# We are a membership organisation

Membership costs from £3 - £5 per year and helps to support us as a charity. Members are entitled to discounted rates, free Wi-Fi and the right to stand for election to the General Committee.

# Message from the Committee

NDCSA have provided social welfare, education, sport and leisure facilities for the local community at Bloomfield House Community Centre in Narberth since 1980. The organisation is a registered charity and the centre is managed by a volunteer committee.

### **Bloomfield Bus**

We have a 16-seater, accessible community bus for hire at excellent rates to members and affiliated groups.

Your driver must be MIDAS trained. Call 01834 860293 for further information.

**Dial-A-Bus** is a bus service for people who cannot use conventional buses and for communities with infrequent public transport. To book, call before 3.00pm the day before on free-phone 0800 7831584.

Contact us for more information on routes, times and days.

# Get in touch

Bloomfield House Community Centre Redstone Road Narberth SA67 7FS

01834 860 293

ndcsa@outlook.com

Opening hours vary Contact us for up to date information



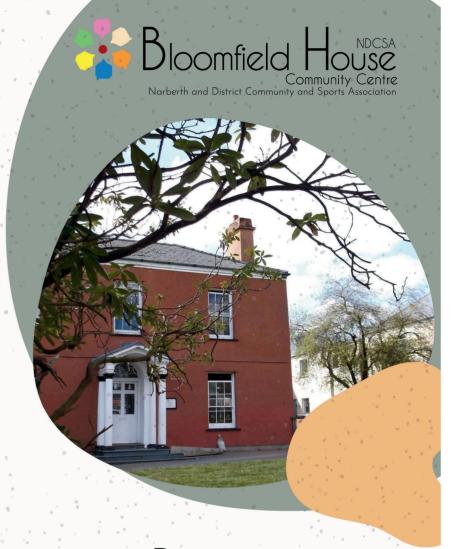




# Narberth West Wales Walking for Wellbeing

The group meet every Wednesday at 10am at Bloomfield. To book a place visit our website:

https://bloomfieldcommunitycentre.org/walking-group



# Programme 2024/2025



Charity No. 512032

www.bloomfieldcommunitycentre.org

# Adult Education

**Learning Pembrokeshire** offer a range of adult education classes in Narberth. Classes include art, languages, photography and yoga.

www.pembrokeshire.gov.uk/adult-learning To book: 01437 770 136 / 01437 770 130 Narberth.Learning@pembrokeshire.gov.uk Or book online via My Account

**Dysgu Cymraeg** also provide a range of Welsh language classes in Narberth. www.learnwelsh.cymru

# Community Childcare

# Bloomfield Day Nursery

Provides childcare for children aged 6 weeks to 5 years old. Open from 8am to 6pm

TFC (tax free childcare) registered setting. CIW registered and supports 'Childcare Offer for Wales' and 'Early Education Funding'

Email: bloomfieldnursery@outlook.com

# Bloomfield After School Club & Holiday Club

Provides childcare for ages 3 to 12 years old

Open until 6pm term time and 8am - 6pm during the holidays and is CIW registered. TFC (tax free childcare) registered setting. Supports the Childcare Offer.

Email:

bloomfieldascenquiries@outlook.com

# Our Activities

**SOCIETIES & GROUPS** 

#### **Blockbusters Patchwork and Quilting:**

Judy Bunn 01437 767 100 judynalec@msn.com

#### By The Sea Flowers:

Marie Lewis 07808065987 hello@bytheseaflowers.com

Landsker Quilters: 07879005869

#### **Narberth Geology Group:**

A Crossley 07855154596 ancrossley@ancrossley.plus.com

#### Narberth U3A:

Juliet Burgess 07870799210 narberthu3a@gmail.com

Pembrokeshire Guild of Weavers, Spinners & Dyers: pembrokeshireguildwsd@outlook.com

#### Tickle Tunes:

Sue Mathias 07503511354 tickletunes@gmail.com

SPORTS & LESIURE

#### Alice Russell School of Dance:

Alice Russell 07929226316 vacances5@sky.com

#### **Beth Howes Pilates:**

Beth 07528880633 bethhowespilates@gmail.com

#### **Circuits With Marie:**

Marie Tilley 07572660662

#### **Elements Gymnastics Academy:**

Suzanne Wakefield 07697620617

#### **Gentle Exercise Class:**

Bloomfield 01834 860293 ndcsa@outlook.com

#### Little Legs Football:

Mark Murison 07961811303 mark@littlelegsfootball.com

#### Narberth Karate Club:

Mair Phillips 07868522808 mairphillips180@gmail.com

#### Narberth Ninjas Netball Group:

Shannon Whateley 07733223628 swhateley@bluestonewales.com

#### Narberth Table Tennis Club:

Nigel Firth 07966 389931 nigelcfirth@aol.com

#### Tai Chi:

Sian May 01834 861 195 Sianmay9@gmail.com

# Our Activities cont.

#### **Weight Training Classes:**

Meg Hicks 07975746846

#### Yoga Class (Vinyasa Traditional Style):

Irena 07773269173 irenahathayoga@gmail.com

#### **Zumba Fitness:**

Tracey 07773126750 trace.keane@talktalk.net

# Our Facilities

### Fitness Suite

Our fitness suite contains twenty resistance and cardiovascular machines, with an extended free weights area. Pay as you go and monthly membership options available.

## Sports Facilities

We have great sports facilities available. Members can book to play:

- Squash
- Badminton
- Football
- Basketball
- Table Tennis
- Netball
- Cricket
- Rugby
- Tennis
- Pickleball

## Spaces to Hire

Did you know you can hire our classrooms and sports halls for meetings, birthday parties and events?

We are easily accessible from all areas of Pembrokeshire, Ceredigion and West Carmarthenshire.

Prices start at £11.25 per hour. Catering can also be arranged!