



# FOTM

Families On The Move of New York City, Inc. (FOTM)

Yesterday, Today, Tomorrow...Families On The Move.



# PEER YOUTH SUPPORT PROGRAMS

Empowering Youth. Strengthening Communities. Building Brighter Futures.



## OUR MISSION

Families On The Move of New York City, Inc. (FOTM) is a citywide family run organization that advocates for the rights and full participation to all children and families who have experienced or are experiencing learning, behavioral, emotional, mental wellness, and/or substance use challenges with the goal to promote health and wellness across the Health and Behavioral Health Systems. To meet the unique individualized needs of families and youth we serve, the mission of FOTM is accomplished by working in collaboration with our non-for-profit community partners.



## OUR CORE VALUES

- ✓ Family and youth are informed of their right to choose services and providers that meet their unique individualized needs through a person-centered approach in services provided.
- ✓ All goals are developed by the families and youth.
- ✓ Our members respect and honor differences.
- ✓ We use our experience as family members to create a more responsive systems of care for families, children, and youth.
- ✓ True partnerships are built between families, youth, and providers through shared power.
- ✓ There is strength in unity.



## WHO WE ARE

FOTM Peer Youth Support Services are co-located at the Office of Mental Health New York City Children's Center (NYCCC) and South Beach Psychiatric Center campuses. Our program is driven to collaborate, assist and encourage youth, and fellow NYCCC providers. Our staff consists of Young Adults who are Peer Youth Support Advocates that provide:

- Support Groups
- Advocacy
- Peer-to-Peer Support
- Educational Support & Workshops
- Recreational Activities
- Participation in all phases of treatment meetings
- Transitional support services
- Community connections, linkages and referrals and Up-to-date information on evidence based practices to youth to ensure that they receive the best possible care



**TOGETHER, WE CAN CREATE POSITIVE CHANGE AND BUILD STRONGER TOMORROWS.**



### CONTACT:

**Natasha Moore**

Family & Youth Peer Support Program Director



(917) 831-6729



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Visit us online!

[www.fotmny.org](http://www.fotmny.org)



## OUR LOCATIONS



### BROOKLYN:

1819 Bergen St.  
Brooklyn, NY 11233  
(718) 221-4500



### BRONX:

1159 River Avenue.  
Bronx, NY 10452  
(929) 348-4561



### QUEENS:

74-03 Commonwealth Blvd.  
Bellerose, NY 11426  
(718) 264-4500



### MANHATTAN:

Robert F. Kennedy, PS M169  
110 East 88th Street  
New York, NY 10128



### STATEN ISLAND:

777 Seaview Ave.  
Staten Island, NY 10305

(718) 667-2300



### ASTOR:

750 Tilden Street,  
Bronx, NY 10467

(347) 884-0758

Serving families from the Bronx, Brooklyn, Manhattan, Queens and Staten Island.