



SOUTHERN INLAND SWZ QUALIFYING MEET No. 3 JUNEE

**Warm Up 9.00am for 10.00 am Start
Sunday 17th December 2023**

				Qualify Time	Break Time
1	2	OPEN	400m INDIVIDUAL MEDLEY MEDAL	8.00.00	
3	4	All-Age	100m BREASTSTROKE		
5	6	Para Sport	50m FREESTYLE MEDAL		
7	8	Masters 21+	50m FREESTYLE MEDAL		
9	10	20 yrs. & under	50m FREESTYLE MEDAL		
11	12	10 yrs. & under	25m FREESTYLE		25.00
13	14	All-Age	200m BACKSTROKE	3.50.00	
15	16	OPEN	100m BUTTERFLY MEDAL		
17	18	Para Sport	50m BACKSTROKE		
19	20	All-Age	50m BACKSTROKE		
21	22	10 yrs. & under	25m BACKSTROKE		30.00
23	24	OPEN	200m FREESTYLE MEDAL	3.30.00	
25		LYNCH RELAY	4 x 50m Freestyle, 10 yrs. & under		Boys and/or Girls
LUNCH					
27		GEORGE IRELAND RELAY	6 x 50m Freestyle		Open Men
28		PARAGON RELAY	4 x 50m Freestyle		Open Women
29	30	All-Age	200m INDIVIDUAL MEDLEY	5.00.00	
31	32	Masters 21+	100m FREESTYLE		
33	34	20 yrs. & under	100m FREESTYLE		
35	36	Para Sport	50m BREASTSTROKE		
37	38	OPEN	50m BREASTSTROKE MEDAL		
39	40	10 yrs. & under	25m BREASTSTROKE		30.00
41	42	All-Age	200m BUTTERFLY	3.55.00	
43	44	All-Age	100m BACKSTROKE MEDAL		
45	46	Para Sport	50m BUTTERFLY		
47	48	All-Age	50m BUTTERFLY		
49	50	10 yrs. & under	25m BUTTERFLY		30.00
51	52	All-Age	200m BREASTSTROKE	4.15.00	

Rules and Conditions as per South West Zone, SISA, Swimming NSW & SAL Ltd

ENTRIES - All Individual Event Entries \$4.00 plus S NSW Meet Entry Fee (\$1.50) and all Relay Entries with swimmers in order, ONLINE Via SWIM CENTRAL PREFERRED or by CLUB RACE SECRETARIES ONLY on 'Meet Manager' or 'Team Manager' files to Junee Entries at juneeswimclub@gmail.com by 8.00pm Sunday prior to the Meet.

Direct Deposits made payable to Yass Swimming Club Inc. to be paid prior to the start of the meet.

- Medal Events:** - **50 m Age Events** - Medals to first three place getters in each age group. Ribbons to first three place getters in each other grade in each age group as per Cut-Off Times (PTO)
Master 21+ - Medals or Awards to first three place getters, **Awards to be provided by host club**
100 m Age Events - Medals to first three place getters in each age group.
50m Open Events - Medals to first three fastest times. Ribbons to first three place getters in each age group and Grade as per Cut-Off Times (PTO)
100m Open Events - Medals to first three fastest times. Ribbons to first three place getters in each age group
200m & Over Open Events - Medals to first three place getters.
- All Other Events:** - **25m Events** - Ribbons to first three place getters in age groups, 8 & under and 9 & 10. Swimmers who swim in 25m event cannot swim any other distance of the same stroke or any Individual Medley
50m Events - Ribbons to first three place getters in each age group & Grade as per Cut-Off Times (PTO)
100m Events - Ribbons to first three place getters in each age group
200m Events **Individual Medley** - Ribbons to first three place getters in each age group
All Other 200m Events - Ribbons to first three place getters

Relay Entries: Relay amendments will be accepted before **Event 11**. Exhibition teams at Meet Directors discretion

“Media may be in attendance at this meet for purpose of obtaining film and/or photographs of competitors. If you do not wish your child to be photographed or filmed, please inform the Meet Director”