



Swimming ACT Winter Short Course Meet #1

Saturday and Sunday 27-28 April 2024

AIS Swimming Complex, Leverrier St, Bruce ACT

Program of Events

Saturday		
Warm up: 8:30m – Start 9:15am		
M	F	Event
1	2	10&U 25m Freestyle
3	4	12&U 50m Freestyle
7	8	12&U 100m Butterfly
11	12	10&U 25m Backstroke
13	14	12&U 50m Backstroke
17	18	12&U 200m IM
21	22	10&U 25m Breaststroke
23	24	12&U 50m Breaststroke
27	28	12&U 100m Freestyle
31	32	10&U 25m Butterfly
33	34	12&U 50m Butterfly
37	38	12&U 100m Breaststroke
41	42	12&U 100m IM
45	46	12&U 100m Backstroke
49	50	9&O 400m Freestyle
51	52	13&O 200m IM
53	54	13&O 100m Freestyle
55	56	9&O 200m Breaststroke
57	58	13&O 100m Backstroke
59	60	13&O 50m Butterfly
61	62	13&O 1500m Freestyle

Sunday		
Warm up: 8:00m – Start 9:15am		
63	64	9&O 200m Freestyle
65	66	11&O 400m IM
67	68	13&O 50m Backstroke
69	70	13&O 100m Breaststroke
71	72	9&O 200m Butterfly
73	74	11&O 800m Freestyle
75	76	13&O 100m IM
77	78	13&O 50m Freestyle
79	80	9&O 200m Backstroke
81	82	13&O 100m Butterfly
83	84	13&O 50m Breaststroke

Entry Information

ENTRIES

- All 25m events: \$5.00
- 12 & U: all 50m, 100m events and 200 Medley: \$6.50
- All other events: \$10.00
- Swimmers can enter a maximum of 5 events in the 12 and under block of Event 1 to Event 44. No restrictions on the number of entries for Events 49 and up.
- Age as at 27 April 2024
- Entries close at 8:00pm on Tuesday 23 April 2024
- Online entries for swimming club members through Swim Central.
- Visitors welcome
- MC swimmers are welcome. No qualifying times apply. Email meets@swimmingact.com.au to enter.
- Swimmers aged 12 and under who are not members of a swimming club are welcome to attend this meet. Email meets@swimmingact.com.au for entry details.
- Meet information on the Swimming ACT website (act.swimming.org.au) from the Home Page scroll down the home until you reach Winter Meet 1.
- Full automatic timing
- Entry time must be the swimmer's best short or long course time for that event ever achieved.
- All events will be timed finals

25M EVENTS

- A swimmer may only enter a 25m event if they have never swum a longer distance in that stroke at any meet (including club nights and school meets) where the time achieved has been recorded as an official time. Any swimmer entering a 25m event cannot enter a longer distance in that stroke at this meet.
- Multi-class swimmers may enter 25m events regardless of age or other restrictions

NEW SWIMMERS

New swimmers aged 10 and under can only enter 25m events until they have achieved a time faster than 30.00 seconds for a given stroke. Once they have achieved a time faster than 30.00 seconds for the 25m of a given stroke they are permitted to enter the 50m event for that stroke.

A new swimmer is a swimmer who does not have an officially recognised time (long course or short course) at the 50m distance for a given stroke.

DIVISIONS

All 12 & under 50m and 100m events, and the 200m Individual Medley, will be swum in Development and Qualifying Divisions with swimmers placed in the appropriate division based on their entry time. Rule considerations apply for swimmers in the Development Division.

WARM UP

The non-competition end of the pool will be available for warm up and swim down throughout the meet.

DISTANCE EVENTS

Qualifying time apply to all events of 200m or longer except the 200m Individual Medley.

Where a swimmer does not have a qualifying time for a particular event they may qualify to swim that event using an alternate (shorter) distance to qualify. For example, they can use a 100m time to qualify for the 200m event. Alternate qualifying events will appear in Swim Central as the shorter distance and will appear with an event number in the 900 range. *For example: to enter event 79 (200m backstroke) using an alternate 100m backstroke qualifying time, the swimmer should enter event 979 (100m backstroke).*

Event	Qualifying Time	Alternate qualifying distance	Alternate qualifying Time	Enter event (M/F)
49/50 9&O 400m Freestyle	6:00.00	200m Free	3:00.00 for 200m	949/950
55/56 9&O 200m Breaststroke	3:57.50	100m Breast	See below	955/956
61/62 13&O 1500m Freestyle	20:36.00	400m Free	6:00.00 for 400m	961/962
63/64 9&O 200m Freestyle	3:19.50	100m Free	See below	963/964
65/66 11&O 400m IM	6:26.50	200m IM	3:23.50 for 200m	965/966
71/72 9&O 200m Butterfly	3:34.00	100m Fly	See below	971/972
73/74 11&O 800m Freestyle	12:12.00	400m Free	6:00.00 for 400m	973/974
79/80 9&O 200m Backstroke	3:24.00	100m Back	See below	979/980

100m times required to qualify for 200m events:

Girls	13 & O	12	11	10	9
Freestyle	1:16.00	1:18.50	1:23.00	1:29.00	1:35.50
Backstroke	1:26.50	1:29.50	1:35.50	1:42.50	1:48.00
Breaststroke	1:41.00	1:43.00	1:49.00	1:57.50	2:03.00
Butterfly	1:27.00	1:29.50	1:37.00	1:47.00	1:50.00
Boys	13 & O	12	11	10	9
Freestyle	1:12.50	1:17.00	1:23.00	1:27.50	1:34.50
Backstroke	1:24.00	1:29.00	1:35.00	1:41.00	1:48.00
Breaststroke	1:36.00	1:42.00	1:50.50	1:57.50	2:06.50
Butterfly	1:23.00	1:29.50	1:37.00	1:45.00	1:55.00