



FOTM

COMMUNITY TRAINING CENTER

Educate. • Equip. • Empower. • Enrich. • Transform.

Circle of SECURITY

8-WEEK PARENTING PROGRAM



Circle of Security is an 8-week parenting program designed for parents or caregivers who have children under 5 years of age in their care.

IN THIS PROGRAM, YOU WILL:



Learn how to understand your child's emotional needs and read their emotional world.



Learn how to support your child in managing their emotions successfully and enhance the development of their self-esteem.



Gain a deeper appreciation for your innate wisdom and desire to see your child grow into a secure and confident individual.



DATES:

Mondays
October 5, 2026 –
November 30, 2026



CLASS TIME:

10am – 11:30am



REGISTRATION DEADLINE:

Friday, October 2, 2026

REGISTER TODAY!

<https://form.jotform.com/262444989195171>



Scan
Me!


**VIRTUAL
CLASS**



Certificates ISSUED UPON COMPLETION



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