



FOTM

COMMUNITY TRAINING CENTER

Educate. Equip. Empower. Enrich. Transform.

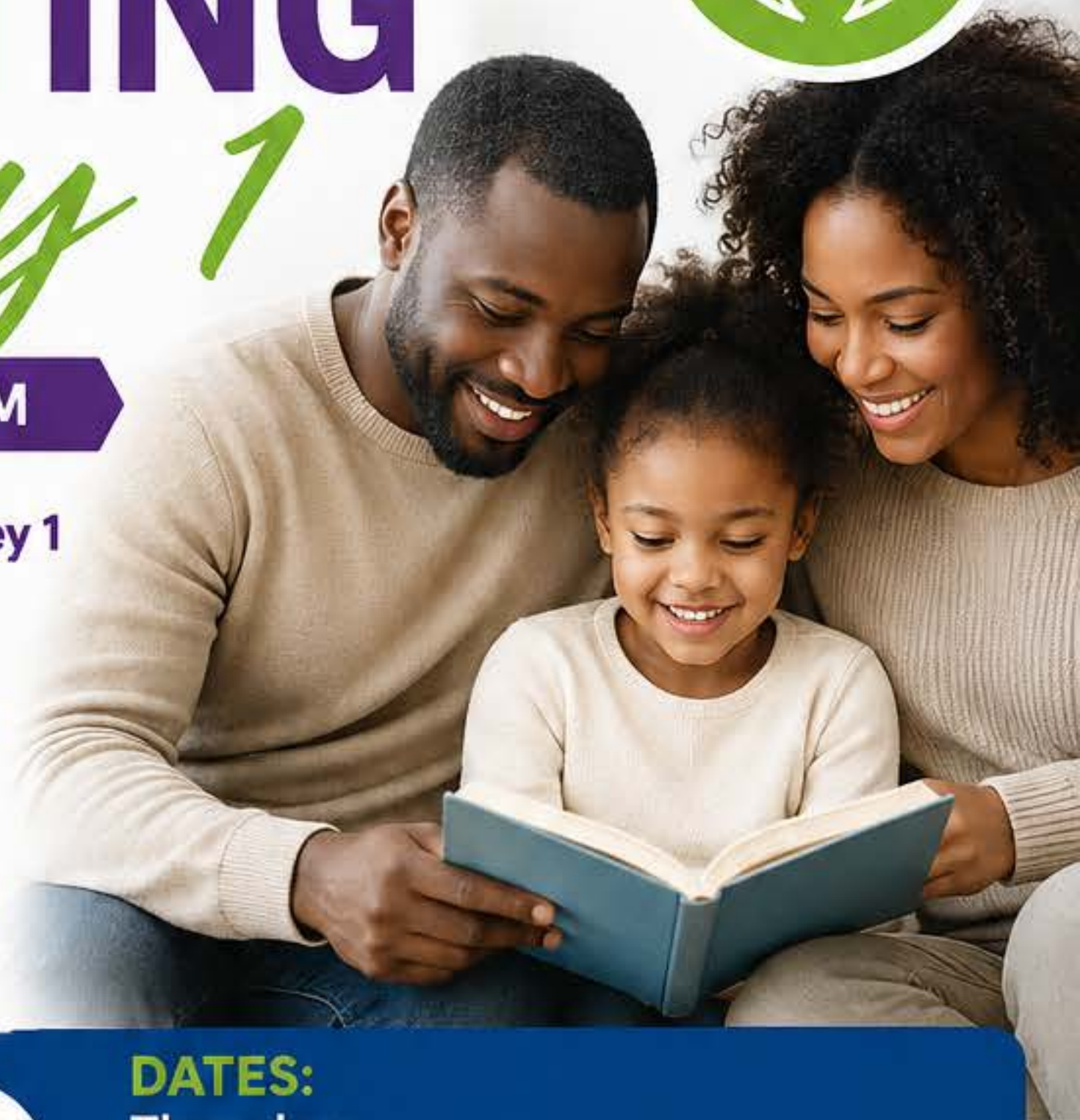


PARENTING *Journey 1*

12-WEEK VIRTUAL PROGRAM

The 12-week **Virtual Parenting Journey 1** program aims to boost the self-belief, skills, and emotional strength of parents and caregivers while fostering healthy family relationships.

Helps parents explore the connection between how they were parented and how they are raising their children.



**VIRTUAL
CLASS**



DATES:

Thursdays,
October 8, 2026 – January 21, 2027

TIME: 11:00 AM – 1:00 PM



**REGISTRATION
DEADLINE:**

Friday,
October 2, 2026

REGISTER TODAY!



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OR SCAN THE QR CODE →



**CERTIFICATES ISSUED
UPON COMPLETION!**

CONTACT



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Empowering parents. Strengthening families. Building a stronger community.

