



SOUTHERN INLAND SWIMMING ASSOCIATION INC

DENILQUIN A.S. & LSC Inc.

Saturday, 10th January, 2026. Warm up 11:00 am: Start time 12:00noon

Denilquin Swim Centre, Poitiers Street, Denilquin.

SISA approved Qualifying Meet.

Entry Fee: **\$8.50** per individual event. Raffle tickets and programs will be available for purchase on the day.

All events are timed finals conducted in "all age" format. Age is as at day of meet. SNSW

& SA Rules apply.

Medals for 1st, 2nd and 3rd placegetters in the specified age groups

*****Competitors in the 8 & under 25m events are not permitted to swim in the 50m events in the same stroke.**

No refunds given.

Entries via Swim Central

Entries close **4th January 2026**

Enquires to deniswimclub@hotmail.com

Male	Female	Age group		Stroke
1	2	Open	200m	Freestyle
3	4	8 & under	25m	Freestyle
5	6	8 & under, 9/10,11/12,13/14,15 & over	50m	Freestyle
7	8	9 & under,10/11,12/13,14 & over	100m	Breaststroke
9	10	8 and under	25m	Backstroke
11	12	8 & under, 9/10,11/12,13/14,15 & over	50m	Backstroke
13	14	11 & under,12/13,14 & over	100m	Butterfly
15	16	8 and under	25m	Breaststroke
17	18	8 & under, 9/10,11/12,13/14,15 & over	50m	Breaststroke
19	20	9 & under,10/11,12/13,14 & over	100m	Backstroke
21	22	8 and under	25m	Butterfly
23	24	8 & under, 9/10,11/12,13/14,15 & over	50m	Butterfly
25	26	9 & under,10/11,12/13,14 & over	100m	Freestyle
27	28	9 & under,10/11,12/13,14 & over	200m	Individual Medley
29	30	Open	400m	Freestyle
Mixed 10 x 50m Relay (Time permitting)				