MCS Weekly Schedule

MONDAY – FRIDAY (STANDARD)

- 7:00 AM – Wake Up
- 7:15 AM – Breakfast/Group Devotion
- 7:30 AM – Med Call
- 8:00 AM – Devotions
- 8:30 AM – Chores
- 9:15 AM – PSNL Class
- 10:15 AM - Break
- 10:30 AM – GSNL Class
- 11:45 AM - Break
- 12:00 PM – Lunch
- 12:15 PM – Med Call
- 12:30 PM – Rec
- 1:20 PM – Prep for Work Detail
- 1:30 PM – Work Detail
- 4:45 PM – Clean Up / Free Time
- 5:00 PM – Dinner
- 5:15 PM – Med Call
- 5:45 PM – Rec/Phone Calls
- 6:30 PM – Phone Calls/Showers
- 7:30 PM – Break
- 7:45 PM – Study Hall
- 8:45 PM – Med Call
- 9:15 PM – Lock Up
- 10:15 PM – In Room
- 10:30 PM – Lights Out

(Weekly Variations)

WEDNESDAY

- 12:30 PM – Small Group
- 1:30 PM – Prayer
- 2:00 PM – Work Detail
- 8:15 PM – Showers
- 8:45 PM – Snack

THURSDAY

- 9:15 AM – GSNL
- 10:45 AM – Chapel
- 12:30 PM – 1:15 PM GSNL Class w/ David Smith every other week

FRIDAY

- 8:45 PM – Snack

*SATURDAY

- 8:00 AM – Wake Up
- 8:15 AM – Group Devotion
- 8:30 AM - Breakfast
- 8:45 AM – Med Call
- 9:00 AM – Devotions
- 9:30 AM – Room Clean
- 10:00 AM – Deep Clean
- 12:00 PM – Lunch / Med Call
- 12:30 PM-1:30 PM – Finish Deep Clean or Free Time if Deep Clean is completed
- 1:30 PM – Outdoor Activity
- 4:30 PM – Clean Up
- 5:00 PM – Free Time
- 6:00 PM – Dinner
- 6:15 PM - Med Call
- 6:30 PM – Free Time
- 8:45 PM – Snack
- 9:00 PM – Med Call
- 9:15 PM – Lock Up
- 10:15 PM – In Room
- 10:30 PM – Lights Out

SUNDAY

- 8:00 AM – Wake Up
- 8:15 AM – Breakfast/Group Devotion
- 8:30 AM – Med Call
- 9:00 AM – Prep / Leave for Church
- 12:30 PM – Lunch / Med Call
- 1:30 PM – Free Time
- 2:00 PM – 4:00 PM Visits (1st & 3rd Sunday)
- 5:00 PM – Dinner
- 5:15 PM - Med Call
- 5:30 PM – Prep / Leave for Church
- 8:45 PM – Snack
- 9:00 PM – Med Call
- 9:15 PM – Lock Up
- 10:15 PM – In Room
- 10:30 PM – Lights Out

***Men's Praise may be done on Saturday mornings or Saturday afternoons, depending on the MCS Service Schedule, and deep clean will still be done opposite Men's Praise practice.**

(Ex. Men's Praise AM; Deep Clean PM *OR* Deep Clean AM; Men's Praise PM)