



## *Making a Difference One Family at a Time!*

### **Families On The Move New York City, Inc.**

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9am - 5pm



Families On The Move of New York City, Inc.  
is a Chapter of Families Together of NYS and  
Federation of Families for Children's Mental Health

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# **FAMILIES ON THE MOVE OF NEW YORK CITY, INC.**

## **PEER YOUTH SUPPORT PROGRAMS**



## **FOTM**

Families On The Move of NYC, Inc.



## FOTM

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## Our Mission

Families On The Move of New York City, Inc. (FOTM) is a citywide family run organization that advocates for the rights and full participation to all children and families who have experienced or are experiencing learning, behavioral, emotional, mental wellness, and/or substance use challenges with the goal to promote health and wellness across the Health and Behavioral Health Systems

## Who We Are

FOTM Peer Youth Support Services are co-located at the Office of Mental Health New York City Children's Center (NYCCC) and South Beach Psychiatric Center campuses. Our program is driven to collaborate, assist and encourage youth, and fellow NYCCC providers. Our staff consists of Young Adults who are Peer Youth Support Advocates that provide:

- Support Groups
- Advocacy
- Peer-to-Peer Support
- Educational Support & Workshops
- Recreational Activities
- Participation in all phases of treatment meetings
- Transitional support services
- Community connections, linkages and referrals and Up-to-date information on evidence based practices to youth to ensure that they receive the best possible care.

## Our Core Values

- Family driven, youth guided and person centered goals are honored.
- We respect and honor diversity.
- We use our experience as family members to create a more responsive health and behavioral health system for families .
- True partnerships are built between families and providers through shared power.
- There is strength in unity.

