



SOUTHERN INLAND
SWZ QUALIFYING MEET No. 5
YASS

Warm Up 9.00 am for 10.00 am Start
Sunday 25th February 2024

				Qualify Time	Break Time
1	2	All-Age	200m BACKSTROKE	3.50.00	
3	4	10 yrs. & under	25m FREESTYLE		25.00
5	6	20 yrs. & under	50m FREESTYLE		
7	8	Masters 21+	50m FREESTYLE AWARD		
9	10	Para Sport	50m FREESTYLE		
11	12	All-Age	100m BACKSTROKE		
13	14	All-Age	200m BUTTERFLY	3.55.00	
15	16	10 yrs. & under	25m BREASTSTROKE		30.00
17	18	All-Age	50m BREASTSTROKE		
19	20	Para Sport	50m BREASTROKE		
21	22	All-Age	100m BUTTERFLY		
23	24	All-Age	200m INDIVIDUAL MEDLEY	5.00.00	
25		TRACEY SUITOR RELAY	4 x 50m Freestyle 9 yrs. & under		Boys and/or Girls
27		WARD SHIELD RELAY	6 x 50m Freestyle, 14 yrs. & under, 3 Boys & 3 Girls (Girls laps 1, 3 & 5, Boys laps 2, 4 & 6)		

Lunch

March Past

29	30	All-Age	200m FREESTYLE	3.30.00	
31	32	10 yrs. & under	25m BACKSTROKE		30.00
33	34	All-Age	50m BACKSTROKE		
35	36	Para Sport	50m BACKSTROKE		
37	38	All-Age	100m FREESTYLE		
39	40	All-Age	200m BREASTSTROKE	4.15.00	
41	42	10 yrs. & under	25m BUTTERFLY		30.00
43	44	All-Age	50m BUTTERFLY		
45	46	Para Sport	50m BUTTERFLY		
47	48	Masters 21+	100m BREASTSTROKE AWARD		
49	50	20 yrs. & under	100m BREASTSTROKE		

Rules and Conditions as per South West Zone, SISA, Swimming NSW & SAL Ltd

ENTRIES - All Individual Event Entries \$4.00 plus S NSW Meet Entry Fee (50m up \$1.50) and all Relay Entries with swimmers in order, ONLINE Via SWIM CENTRAL PREFERRED or by CLUB RACE SECRETARIES ONLY on 'Meet Manager' or 'Team Manager' files to Yass Entries at yassracesecretary@outlook.com by 8.00pm Sunday prior to the Meet.

Direct Deposits made payable to Yass Swimming Club prior to the start of the meet.

25m Events - Medals to first three place getters in age groups, 8 & under and 9 & 10. Swimmers who swim in 25m event cannot swim any other distance of the same stroke or any Individual Medley.

50m Events - Medals to first three place getters in each age group & ribbons to first three place getters in each other grade as per Cut-Off Times.

Master 21+ - Medals to first three place getters, **provided by host club**

100m Events - Medals to first three place getters in each age group. Ribbons to first three place getters in each other grade as per Cut-Off Times.

Individual Medley - Medals to first three place getters in each age group. Ribbons to first three place getters in each other grade as per Cut-Off Times.

All Other 200m Events - Medals to first three place getters. Ribbons to first three place getters in each other grade as per Cut-Off Times.

Relay Entries: Relay amendments will be accepted before **Event 11**. Exhibition teams at Meet Directors discretion

"Media may be in attendance at this meet for purpose of obtaining film and/or photographs of competitors. If you do not wish your child to be photographed or filmed, please inform the Meet Director"