

Substance Use and Disorders in Youth:
What Every Mental Health Clinician Should Know

Honored Lecturer:
Marc Fishman, M.D.

The 2025 Lauretta Bender Conference led by our honored lecturer, renowned addiction psychiatrist Dr. Marc Fishman, will be a series of lectures and discussions on the vital topic of youth substance use and disorders. It is designed for mental health professionals who are committed to understanding, treating, and supporting youth impacted by substance use and abuse. The conference will focus on the latest clinical insights, therapeutic strategies and interdisciplinary approaches that address the complex nature of youth substance use disorders (SUD).

It will begin with an overview exploring addiction as a developmental disorder of pediatric onset to improve understanding of how the adolescent brain is particularly vulnerable to substance use, the implications of early substance exposure on development and long-term outcomes, how addiction may differ in youth compared to older adults, and why early intervention is critical for improved prognosis. The second session is dedicated to improving treatment of youth substance use disorders and will allow participants to gain insights into the latest treatment modalities for adolescent substance use, including pharmacological and therapeutic interventions. Dr. Fishman will discuss effective strategies for engaging adolescents and their families in treatment and addressing issues like denial, ambivalence, and reluctance to change. The third session will focus on working with youth with dual diagnosis (substance use disorder and other mental health disorders). It will address the intersection of mental health disorders and substance use in youth exploring common co-occurring conditions such as anxiety, depression, psychosis, trauma, and disruptive behavioral disorders. Participants will better understand the importance of integrated care with a focus on delivering comprehensive, individualized treatment and debunk common misconceptions about how to approach youth with dual diagnosis.

In addition to Dr. Fishman’s insightful presentations, the conference will include a multi-disciplinary panel with representatives from social work (Isabel Adon, LCSW), psychiatry (Nevine Ali, MD/MPH), family advocacy (Natasha Moore) and psychology. The panel will help examine complex and difficult cases of youth substance use disorders with an emphasis on collaborative cross-disciplinary approaches to treatment. Participants will learn from real-life examples and discuss best practices for engaging youth in crisis, navigating system challenges and advocating for youth.

Join us for an enriching and clinically engaging conference designed to support mental health professionals in supporting and improving outcomes for youth with substance use challenges and their families.

LAURETTA BENDER LECTURERS

1976	Lauretta Bender, M.D.	2001	Clarice J.Kestenbaum,M.D.
1977	Stella Chess, M.D.	2002	David Pelcovitz, Ph.D.
1978	William Goldfarb, M.D.	2003	Harold Koplewicz, M.D.
1979	Sibylle Escalona, Ph.D.	2004	Paulina Kernberg, M.D.
1980	Seymour Kety, M.D.	2006	Lloyd I. Sederer, M.D.
1981	Robert Campbell, M.D.	2007	Ross W. Greene, Ph.D.
1982	Jerome Bruner, Ph.D.	2008	Alec L. Miller, Psy.D.
1983	E. James Anthony, M.D.	2009	Alan E. Kazdin, Ph.D.
1984	T. Berry Brazelton, M.D.	2010	Rona M. Novick, Ph.D.
1985	Robert Coles, M.D.	2011	Bessel van der Kolk, M.D.
1986	Salvador Minuchin, M.D.	2012	Fred R. Volkmar, M.D.
1987	Prof. Michael Rutter	2013	Glen Saxe, M.D.
1988	Elissa Benedek, M.D.	2014	Richard R. Pleak, M.D.
1989	Lenore Cagen Terr, M.D.	2015	Gabrielle A. Carlson, M.D.
1990	Dorothy O. Lewis, M.D.	2016	Christoph U. Correll, M.D.
1991	Michael Kalogerakis,M.D.	2017	Moir A. Rynn, M.D.
1992	Frank S. Williams, M.D.	2018	Stephan Carlson, M.D.
1993	David Shaffer, M.D.	2019	Madelyn Gould, Ph.D., MPH, MA
1994	Carl C. Bell, M.D.	2020	Schuyler W. Henderson, M.D., MPH
1995	Albert J. Solnit, M.D.	2021	Lisa Fortuna, M.D., MPH, M.Div.
1996	Ian A. Canino, M.D.	2022	Jeremy Veenstra-VanderWeele, M.D.
1997	Theodore Shapiro, M.D.	2023	David A. Brent, M.D.
1998	Laurence Greenhill, M.D.	2024	Warren Y.K. Ng, M.D., MPH
1999	Paul Jay Fink, M.D.	2025	Marc Fishman, M.D.
2000	Judith Rapoport, M.D.		

CONFERENCE SCHEDULE

8:45am **Welcome and Conference Overview**
Kanika Jefferies, MPA, LMSW
Executive Director
NYC Children’s Center

Eman El Gamal, M.D.
Clinical Director
NYC Children’s Center

8:55am **Presentation of Advisory Council Award**
Catherine Vourkas, LCSW, ACSW
Advisory Council

NYCCC Advisory Council Award
49th LAURETTA BENDER HONORED LECTURER

Marc Fishman, M.D.

Medical Director /Attending Physician
Mountain Manor Treatment Center

Medical Director / Attending Physician
Maryland Treatment Centers

Medical Director
Recovery Health Services

Chief of Medical Staff
Chesapeake Treatment Centers

Attending Physician
The Johns Hopkins Hospital

Associate Professor
The Johns Hopkins University School of Medicine

9:00am: Lecture 1
Addiction as a Developmental Disorder of Pediatric Onset

9:45am: **Discussion**

10:00am: Lecture 2
Improving Treatment for Adolescent Substance Use Disorders

10:45am: **Discussion**

11:00am: Lecture 3
Approaches to co-occurring disorders (“dual diagnoses”) in Youth

11:45am: **Discussion**

12:00pm: Lecture 4
Multidisciplinary Case Discussion

12:45pm: **Discussion and Closing Comments**
1:00pm: **Conference Ends**

NYC Children’s Center
a facility of the NYS Office of Mental Health

ADVISORY COUNCIL AND NYCCC
CONFERENCE PLANNING COMMITTEE

Nevine Ali, MD,MPH; Christopher Bellinger;
Catherine Bratton Vourkas LCSW, ACSW;
Kathryn Chernack, DSW, LCSW-R; Eman El Gamal, MD;
Michael Harrigan, CCCJS, LCSW PhD; Endra Henry, PhD.;
Kanika Jefferies MPA, LMSW;
Natasha Moore; Frances Shin, MD;
Euphemia Strauchn-Adams, D.D., MTh, MSW, FDC, CHMH,

Special Thanks To
John Holmes, LCSW-R
Joshua Aiyedun, NYCCC Director Staff Development
Ms. Janisse Miles

The Advisory Council of The New York City Children’s Center (a.k.a. The Advisory Council of Queens Children’s Psychiatric Center) is a not-for profit entity whose purpose is to support the mission and goals of the New York City Children’s Center. This is accomplished through activities that help educate staff and the community about the behavioral health and treatment needs of children and adolescents and the service delivery system that provides for them and their families.

As a not-for-profit entity distinct from the NYC Children’s Center, the Advisory Council of the NYC Children’s Center is comprised of professionals and stakeholders from the community who work in collaboration with representatives from the NYC Children’s Center.

Proceeds from the Annual Lauretta Bender Conference have been utilized directly to help fund special programs for the children, as well as develop educational initiatives and events. These funds have supported activities such as family barbeques, the health promotion step-a-thon, summer carnivals complete with games and prizes, and they have been used to help families relocate to safety. Last but not least, these funds help assure that every child admitted to NYCCC inpatient units during the holidays will have a present waiting for them.

REASONABLE ACCOMMODATION STATEMENT

The New York State Office of Mental Health does not discriminate on the basis of race, color, national origin, sex, religion, age, disability, or sexual orientation in the admission, access to, or employment in its programs or activities. Reasonable accommodation will be provided on request.

CONFERENCE REGISTRATION

Register through the Eventbrite link below:

49th Annual Lauretta Bender Conference: Youth Substance Use & Disorders Tickets, Tue, Nov 4, 2025 at 8:45 AM | Eventbrite

All registrants will receive a Confirmation Email and Link to the Virtual Conference

Fees
Participants must attend the entire conference online to be eligible for CMEs and CEUs

Without CEUs/CMEs:
\$10 early registration (until 10/24/25)
\$15 late registration (after 10/24/25)

With CEUs/CMEs:
\$50 (early registration with CMEs/CEUs)
\$55 (late registration with CMEs/CEUs)

Cancellation Policy:
No refund will be granted for a cancellation after 11/3/2025

Your contributions will support the ongoing work of The Advisory Council of NYC Children’s Center

Please send any correspondences to:
The Advisory Council of
NYC Children’s Center
74-03 Commonwealth Boulevard
Bellerose, NY 11426

For further information contact:
Ms. Janisse Miles
nycclbconference@omh.ny.gov
(718) 264– 4631

Save the Date: Lauretta Bender Semicentennial
50th Annual Lauretta Bender Conference
November 3rd, 2026 (election day)

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OBJECTIVES

At the end of the presentation, attendees will be able to:

- 1) Understand addiction as a developmental disorder of pediatric onset
- 2) Identify evidence based treatment strategies for treating youth substance disorders.
- 3) Describe strategies for working with families in the treatment of youth substance disorders.
- 4) Describe approaches for co-occurring disorders (dual disorders) in youth.
- 5) Understand an integrative, multi-disciplinary approach to treating youth with substance use and disorders.

DISCLOSURE POLICY STATEMENT

The Bureau of Psychiatric Services & Research Institute Support relies upon planners and faculty participants to provide educational information that is objective and free of bias. In this spirit & in accordance with the Bureau of Psychiatric Services & Research Institute Support & MSSNY guidelines, all speakers & planners must disclose financial relationships with ineligible companies whose products, devices or services may be discussed in the CME content, or may be perceived as a real or apparent conflict of interest. Any discussion of investigational or unlabeled use of a product will be identified.

Dr. Marc Fishman presenter for the educational activity, and all panelists and planners have no conflicts of interests or financial relationships to disclose.

ACCREDITATION STATEMENT

The Bureau of Psychiatric Services & Research Institute Support is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians.

The Bureau of Psychiatric Services & Research Institute Support designates this **live internet activity** for a maximum of **4 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FUNDING STATEMENT

No commercial funding has been accepted for this activity

SOCIAL WORK CEUs

The Advisory Council is recognized by the NYS Education Department's State Board for Social Work as an approved provider for licensed social workers #SW 0484. Four Social Work CEUs will be awarded to attendees of the full conference.



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Attending Physician
The Johns Hopkins Hospital

Associate Professor
The Johns Hopkins University School of Medicine,
Department of Psychiatry and Behavioral Sciences

Dr. Fishman is an addiction psychiatrist with extensive experience in clinical care of addiction patients, addiction research, and program development and administration in the real world. He leads Maryland Treatment Centers / Mountain Manor, a regional behavioral healthcare provider, which offers programs for residential and outpatient substance use disorders (SUD) and co-occurring treatment for youth and adults. He is a member of the psychiatry faculty at Johns Hopkins University School of Medicine. He has been a principal investigator on numerous research studies in addiction and published extensively in the field. His academic and research work has focused on addiction pharmacotherapy, particularly in opioid use disorders (OUD); models of care for youth; and treatment placement and matching strategies. He was a member of the Guideline Committee that developed the American Society of Addiction Medicine (ASAM) National Practice Guideline for the Treatment of OUD in 2015 and its update in 2020. He served as a co-editor for past editions of the *ASAM Criteria for the Treatment of Substance-Related Disorders*. He served as a past President of the Maryland Society of Addiction Medicine.

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THE ADVISORY COUNCIL of the NYC CHILDREN'S CENTER and the NYC CHILDREN'S CENTER PRESENT:
The 49th LAURETTA BENDER Annual Lecture and Conference
Honored Lecturer:
Marc Fishman, M.D.



TUESDAY, NOVEMBER 4th, 2025

8:45 AM to 1:00 PM

LOCATION OF CONFERENCE:

Virtual Web-based

**Lauretta Bender Lecture
And Conference
November 4th, 2025**



**THE ADVISORY COUNCIL OF
NYC CHILDREN'S CENTER**
74-03 Commonwealth Boulevard
Bellerose, NY 11426