



# *Making a Difference One Family at a Time!*

## **Families On The Move New York City, Inc.**

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9am - 5pm



Families On The Move of New York City, Inc.  
is a Chapter of Families Together of NYS and  
Federation of Families for Children's Mental Health

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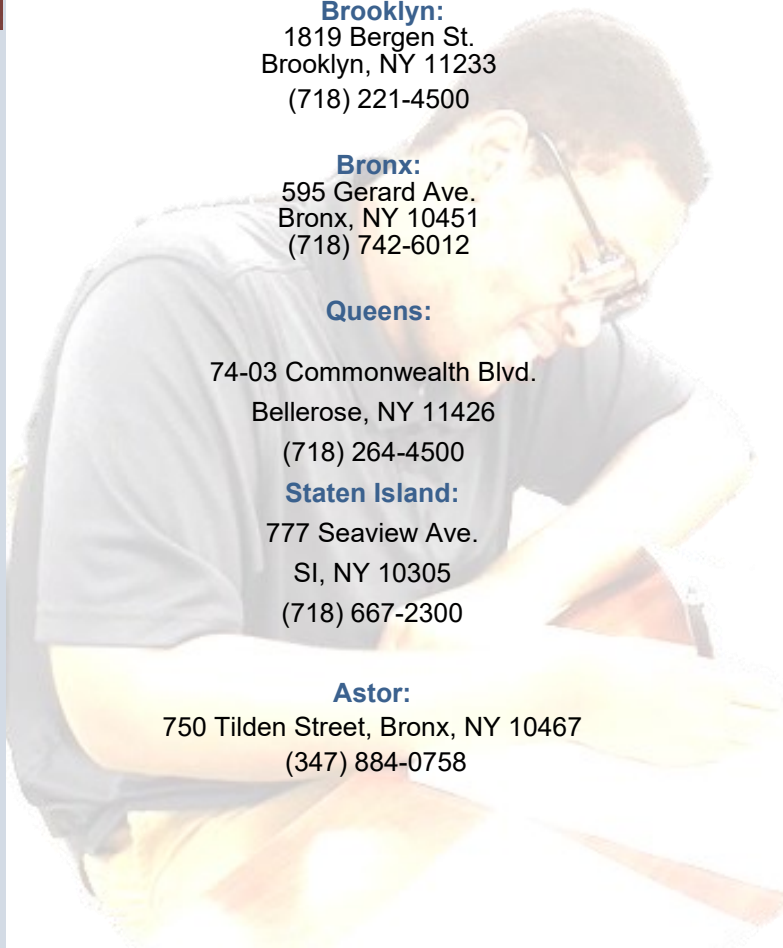
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# **FAMILIES ON THE MOVE OF NEW YORK CITY, INC.**

## **PEER YOUTH SUPPORT PROGRAMS**



## **FOTM**

Families On The Move of NYC, Inc.



## FOTM

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## Our Mission

Families On The Move of New York City, Inc. (FOTM) is a citywide family run organization that advocates for the rights and full participation to all children and families who have experienced or are experiencing learning, behavioral, emotional, mental wellness, and/or substance use challenges with the goal to promote health and wellness across the Health and Behavioral Health Systems. To meet the unique individualized needs of families and youth we serve, the mission of FOTM is accomplished by working in collaboration with our non-for-profit community partners.

## Who We Are

FOTM Peer Youth Support Services are co-located at the Office of Mental Health New York City Children's Center (NYCCC) and South Beach Psychiatric Center campuses. Our program is driven to collaborate, assist and encourage youth, and fellow NYCCC providers. Our staff consists of Young Adults who are Peer Youth Support Advocates that provide:

- Support Groups
- Advocacy
- Peer-to-Peer Support
- Educational Support & Workshops
- Recreational Activities
- Participation in all phases of treatment meetings
- Transitional support services
- Community connections, linkages and referrals and Up-to-date information on evidence based practices to youth to ensure that they receive the best possible care.

## Our Core Values

- Family and youth are informed of their right to choose services and providers that meet their unique individualized needs through a person-centered approach in services provided.
- All goals are developed by the families and youth.
- Our members respect and honor difference.
- We use our experience as family members to create a more responsive systems of care for families, children, and youth.
- True partnerships are built between families, youth, and providers through shared power.
- There is strength in unity

