. And there is, also, the Winnipeg Youth Soccer Association created, in 1982, to cater for youth soccer within Winnipeg and environs. The WYSA also runs a league for its members aged 9-18 years. leagues in place. They are, the U9-U18 Recreational League, the U9-U12

occer does not take a break in grandiose results. The board may not the opportunity to play soccer in the their wards make it to the top. It is a new dawn for soccer in our province, and we all have to come together to reclaim that top spot in the field of sports, for soccer is indeed the king of Alphonso Davies, who by the way, only became a Canadian citizen, only three years ago, are eager to produce world beaters given the necessary



Safety Inspection Engine Repair Transmission Car Detailing Repair Tire







Visit us today

For all your fresh meats, fish and vegetables 158, St. Anne's Road (204) 881-2402 Winnipeg, MB R2M 2Z6, Canada









ာ် LIGUE 1

Champions League Draws









PSG'S crown prince, Neymar, undoubtedly one of the best in the footballing business. And Kingsley Coman, who scored the only goal in Bayern's Champions League final win against PSG, last season.

Before the break

Premiership									
P Club	GP	W	D	L	GF	GA	GD	PTS	
1. Everton	4	4	0	0	12	5	7	12	
2. Aston Villa	3	3	0	0	11	2	9	9	
3. Leicester	4	3	0	1	12	7	5	9	
4. Arsenal	4	3	0	1	8	5	3	9	
5. Liverpool	4	3	0	1	11	11	0	9	
6. Tottenham	4	2	1	1	12	5	7	7	

Nigeria Wins Manitoba African Cup Of Nations

igeria's Super Eagles beat the DRC to lift this year's Manitoba African Cup of Nations, a mock tournament designed to entertain and bring Africans living in manitoba together. The Eagles defeated the DRC in a penalty shootout, after both teams failed to score in regulation and extra time. According to the organisers, the tournament is a way to repay the love Canada has shown to many African residents living in Manitoba, some of which were refugees admitted from war-torn African countries, as well as others fleeing poverty in their home countries. Meanwhile, Harouna Gueye was voted Player of the Tournament, while Jayshom emerged top scorer with 11 goals. Kenya's Samuel Kitonyo was voted best coach. This is the second edition of the tournament which the organisers plan to make an annual event. The first edition was won by Democratic Republic of Congo who defeated Eritrea in last year's final. Also, this year's tournament saw an increase in the number of participating teams from four to eight.

each other, before their careers as a winger, like Cristiano, The Guinea-Bissau born are over. This is made possible Joao also has speed and great Fati, who now represents because of the Champions finishing. His technical skills Spain internationally, is League draws for the group are way past his age. Last year, the youngest of them all, stages, which has been released Joao Felix became the youngest and hails from a family by UEFA. Juventus and player to score a hattrick in the of footballers. He is only Barcelona have been grouped UEFA Europa league, at just 18 17 years old. His father together, in Group G of the years of age. There's also the (retired) and two brothers, draws. Many soccer fans want youth prodigy, from France, Braima and Miguel (still to see the Ronaldo vs Messi Kylian Mbappe, who appears playing) all live in Spain. rivalry continue, even if both to have leaped off the starting Ansu Fati's prodigous players are nearing the end blocks in well enough time. talent was on display, in the of their playing careers. The Many footbal fans and pundits Champions League game real question is who steps into agree that Mbappe is well ahead between Barcelona and their shoes, when they hang of his time, the same thing Inter Milan, last season, up their boots? Dortmund's they said about Edson Arantes when he scored the winning Erling Haaland, is obviously do Nascimento, better known goal, at the San Siro, to one of those players. Haaland as Pele, by the football loving become the youngest goal has left no one in doubt about world. Mbappe already broke a scorer, in UEFA Champions his abilities upfront. He became lot of records, at such a young League history. And that's the first teenager to score in age. He's now 21. Just two not all. This youth prodigy five consecutive Champions years ago, at the FIFA World has broken all the records League games last season, and Cup, held in Russia, Mbappe that there is to break in the second teenager to score became the second teenager international football. He ten goals in the competition. in history, after Pele, to score recently broke a 95 year-It's no longer a matter of how in a World Cup final. He also old record, in Spain, as the many goals Halaand will score, holds the record as the youngest youngest player to score for when the competition kicks off French player to ever score La Roja, and, most recently, again, this year, but how many at the World Cup, overtaking the youngest player to clubs he will be scoring for. It the likes of Michel Platini and start in a UEFA Nation's is obvious that Real Madrid are Thiery Henry. That's not all. League game. Having said already watching the Norwegian By the time Mbappe had scored much about these four international, and may swoop 13 goals in the Champions players, who are all under on him any minute. It will be League, he had not even turned 25 years, there's still Robert recalled that Halaand scored for 20 yet, he was still 19. At that Lewandowski who became both RB Salzburg and Borussia age, he had doubled the goals the first player to disrupt Dortmund last season. Another scored by Karim Benzema and the Messi-Ronaldo flow, player to watch is the Portuguese Raul Gonzalez combined, in displacing both players, Joao Felix, who is already being the competition, when they from the top of the scorers referred to as the new Ronaldo, were his age. Another player chart, last season, for the not just because he hails from to watch for is Barcelona's first time in twelve years. Portugal, like Cristiano, but Messi annointed, Ansu Fati, He also has the record because many already see, who has just been piling it on for the fastest four goals in him, that match-winning since the exit of Luis Suarez. scored in the competition

to see Ronaldo and Ronaldo's early career. Not in waiting, for when Leo Messi play against only can he dribble and play decides to hang up his boots. ability and an expressive flair Fati can now be considered as - 16 minutes. And there is

e are probably going which characterized Cristiano Barca's super sub and heir

La Liga								
P Club	GP	W	D	L	GF	GA	GD	PTS
1. Real Madrid	4	3	1	0	6	2	4	10
2. Real Betis	5	3	0	2	7	6	1	9
3. Real Sociedad	5	2	2	1	7	2	5	8
4. Villareal	5	2	2	1	6	7	-1	8
5. Barcelona	3	2	1	0	8	1	7	7
6. Sevilla	3	2	1	0	5	2	3	7

Serie A									
P Club	GP	W	D	L	GF	GA	GD	PTS	
1. Atalanta	3	3	0	0	13	5	8	9	
2. Milan	3	3	0	0	7	0	7	9	
3. Sassuolo	3	2	1	0	9	3	6	7	
4. Inter	3	2	1	0	10	6	4	7	
5. Napoli	2	2	0	2	8	0	8	6	
6. Verona	3	2	0	1	4	1	3	6	

Bundesliga								
P Club	GP	W	D	L	GF	GA	GD	PTS
1. Leipzig	3	2	1	0	8	2	6	7
2. Augsburg	3	2	1	0	5	1	4	7
3. Frankfurt	3	2	1	0	6	3	3	7
4. Bayern	3	2	0	1	13	7	6	6
5. Dortmund	3	2	0	1	7	2	5	6
6. Hoffenheim	3	2	0	1	8	5	3	6
6. Hoffenheim	3	2	0	1	8	5	3	6

