

NORTH ALBURY SWIM CLUB

LONG COURSE OPEN MEET



**Sunday 9th
November
2025**

@Lavington Pool

- ✓ BBQ available
- ✓ Awesome Raffle Prizes
- ✓ All ages

**Medals
awarded for
14 yrs & under.**

**Random Cash
Prizes awarded
to 15 yrs & over.**

ENTRY FEE: \$8 per event.

CLOSING DATE: 11.59pm Monday 3rd November 2025

ENQUIRIES TO: Kayleen Peacock (0417 310 298)

(northalburysc@gmail.com)

NO LATE ENTRIES

There are qualifying times for the 400m Free & all 200m events.

www.swimcentral.swimming.org.au/events



LIST OF EVENTS



Email enquiries to: northalburysc@gmail.com
Entries via Swim Central.

<u>M</u>	<u>E</u>	<u>Event</u>		
1	2	Open	200m	Free
3	4	Multiclass	50m	Fly
5	6	All Age	50m	Fly
7	8	Multiclass	50m	Back
9	10	All Age	50m	Back
11	12	Multiclass	50m	Free
13	14	All Age	50m	Free
15	16	Multiclass	50m	Breast
17	18	All Age	50m	Breast
19	20	Open	200m	Fly



Contact
NASC Marlins at:
northalburysc@gmail.com



LIST OF EVENTS

20 minute Lunch Break				
21	22	Open	200m	Breast
23	24	All Age	200m	IM
25	26	Multiclass	200m	IM
27	28	All Age	100m	Fly
29	30	All Age	100m	Back
31	32	All Age	100m	Breast
33	34	Open	200m	Back
35	36	Multiclass	100m	Free
37	38	All Age	100m	Free
39	40	Open	400m	Free

Below events are awarded medals

Freestyle	50m	8/under, 9-10, 11-12, 13-14, MC
	100m	12/under, 13-14, MC
Backstroke	50m	8/under, 9-10, 11-12, 13-14, MC
	100m	12/under, 13-14, MC
Breaststroke	50m	8/under, 9-10, 11-12, 13-14, MC
	100m	12/under, 13-14, MC
Butterfly	50m	10/under, 11-12, 13-14, MC
	100m	12/under, 13-14, MC
IM	200m	10/under, 11-12, 13-14, MC

TERMS & CONDITIONS

**Email enquiries to: northalburysc@gmail.com
Entries via Swim Central.**

1. This Meet will be conducted under the rules of SNSW.
2. All swimmers must be registered with SNSW, Swim Vic or equivalent.
3. Swimmers can only enter their own AGE or OPEN events.
4. Multi-Class events are only open to swimmers who have an MC classification. For MC events, classification for all strokes should be included on the entry form.
5. Subject to all conditions being met all results will be forwarded to SNSW.
6. All events will be timed finals. Results will be uploaded into Swim Central.
7. Age as at 9th November 2025
8. The Meet Director reserves the right to change the program and conditions as necessary.
9. It is the responsibility of swimmers and coaches to ensure that swimmers marshal for their events in a timely manner three events a head of the event in which they are swimming.
10. Results by event will be posted at the pool in a prominent position. Completed results from the weekend will be available from www.sisaswimming.com.au and www.oandmdistrictswimming.org.au
11. BBQ will be available.
12. Marshalling will be Self Marshalling.

TERMS & CONDITIONS

ENTRY FEE: \$8 per event.

CLOSING DATE: 11.59pm Monday 3rd November

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NO LATE ENTRIES

SESSION 1 Open Meet
Sunday 9th November 2025
Warm up 9.30am-Start 10.30am

INVITATION - 50 M FREESTYLE HANDICAPS.

Male and Female Handicap

Events will be held prior to event 21. Those invited to compete will be selected from the fastest times in each age group in the 50m freestyle events from Session 1.

The winning male and female will receive a cash prize. Swimmers invited to compete in the Invitation Handicap MUST compete in the 50m freestyle heats PLUS 3 OTHER events.

We will be offering spot prizes for 15 & over. These will occur randomly through our meet



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