



Swimming ACT Winter Short Course Meet #2

Saturday and Sunday 1-2 June 2024

AIS Swimming Complex, Leverrier St, Bruce ACT

Program of Events

Saturday		
Warm up: 8:30m – Start 9:15am		
M	F	Event
1	2	13&O 200m Medley
3	4	13&O 50m Breaststroke
5	6	13&O 100m Butterfly
7	8	9&O 200m freestyle
9	10	13&O 50m Backstroke
11	12	13&O 100m Freestyle
13	14	9&O 200m Breaststroke
15	16	13&O 50m Butterfly
17	18	13&O 100m Backstroke
19	20	9&O 200m Butterfly
21	22	13&O 50m Freestyle
23	24	9&O 200m Backstroke
25	26	13&O 100m Breaststroke
27	28	13&O 100m Medley

Sunday		
Warm up: 8:00m – Start 9:15am		
M	F	Event
29	30	13&O 1500m Freestyle
31	32	11&O 800m Freestyle
33	34	9&O 400m Freestyle
35	36	11&O 400m Medley
12 & under session		
Start not before 12 noon		
37	38	12&U 200m Medley*
41	42	12&U 25m Breaststroke
43	44	12&U 50m Breaststroke*
47	48	12&U 100m Freestyle*
51	52	12&U 25m Backstroke
53	54	12&U 50m Backstroke*
57	58	12&U 100m Medley*
61	62	12&U 100m Butterfly*
65	66	12&U 25m Freestyle
67	68	12&U 50m Freestyle*
71	18	12&U 100m Breaststroke*
75	76	12&U 25m Butterfly
77	78	12&U 50m Butterfly*
81	82	12&U 100m Backstroke*

* Development and Qualifying division events

Entry Information

ENTRIES

- All 25m events: \$5.00
- 12 & U: all 50m, 100m events and 200 Medley: \$6.50
- All other events: \$10.00
- Swimmers can enter a maximum of 5 events in the 12 and under block of Event 37 to Event 82. No restrictions on the number of entries for Events 1 to 36.
- Age as at 1 June 2024
- Entries close at 8:00 pm on Tuesday 28 May 2024
- Online entries for swimming club members through Swim Central.
- Visitors welcome
- Swimmers aged 12 and under who are not members of a swimming club are welcome to attend this meet. Email meets@swimmingact.com.au for entry details.
- Meet information on the Swimming ACT website (act.swimming.org.au) from the Home Page scroll down the home until you reach Winter Meet 2.
- Full automatic timing
- Entry time must be the swimmer's best short or (unconverted) long course time for that event ever achieved.
- All events will be timed finals
- The start time for the 12 & under session on Sunday will be advised to all participating families if it is expected to be later than 12 noon.

25M EVENTS

- A swimmer may only enter a 25m event if they have never swum a longer distance in that stroke at any meet (including club nights and school meets) where the time achieved has been recorded as an official time. Any swimmer entering a 25m event cannot enter a longer distance in that stroke at this meet.
- Multi-class swimmers may enter 25m events regardless of age or other restrictions

NEW SWIMMERS

New swimmers aged 10 and under can only enter 25m events until they have achieved a time faster than 30.00 seconds for a given stroke. Once they have achieved a time faster than 30.00 seconds for the 25m of a given stroke they are permitted to enter the 50m event for that stroke.

A new swimmer is a swimmer who does not have an officially recognised time (long course or short course) at the 50m distance for a given stroke.

DIVISIONS

All 12 & under 50m and 100m events, and the 200m Individual Medley, will be swum in Development and Qualifying Divisions with swimmers placed in the appropriate division based on their entry time. Rule considerations apply for swimmers in the Development Division.

WARM UP

The non-competition end of the pool will be available for warm up and swim down throughout the meet.

DISTANCE EVENTS

Qualifying time apply to all events of 200m or longer except the 200m Individual Medley.

Where a swimmer does not have a qualifying time for a particular event they may qualify to swim that event using an alternate (shorter) distance to qualify. For example, they can use a 100m time to qualify for the 200m event. Alternate qualifying events will appear in Swim Central as the shorter distance and will appear with an event number in the 900 range. *For example: to enter event 23 (200m backstroke) using an alternate 100m backstroke qualifying time, the swimmer should enter event 923 (100m backstroke).*

Event	Qualifying Time	Alternate qualifying distance	Alternate qualifying Time	Enter event (M/F)
7/8 9&O 200m Freestyle	3:19:50	100m Free	See below	907/908
13/14 9&O 200m Breaststroke	3:57.50	100m Breast	See below	913/914
19/20 9&O 200m Butterfly	3:34.00	100m Fly	See below	919/920
23/24 9&O 200m Backstroke	3:24.00	100m Back	See below	923/924
29/30 13&O 1500m Freestyle	20:36.00	400m Free	6:00.00 for 400m	929/930
31/32 11&O 800m Freestyle	12:12.00	400m Free	6:00.00 for 400m	931/932
33/34 9&O 400m Freestyle	6:00.00	200m Free	3:00.00 for 200m	933/934
35/36 11&O 400m IM	6:26.50	200m IM	3:23.50 for 200m	935/936

100m times required to qualify for 200m events:

Girls	13 & O	12	11	10	9
Freestyle	1:16.00	1:18.50	1:23.00	1:29.00	1:35.50
Backstroke	1:26.50	1:29.50	1:35.50	1:42.50	1:48.00
Breaststroke	1:41.00	1:43.00	1:49.00	1:57.50	2:03.00
Butterfly	1:27.00	1:29.50	1:37.00	1:47.00	1:50.00
Boys	13 & O	12	11	10	9
Freestyle	1:12.50	1:17.00	1:23.00	1:27.50	1:34.50
Backstroke	1:24.00	1:29.00	1:35.00	1:41.00	1:48.00
Breaststroke	1:36.00	1:42.00	1:50.50	1:57.50	2:06.50
Butterfly	1:23.00	1:29.50	1:37.00	1:45.00	1:55.00