



SOUTHERN INLAND SWIMMING ASSOCIATION INC.

SISA SC Winter Championship Meet

Hosted by Southern Inland Swimming

Sunday 8th June 2025

- Venue:** **Wodonga Sport & Leisure Centre, Hedgerow Court Wodonga 3690**
- Pool Entry:** **Swimmers \$5 (Paid with entries) & Spectators pay at the door.**
- Date and Times:** **Sunday 8th June 2025, Warm Up 10 AM to 10.45 AM, Races: 11 AM Sharp.**
- Event Booking 10AM to 4PM.**
- Entries:** \$8 per event. (Senior's events S NSW Meet Levy Fee) & (25 Mtr Events Free Entry)
Online Entries Preferred. Meet Manager or Team Manager file for manual entries is available upon request. Please send request for manual entries to sisa.entries@gmail.com
- Payment:** All manual entry payments made to Southern Inland Swimming Association
 Preferred payment by EFT to Bank Account: BSB 062621 Acc. No. 10129024, **Copy of deposit slip required by Email.** Other payment types made payable to Southern Inland Swimming Association and paid up to the start of events to the Meet Director
- Closing Date:** 8 PM, Monday 2nd June 2025
- Medals:** First, Second and Third in each event and age group receive awards.
 All events are Timed Finals.
 This Swim Meet is conducted under the rules of SISA, SAL and Swimming NSW

Male	Female	Age Groups	Distance	Stroke	Qualifying Time
1	2	OPEN	400m	Freestyle	6.30
3	4	Para Sport 12yr & U, 13yr & O	100m	Butterfly	3.55
5	6	8/U, 9-10, 11-12, 13-14, 15/O	100m	Butterfly	3.30
7	8	Seniors (18/O)	50m	Backstroke	2.15
9	10	Para Sport 12yr & U, 13yr & O	50m	Backstroke	2.30
11	12	8/U, 9-10, 11-12, 13-14, 15/O	50m	Backstroke	2.15
13	14	8/U, 9-10	25m	Backstroke	
21	22	OPEN	200m	Breaststroke	4.15
23	24	Para Sport 12yr & U, 13yr & O	100m	Freestyle	3.30
25	26	8/U, 9-10, 11-12, 13-14, 15/O	100m	Freestyle	2.45
27	28	Seniors (18/O)	50m	Breaststroke	2.15
29	30	Para Sport 12yr & U, 13yr & O	50m	Breaststroke	2.30
31	32	8/U, 9-10, 11-12, 13-14, 15/O	50m	Breaststroke	2.15
33	34	8/U, 9-10	25m	Breaststroke	
35	36	OPEN	200m	Backstroke	3.50
37	38	9/U, 10-11	100m	Individual Medley	4.00
39	40	10/U, 11-12, 13-14, 15/O	200m	Individual Medley	5.00
43	44	Para Sport 12yr & U, 13yr & O	100m	Backstroke	3.50
45	46	8/U, 9-10, 11-12, 13-14, 15/O	100m	Backstroke	3.20
47	48	Seniors (18/O)	50m	Butterfly	2.15
49	50	Para Sport 12yr & U, 13yr & O	50m	Butterfly	2.30
51	52	8/U, 9-10, 11-12, 13-14, 15/O	50m	Butterfly	2.15
53	54	8/U, 9-10	25m	Butterfly	
61	62	10/U, 11-12, 13-14, 15/O	200m	Freestyle	3.30
63	64	Para Sport 12yr & U, 13yr & O	100m	Breaststroke	4.15
65	66	8/U, 9-10, 11-12, 13-14, 15/O	100m	Breaststroke	3.30
67	68	Seniors (18/O)	50m	Freestyle	1.50
69	70	Para Sport 12yr & U, 13yr & O	50m	Freestyle	2.00
71	72	8/U, 9-10, 11-12, 13-14, 15/O	50m	Freestyle	1.50
73	74	8/U, 9-10	25m	Freestyle	
75	76	OPEN	200m	Butterfly	3.55

- Conditions
- Swimmers & Spectators are to adhere to all Wodonga City Council, Sports & Leisure Centre & COVID-19 Conditions (Please take note of any conditions on entry)
- warm up/cool down facilities, Depth at start end is 1.65m
- **Swimmers may only enter one Individual Medley event.**
- **Any swimmer entering more than one event in the same stroke & distance e.g. Para, Seniors & All Age. Can only score points & collect awards in one event & swim as an Exhibition swimmer in the other event/s**
- **Swimmers who enter a 25m event, are ineligible to enter any other distance in that stroke or 200 IM.**
- SAT timing.
- Non-SISA swimmers are welcome to compete and are eligible for medals but not records.
- For any enquiries, please email Meet Director, SISA at sisa.entries@gmail.com
- SISA Champs will not have DQ tolerance for any events.