



FOTM

Families On The Move of New York City, Inc. (FOTM)
Yesterday, Today, Tomorrow...Families On The Move.



12 Week Virtual Anger Management Class



Program Dates:

March 15, 2023 – May 31, 2023

Every Wednesday

11:30am—1:00pm

TRAINING FEE: \$60.00

Manuals Provided

Certificate Provided Upon Completion

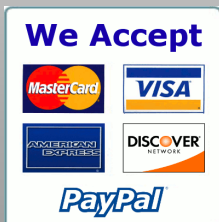
For registration or information, please contact

Simone Richards, Training Manager

Phone (347) 695-7868

Email: institute@fotmny.org

Managing Anger is an anger management training that collaborates with participants to identify the root causes of anger, develop, and implement strategies, identify triggers, enhance communication skills to reduce conflict, identify parenting styles, and modify thinking that leads to desired appropriate behavior modification when implemented.



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