

# REGISTRATION FORM

Your Group Leader will add this information to their contact list on [www.runtogether.co.uk](http://www.runtogether.co.uk) and you will be invited to join RunTogether.

Once invited you will have two months to accept your invitation. If you do not accept the invitation within two months your data will be deleted. Data will be processed in accordance with the RunTogether privacy notice: <https://runtogether.co.uk/privacy-notice>

Please print your details clearly, complete in full and return to your group leader.

## 1. Personal Contact Information

First Name:

Last Name:

Email:

Telephone:

## 2. Emergency Contact Information

First Name:

Last Name:

Telephone:

## 3. Your Health and Exercise

Thinking about the past 12 months, how often have you been on a run or a jog?

Daily/most days    Weekly    Twice a month    Monthly    Occasionally    Rarely

How many times have you exercised during the past week?

0    1    2    3    4    5    6    7

Please inform your Run Leader on the day if you are suffering with any injuries or health conditions that they need to be aware of so they can manage your safe involvement in the run.

## 4. Declaration

PLEASE READ THE FOLLOWING AND SIGN BELOW:

I have read the privacy notice and understand why my data is being collected and how it will be processed. RunTogether Group Leaders are qualified leaders and are willing to share their experience and enjoyment of the sport with me. I confirm that I understand that participation in this group is entirely at my own risk and should consult my own doctor if suffering from any condition that might make running injurious to my health. I agree to the RunTogether Groups terms and conditions found here:

<https://sportlabs.blob.core.windows.net/runtogether/Terms.pdf>

Sign:  Date:  /  /