



NEW YORK CITY DEPARTMENT OF

HEALTH AND MENTAL HYGIENE

Oxiris Barbot, MD

Commissioner

**Bureau of Children,
Youth and Families**

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The **Family Resource Centers (FRCs)** provide individual and group-based family support services to parents/caregivers of children and youth (birth- age 24) who have or are at risk for developing emotional, behavioral, or mental health challenges, using a family and youth peer model.

FRCs provide to parents/caregivers and youth:

- Emotional support
- Advocacy to help navigate child-serving systems
- Information about mental health conditions, services, and family rights
- Referrals to appropriate services and resources
- Skill development through educational workshops
- Recreational activities
- Respite

All FRC services are free of charge, and no referral is needed to access services.

Warm-line: A phone line answered by a family advocate for family members, professionals, and members of the public to call with non-crisis questions and/or concerns

<p><i>FRC of Northern Bronx – Vibrant Emotional Health</i> 975 Kelly Street, Suite 301 Bronx, NY 10459</p> <p>Program Director: Iliana Reyes Phone: 718-220-0456</p>	<p><i>FRC of Southern Manhattan – Vibrant Emotional Health</i> 1 Penn Plaza 36th floor Suites 3696 and 3697 New York NY 10019</p> <p>Program Director: Janet Rosa Phone: 212 964 5253</p>	<p><i>FRC of Queens – Vibrant Emotional Health</i> 29-46 Northern Boulevard, 2nd Fl Long Island City, NY 11101</p> <p>Program Director: Ina Concepcion Phone: 718- 651-1960 Phone: 718-698-5307</p>
<p><i>FRC of Southern Bronx – Vibrant Emotional Health</i> 975 Kelly Street, Suite 301 Bronx, NY 10459</p> <p>Program Director: Yvette Pena Phone: 718-220-3868</p>	<p>For services and resources in Staten Island – Please reach out to the following numbers for assistance:</p> <p>Warm Line: 347-394-5186 Warm Line: 877-425-8133</p>	<p><i>FRC of Northern Brooklyn – Institute for Community Living</i> 2581 Atlantic Avenue Brooklyn, NY 11207</p> <p>Program Director: Terri Johnson Phone: 718-290-8100 Warm Line: 877-425-8133</p>
<p><i>FRC of Northern Manhattan – Vibrant Emotional Health</i> 1 Penn Plaza 36th floor Suites 3696 and 3697 New York NY 10119</p> <p>Program Director: Lucy Santana Phone: 212-410-1820</p>		<p><i>FRC of Southern Brooklyn – Jewish Child Care Association</i> 858 East 29th St. Brooklyn, NY 11210</p> <p>Program Director: Yudelca DeLaCruz Phone: 347-462-8124 Warm Line: 347-394-5186</p>

For more information, contact Salena Mullen at smullen@health.nyc.gov