



NYC ALLIANCES

Family and Youth Peer Support

- Support
- Advocacy
- Information & Referrals
- Skill Development
- Recreation
- Navigation

There is no one size fits all solution for youth and families, but one thing that consistently helps is having someone on your side – that's what we do.

Family and Youth Peer Support (FYPS) Services support and empower parents/caregivers of children and youth (birth – age 24) who are experiencing social, emotional, developmental, substance use, and/or behavioral challenges, and the children and youth themselves. DOHMH established a network of FYPS Alliances throughout New York City; there is one Alliance per borough. Vibrant Emotional Health Queens FYPSS is one of three agencies staffed by a team which includes Family Peer Advocates (FPAs), Youth Peer Advocates (YPAs), and a Program Supervisor.

- **Family Peer Advocate (FPA)** – has personal experience as a parent/primary caregiver of a child with social, emotional, developmental, substance use, and/or behavioral challenges, has helped their child navigate child-serving systems, and is trained and credentialed to provide an array of individual and group support services to other parents/caregivers.
- **Youth Peer Advocate (YPA)** - young adult who has emotional, behavioral, or mental health challenges themselves, and has had experience receiving services from the children's mental health and other child-serving systems and is trained and credentialed to provide an array of individual and group support services to other youth.
- **Help for Families and Youth who are new arrivals to New York City and America**
The New York City Alliances are contracted to serve undocumented and uninsured families, as well as other families and youth who may be at risk. We are also dedicated to providing mental health supports to promote wellness, regardless of the circumstances family and youth may face. We provide help in many languages in all boroughs of NYC.

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