



# FOTM

Families On The Move of New York City, Inc. (FOTM)

*Yesterday, Today, Tomorrow...Families On The Move.*

## STRONG FAMILIES. HEALTHY CHILDREN. STRONGER COMMUNITIES.



### OUR SERVICES



#### Member benefits:

- Newsletter
- Reduced registration fees and eligibility for scholarship to the annual FOTMNYC conference.
- Participation at the annual FOTMNYC legislative luncheon.
- State and federal government news on children's mental health through the Legislative Action Network (LAN).
- Opportunity to vote for our Board of Director nominees.



#### Families of Children and Youth with emotional, behavioral or mental health challenges:

- A voice for the special needs of families.
- Up-to-date information on state-of-the-art care and treatment.
- Support to children and youth with emotional, behavioral or mental health challenges, and their families.
- Advocacy in the public forum for comprehensive, coordinated, community-based, culturally competent and family-driven services.
- Training and educational forums.



#### Agencies:

- Representation on boards and in meetings to ensure family voice is heard.
- Assistance in developing family partnerships, policies and procedures.
- Assist with the development of strategies related to cultural and linguistic competency.
- Pre-service & in-service family advocate training.
- Support and assistance to other family-run organizations.
- Presentations at State, Federal and International conferences and forums.



### OUR MISSION

Families On The Move of New York City, Inc. (FOTM) is a citywide family run organization that advocates for the rights and full participation to all children and families who have experienced or are experiencing learning, behavioral, emotional, mental wellness, and/or substance use challenges with the goal to promote health and wellness across the Health and Behavioral Health Systems. To meet the unique individualized needs of families and youth we serve, the mission of FOTM is accomplished by working in collaboration with our non-for-profit community partners.



### OUR CORE VALUES

- Family and youth are informed of their right to choose services and providers that meet their unique individualized needs through a person-centered approach in services provided.
- All goals are developed by the families and youth.
- Our members respect and honor difference.
- We use our experience as family members to create a more responsive systems of care for families, children, and youth.
- True partnerships are built between families, youth, and providers through shared power.
- There is strength in unity.



### OUR VISION

All families of children and youth who have emotional, behavioral, or mental health challenges will always get the help and support from FOTM working together with our community partners to meet their unique individualized needs using a person-centered approach in service delivery.



### WHO WE ARE

We are an organization of family members of children and youth who are experiencing emotional, behavioral and mental health challenges.



### WHAT WE DO

Emerging out of our personal experience, we have created and offer support services to help families through the maze of child serving systems.

We work with families involved with Child Welfare, Mental Health, Juvenile Justice, Education, Substance Abuse and Family Court, etc.

We help develop strategies to reduce or eliminate the systemic barriers that contribute to the disproportionate number of children of color who are receiving inappropriate services and placements across systems.



### OUR GOALS

- 1 Provide up-to-date information about "state of the art" care and evidenced based practices to families and youth with emotional, behavioral or mental health challenges.
- 2 Provide advocacy and support that is individualized, person centered, and trauma informed, for families and youth to ensure that they receive the best possible care.
- 3 Through our community partnerships, access to a full range of quality services are increased and creates change in the Health and Behavioral Systems that serve them.
- 4 Advocate in public forums for comprehensive community based, culturally competent, family-driven and child centered services.



**TOGETHER, WE CAN CREATE A BRIGHTER TOMORROW FOR OUR CHILDREN, YOUTH, AND COMMUNITIES.**

*Learn. Connect.  
Empower. Advocate.*

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The New York City Chapter of  
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