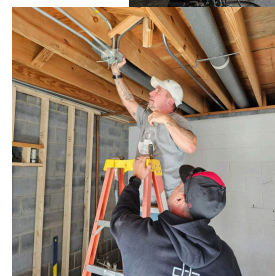
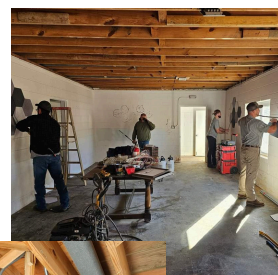
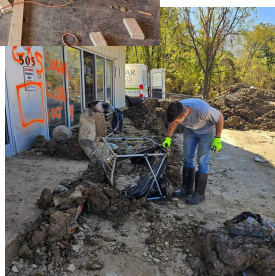
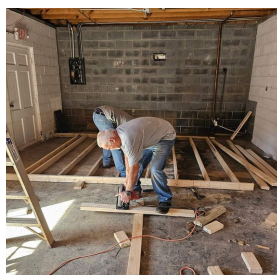
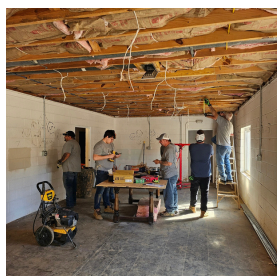




## Mission Mondays



MCS began a new ministry initiative entitled “Mission Mondays”, in which we will work every Monday for the next several months to help those who have suffered from Hurricane Helene. We will be working with multiple agencies in various communities and across denominational lines. These men have big hearts to help others, and they worked diligently to see the work finished.



The Curtis Family has chosen to donate the proceeds of this event to Men’s Challenge of the Smokies in hopes of helping other men who may be struggling with addiction. We give you a cordial invitation to attend and support this event if you live in our region; however, if you don’t live locally but would like to give in honor of this event, you can give online or make your check to Men’s Challenge of the Smokies and earmark your gift for Hunter’s Mountain Ride.



Scan to follow us on Facebook



**RESCHEDULED**  
 NEW DATE ANNOUNCED

**SATURDAY**  
**NOV. 9TH**  
 REGISTRATION: 10 am  
 RIDE 11am  
 LUNCH: 11:30a - 1p  
 CONCERT: 11:30a - 1p  
**FOR INFO:**  
**828-524-4484**

**HUNTER'S MOUNTAIN RIDE**  
 HWY 28  
 POKER RUN

NEW LOCATION! VACANT LOT NEXT TO ACE HARDWARE



# MEN'S CHALLENGE

# HAPPENINGS

## Save the Date



**Our next graduation:  
Saturday, November 16th 10am  
336 Living Hope Way  
Reception immediately following  
Everyone is invited to attend**

*Thankful for  
the recent  
opportunities  
to share  
testimonies  
and worship  
with these  
wonderful  
congregations.*



**If you or your church  
plan to buy Christmas  
gifts for the men, please  
contact the office at  
828-524-2157 for an  
approved list. Thank  
you for your  
thoughtfulness.**



## *From the Executive Director's Desk*



Psalm 37 uses the word “fret” in 3 separate verses (1, 7 and 8) as a negative quality that we as believers should avoid. The Hebrew word for “fret” is *charah*, which means “to grow warm or to blaze up, due to emotions like anger or jealousy.” We often look at the conditions of our lives or our world and we fret; meaning we begin to flare up with anxiety or anger because the situation appears to be unjust and out of control. The “fretting” mentality will certainly hinder a faith-filled, positive outlook on life. Perius, the Roman poet stated, “*We consume our tomorrow fretting about our yesterdays.*” What is the answer? How do we overcome a “fretting” disposition? The word “fret” is mentioned 3 times in Psalm 37, but so is the word “trust” (vs. 3, 5 and 40). The answer to eradicating feelings of becoming anxious and angry is to fully and completely put trust in the Lord. I must accept that I cannot solve any of the problems in the world, and sometimes I am powerless to solve certain problems in my own life. However, I can trust the Lord in these times knowing that He certainly can make a way where there seems to be no way. Psalm 37:5 tells us that we can “*trust also in him; and he shall bring it to pass.*”

## TO MAKE A DONATION:



PO Box 2157, Franklin, NC 28744 or ONLINE at our website: [www.livinghopeway.com](http://www.livinghopeway.com)

FOR MORE INFO CONTACT US AT: 828-524-2157 Thrift Store: 828-586-9966



Follow us @menschallengeofthesmokies #menschallengeofthesmokies

