

12- Week Virtual Parenting Journey 1

Program Dates: Thursdays

May 21, 2026 - August 6, 2026

Time: 11:00 am - 1:00 pm

Registration Deadline: Thursday, May 14, 2026

Parenting Journey helps parents explore the connection between how they were parented and how they are raising their children while also promoting their own self-care strategies

For Referrals:

<https://form.jotform.com/260974723227159>

or Scan the QR code



Increase your ability to nurture yourself and your children.

Build greater trust, empathy, and honesty.

Receive support, feedback, and resources

Certificates provided upon completion

Virtual classes via ZOOM

For more information, please contact

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 Parenting Journey