

12- Week Virtual Parenting Journey 1

Program Dates: Tuesdays

May 19, 2026 - August 4, 2026

Time: 11:00 am - 1:00 pm

Registration Deadline: Thursday, May 14, 2026

Parenting Journey helps parents explore the connection between how they were parented and how they are raising their children while also promoting their own self-care strategies

For Referrals:

<https://form.jotform.com/260974723227159>

or Scan the QR code



Increase your ability to nurture yourself and your children.

Build greater trust, empathy, and honesty.

Receive support, feedback, and resources

Certificates provided upon completion

Virtual classes via ZOOM

For more information, please contact

Simone Richards, Training Manager

Phone (347) 695-7868

Email: training@fotmny.org

Families On The Move of New York City, Inc.

358 St. Marks Place

Suite 302

Staten Island, NY 10301

(347) 682-4870

www.fotmny.org



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