



# Swimming ACT Winter Short Course Meet #3

Saturday and Sunday 20-21 July 2024

AIS Swimming Complex, Leverrier St, Bruce ACT

## Program of Events

Saturday		
Warm up: 8:30m – Start 9:30am		
M	F	Event
1	2	13&O 200m Medley
3	4	12&U 200m Medley *
7	8	12&U 25m Freestyle
9	10	12&U 50m Freestyle *
13	14	12&U 100m Butterfly *
17	18	12&U 25m Backstroke
19	20	12&U 50m Backstroke *
23	24	12&U 100m Breaststroke *
27	28	9&O 200m Backstroke
29	30	12&U 100m Freestyle *
33	34	12&U 25m Butterfly
35	36	12&U 50m Butterfly *
39	40	12&U 100m Backstroke *
43	44	12&U 25m Breaststroke
45	46	12&U 50m Breaststroke *
49	50	12&U 100m Medley *
53	54	11&O 400m Medley
55	56	11&O 800m Freestyle

Sunday		
Warm up: 8:00m – Start 9:15am		
M	F	Event
57	58	13&O 50m Breaststroke
59	60	13&O 100m Butterfly
61	62	9&O 200m freestyle
63	64	13&O 100m Medley
65	66	13&O 50m Backstroke
67	68	13&O 100m Freestyle
69	70	9&O 200m Breaststroke
71	72	13&O 50m Butterfly
73	74	13&O 100m Backstroke
75	76	9&O 200m Butterfly
77	78	13&O 50m Freestyle
79	80	13&O 100m Breaststroke
81	82	9&O 400m Freestyle
83	84	13&O 1500m Freestyle

\* Development and Qualifying division events

## Entry Information

### ENTRIES

- All 25m events: \$5.00
- 12 & U: all 50m, 100m events and 200 Medley: \$6.50
- All other events: \$10.00
- Swimmers can enter a maximum of 5 events in the 12 and under block of Events 3 to 24 and 29 to 50 (Saturday). No restrictions on the number of entries for Events 1, 2, 27 and 28 and 53 to 84.
- Age as at 20 July 2024
- Entries close at 8:00 pm on Tuesday 16 July 2024
- Online entries for swimming club members through Swim Central.
- Visitors welcome
- Swimmers aged 12 and under who are not members of a swimming club are welcome to attend this meet. Email [meets@swimmingact.com.au](mailto:meets@swimmingact.com.au) for entry details.
- Meet information on the Swimming ACT website ([act.swimming.org.au](http://act.swimming.org.au)) from the Home Page scroll down the home until you reach Winter Meet 3.
- Fully automatic timing
- Entry time must be the swimmer's best short or (unconverted) long course time for that event ever achieved.
- All events will be timed finals

### 25M EVENTS

- A swimmer may only enter a 25m event if they have never swum a longer distance in that stroke at any meet (including club nights and school meets) where the time achieved has been recorded as an official time. Any swimmer entering a 25m event cannot enter a longer distance in that stroke at this meet.
- Multi-class swimmers may enter 25m events regardless of age or other restrictions

### NEW SWIMMERS

New swimmers aged 10 and under can only enter 25m events until they have achieved a time faster than 30.00 seconds for a given stroke. Once they have achieved a time faster than 30.00 seconds for the 25m of a given stroke they are permitted to enter the 50m event for that stroke.

A new swimmer is a swimmer who does not have an officially recognised time (long course or short course) at the 50m distance for a given stroke.

## DIVISIONS

All 12 & under 50m and 100m events, and the 200m Individual Medley, will be swum in Development and Qualifying Divisions with swimmers placed in the appropriate division based on their entry time. Rule considerations apply for swimmers in the Development Division.

## WARM UP

The non-competition end of the pool will be available for warm up and swim down throughout the meet.

## DISTANCE EVENTS

Qualifying time apply to all events of 200m or longer except the 200m Individual Medley.

Where a swimmer does not have a qualifying time for a particular event they may qualify to swim that event using an alternate (shorter) distance to qualify. For example, they can use a 100m time to qualify for the 200m event. Alternate qualifying events will appear in Swim Central as the shorter distance and will appear with an event number in the 900 range. *For example: to enter event 61 (200m freestyle) using an alternate 100m freestyle qualifying time, the swimmer should enter event 961 (100m freestyle).*

Event	Qualifying Time	Alternate qualifying distance	Alternate qualifying Time	Enter event (M/F)
27/28 9&O 200m Backstroke	3:24.00	100m Back	See below	927/928
53/54 11&O 400m IM	6:26.50	200m IM	3:23.50 for 200m	953/954
55/56 11&O 800m Freestyle	12:12.00	400m Free	6:00.00 for 400m	955/956
61/62 9&O 200m Freestyle	3:19:50	100m Free	See below	961/962
69/70 9&O 200m Breaststroke	3:57.50	100m Breast	See below	969/970
75/76 9&O 200m Butterfly	3:34.00	100m Fly	See below	975/976
81/82 9&O 400m Freestyle	6:00.00	200m Free	3:00.00 for 200m	981/982
83/84 13&O 1500m Freestyle	20:36.00	400m Free	6:00.00 for 400m	983/984

## 100m times required to qualify for 200m events:

Girls	13 & O	12	11	10	9
Freestyle	1:16.00	1:18.50	1:23.00	1:29.00	1:35.50
Backstroke	1:26.50	1:29.50	1:35.50	1:42.50	1:48.00
Breaststroke	1:41.00	1:43.00	1:49.00	1:57.50	2:03.00
Butterfly	1:27.00	1:29.50	1:37.00	1:47.00	1:50.00
Boys	13 & O	12	11	10	9
Freestyle	1:12.50	1:17.00	1:23.00	1:27.50	1:34.50
Backstroke	1:24.00	1:29.00	1:35.00	1:41.00	1:48.00
Breaststroke	1:36.00	1:42.00	1:50.50	1:57.50	2:06.50
Butterfly	1:23.00	1:29.50	1:37.00	1:45.00	1:55.00