

Hakomi Institute of Canada (Hakomi Calgary)



HAKOMI

Application for Admission

Date of Application: _____

Location of Training: **Calgary, AB.**

Training dates: 2021-2023

Name: _____ Date of Birth: _____

Address: _____

Phone (home): _____ Phone (work): _____

Email: _____

In emergency please notify: (2 options if needed)

1. Name: _____

Relationship: _____

Address: _____

Phone: _____

2. Name: _____

Relationship: _____

Address: _____

Phone: _____

3. Employment Info:

Name of Employer: _____

Phone Contact: _____

Please Answer Questions 1 thru 10

1. Give us a brief commentary on your experience in Hakomi related workshops and let us know what specifically draws you to study further.
2. What is your vision or goal for applying what you will learn in the Hakomi training? How will it fit into your career and life goals?
3. Describe your experience working one-on-one with clients. Include the kind of practice, nature of your work, type of clientele and the degree of success and satisfaction you feel you have received from your work.

4. The Hakomi Institute of Calgary believes it is our ethical duty to take responsibility for the influence of the interlocking oppressive systems that have harmed and marginalized certain human groups particularly in the field of psychology. We are actively designing our curriculum to include the awareness, correction and the abolition of dominant culture supremacy, racism, and other forms of dominance, prejudice and exclusion. Please tell us your experience with inequality and/or privilege and let us know your needs around these issues. *

5. Training in the Hakomi Method often results in significant personal growth as well as professional development. Students are expected to engage in and embrace this evolution. Tell us about your experiences in psychotherapy, bodywork or other therapeutic modalities, and how you can support yourself through the changes that may occur during this training. Include both factual details, such as the times in your life when you received this support, and the personal impact of these experiences.

6. Students are expected to practice with fellow students and also non-student clients outside of class. Please let us know how you will find practice clients with which to work. (Disclosure forms will be offered in the training).

7. Use around 550 words or so (a page) to describe what kind of person you are.
Please attach your professional history (CV).

8. A significant element of the Training will be the creation of a healthy and functioning group that supports a vibrant and safe learning environment. We expect students to interact as adults, to be able to regulate strong feelings and to find collaborative ways to solve interpersonal conflicts. Group health and development is included in the Hakomi Training curriculum. Tell us about your experiences and style as a group member, how you resolve interpersonal conflicts, where you may need help with this and how you see yourself adding to the richness and preservation of the group. Include topics like entry style, leadership style, extroversion/introversion, how you prefer others to be, difficulties you may typically experience, or any other needs and concerns you may have around group membership.

9. Please let us know about any medical conditions or personal factors you may have or have had in the past, including psychological diagnosis, that may affect your participation in this Training. Let us know what kind of physical accommodations you may require; i.e. accessibility, hearing difficulties, smell sensitivities, sound sensitivities, etc.

10. Is there anything else you would like to tell us that you feel would help us to know you better?

** In the Hakomi Training, we draw a distinction between hierarchy and dominance. In Hakomi, hierarchy is the system in which faculty and assistants are granted levels of responsibility, according to their experience and knowledge. Dominance, in this context, is assumed, unearned and unwelcomed authority.*