

## **Coleambally Swimming Club – Development Meet**

**November 26, 2022**

10.30- 12 noon - Start the day with a coaching session with Billy Nicholson from Swimming NSW

The coaching session is open to any member (aged 8+) of a SISA affiliated club who is participating in the development meet, free of charge. Working on race skills (starts/turns/finishes).

### **The Racing**

**Warm up @ 1pm**

**Racing @ 2pm**

The Coleambally Development Meet is open to all ages, with events starting at 12.5m.

NB: Competitors entering the 12.5m or 25m events are NOT permitted to swim in longer events for that stroke.

See attached meet flyer for more information.

Entries are open on Swim Central.

For more information contact us by email:

[colyswimclub@outlook.com](mailto:colyswimclub@outlook.com) or phone Naomi Jones 0418 827914.

## Coleambally Swimming Club – Development Meet

**Date:** 26<sup>th</sup> November 2022 **Warm up:** 1pm **Racing:** 2pm

Entry Fee: \$5 per individual event.

Each family will receive 1 free program and a lucky door number on entry.

All events are timed finals conducted in “all age” format.

Age is at day of meet, SNSW & SAL rules apply.

Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> placegetters in the specified age groups.

Competitors entering the 12.5m & 25m events are NOT permitted to swim in longer events for that stroke.

Entries close: 9pm - Monday, November 22<sup>nd</sup>

Entries online via Swim Central or email: [colyswimclub@outlook.com](mailto:colyswimclub@outlook.com)

| Male Event no | Female Event No | Age Group                        | Distance | Stroke       |
|---------------|-----------------|----------------------------------|----------|--------------|
| 1             | 2               | 7 & under                        | 12.5m    | Freestyle    |
| 3             | 4               | 7 & U, 8, 9, 10                  | 25m      | Freestyle    |
| 5             | 6               | 8 & U, 9, 10, 11, 12, 13, 14 & O | 50m      | Freestyle    |
| 7             | 8               | 8 & U, 9, 10, 11, 12, 13, 14 & O | 100m     | Butterfly    |
| 9             | 10              | 7 & under                        | 12.5m    | Breaststroke |
| 11            | 12              | 7 & U, 8, 9, 10                  | 25m      | Breaststroke |
| 13            | 14              | 8 & U, 9, 10, 11, 12, 13, 14 & O | 50m      | Breaststroke |
| 15            | 16              | 8 & U, 9, 10, 11, 12, 13, 14 & O | 100m     | Backstroke   |
| 17            | 18              | 7/8, 9/10m 11/12, 13 & O         | 100m     | Medley       |
| 19            | 20              | 7 & Under                        | 12.5     | Butterfly    |
| 21            | 22              | 7 & U, 8, 9, 10                  | 25       | Butterfly    |
| 23            | 24              | 8 & U, 9, 10, 11, 12, 13, 14 & O | 50       | Butterfly    |
| 25            | 26              | 8 & U, 9, 10, 11, 12, 13, 14 & O | 100      | Breaststroke |
| 27            | 28              | 7 & Under                        | 12.5     | Backstroke   |
| 29            | 30              | 7 & U, 8, 9, 10                  | 25       | Backstroke   |
| 31            | 32              | 8 & U, 9, 10, 11, 12, 13, 14 & O | 50       | Backstroke   |
| 33            | 34              | 8 & U, 9, 10, 11, 12, 13, 14 & O | 100      | Freestyle    |
| 35            | 36              | 7/8, 9/10, 11/12, 13 & O         | 200      | Medley       |
| 37            | 38              | 25m Dash for Cash                | 25       | Freestyle    |
| 39            | 40              | 50m Dash for Cash                | 50       | Freestyle    |