Return to Play Enter and Exit Map at Shawsheen Fields:



WYSA COACH EXPECTATIONS



A BRIEF SEASON OVERVIEW





New Updated Guidelines per Mass Youth Soccer

MODIFICATIONS TO COMPLY WITH EEA GUIDANCE:

Mass Youth Soccer is hereby immediately implementing modifications for all sanctioned soccer games (scrimmages, friendlies, league). Suspended activities to meet necessary modification include:

- Heading All intentional heading of a soccer ball is suspended for all ages. Any intentional heading will be treated as a violation of IFAB Law 12, Playing in a Dangerous Manner, Indirect Free Kick restart
- Shoulder to Shoulder contact is suspended and or any other intentional physical contact is to be considered a violation of Law 12, Playing in a Dangerous Manner, Indirect Free Kick restart or other applicable foul or misconduct based on the referee's decision.
- Slide Tackling whenever within 6 feet of another player is suspended and is to be considered a violation of Law 12, Playing in a Dangerous Manner, Indirect Free Kick restart or other applicable foul or misconduct based on the referee's decision.
- Throw-Ins as defined by IFAB Law 15 are suspended and to be replaced by a Kick-in. The modifications for the procedure for a Kick-in is:
 - o The player taking the Kick-in must be facing the field of play and need not keep both feet on the ground during the Kick-in.
 - o Must put part of the ball on the touchline or on the ground outside the touchline
 - o The ball may not be kicked directly into the opponent's penalty area.
 - o All opponents must stand at least 10 yards (8 yards for small sided) from the point on the touchline where the Kick-in is to be taken.
 - o IFAB Law 15 Offences and Sanctions for Throw-ins apply to Kick-ins.
- Corner Kicks as defined by IFAB Law 17 are suspended and to be replaced by a Corner Kick-in. The modifications for the procedure for a Corner Kick-in are:
 - o The ball may not be kicked directly into the opponent's penalty area.
 - o Opponents must remain at least 10 yds (8 yards for small sided) from the corner arc until the ball is in play
 - o IFAB Law 17 Offences and Sanctions for Corner Kicks apply to Corner Kick-ins.
- For all restarts, all players must comply with the 6-foot distancing from both teammates and opponents. Opponents must remain at 10 yds (8 yards for small sided) from the ball prior to the kick. The use of a traditional defensive Wall is currently suspended.
- The use of a Dropped Ball as a restart is suspended. To replace this procedure, an Indirect Free Kick will be awarded to the team whom the referee deemed to be in possession when the referee stops play

Updated Return to Play

https://www.mayouthspccer.org/return-to-spccer.activitie





New Updated Guidelines per Mass Youth Soccer: *Masks Required



While limiting proximity of participants is the first line of defense to reduce the risk of transmission Facility Operators and Activity Organizers must require facial coverings to be worn by all participants except:

- During high intensity aerobic or anaerobic activities.
- When distancing of 6 feet or more is possible between participants whenever feasible; or
- For individuals that are unable to wear a face covering due to a medical condition or disability.

Otherwise, Activity Organizers must require facial coverings to be worn while engaged in an activity wherever possible. Some sports by their nature involve intense aerobic activity throughout play. For these sports it is required that players use facial coverings when possible, take frequent breaks when they are out of proximity to other players using caution to avoid touching the front or inside of the face covering by using the ear loops to remove and replace. For example: soccer players should have facial coverings with them at all times and where possible play with the facial covering on, removing it for long runs down the field, for plays without close contact, and in the goal. Participants for all sports must wear facial coverings while on the sidelines at ALL times and in any huddles or time-outs.

Coaches, staff referees, umpires, and other officials are required to wear facial coverings and maintain a social distance of 6 feet from players, coaches, spectators and other persons at all times.



WYSA COACH EXPECTATIONS WYSA Guideline Breakdown



- See map provided for **ENTER** and **EXIT** sites.
- If your child does not feel well do not attend practices or games. Let us know immediately!
- Mask must be worn both during play and on the side-lines. You are allowed to take breathers and pull masks down to catch breath, or when they are not within 6 feet of another player. During play the mask must be over the ear type. No gaiters.
- Each player must have their own equipment Ball, Water bottle, pinnies, bag, hand-sanitizer, etc...
- Each player needs to social distant on the sidelines and at practice. Meaning they need to keep all their equipment in their own space 6 feet apart. We have markers/dots to help keep players 6ft. during breaks, and while in a line.
- 2 spectators per player for games. NO spectators at practice.
- All spectators must be 6 feet apart on the sideline wearing masks.
- Ref's for 2nd grade and 1st Grade games only. Coaches will ref games for Pre-K and Kinder games.
- No Bathrooms or Concessions.
- We will be taking player attendance at each practice and game. This gets emailed to Covid Officer after each event.
- Players should be encouraged to sanitize before and after practice/games.
- No hand-shakes, high fives, first-bumps, and/or hugs.
- All players and spectators must leave the facility immediately following practice and games. No congregating on fields. NO tailgating in the parking lot.





WYSA Enter and Exit Map







Pre-K + Kinders

You only meet on Game day and here is how the day is run:

- 1) Please arrive to the fields 15 minutes before your assigned time. Be sure to check clubhouse wall for game-day information. An announcement will be made 15min. prior to horn, in which all Coaches will head towards TD Coaching area to review Session Plan Activities with our Technical Director/s. Typically the TD's will call upon the Coaches to help demonstrate. Your designated field(ex. 1A or 3B) will have all equipment necessary for Developmental Activities. Post Coaches Clinic you will then return to your teams.
- 2) The first 25 minutes of your scheduled time Coaches will run activities with your team. The next horn and announcement is Game-time. Be sure to clear the field of any equipment.
- 3) **4v4** Game-play for 25 minutes. You will have to rotate your players (approximately every 4-6 minutes) The coaches will help coordinate the scrimmages as there are no official Referees at this level.
- 4) Cancellations WYSA will announce on Website, and you will be contacted by WYSA Coordinators if weather forces cancellation.
- 5) Please, find an Assistant Coach if you haven't already.





1st Grade

- 1) Contact your team (team sizes are about 7/8 players) Hand out uniforms and schedule 1st Day of Practice.
- 2) 1x practice a week Tuesdays -1hr. long Coaches will be provided an assigned field layout for practice sessions. The Technical Director will provide the weekly Session Plan and Overview(15min. prior to practice). Coaches will meet w/ TD to go over Session Plan Activities 4:45pm Coach Education Clinic
- 3) Game-day (4v4 format) arrive 10 min before game time during the game rotate/substitute players every 4-6min. A Youth Referee/s will be assigned to these games.
- 4) Cancellations WYSA will announce on Website, and you will be contacted by WYSA Coordinators if weather forces cancellation.
- 5) Please, find an Assistant Coach if you haven't already!





2nd Grade

- 1) Contact your team (team sizes are about 10+ players) Hand out uniforms and schedule 1st Day of Practice.
- 2) 1x practice a week Fridays 1hr long Coaches will be provided an assigned field layout for practice sessions. The Technical Director will provide the weekly Session Plan and Overview(15min. prior to practice). Coaches will meet w/ TD to go over Session Plan Activities 4:45pm Coach Education Clinic
- 3) Game-day (7v7 format) arrive 10 min before game time during the game rotate/substitute players every 4-6min. A Youth Referee/s will be assigned to these games.
- 4) Cancellations WYSA will announce on Website, and you will be contacted by WYSA Coordinators if weather forces cancellation.
- 5) Please, find an Assistant Coach if you haven't already!





Travel: 3rd Grade —> HS

- 1) Contact your team (team sizes are about 10-18 players) Hand out uniforms and schedule 1st Day of Practice.
- 2) 2x practice a week The Travel Coordinator will designate your practice venue Sessions = 1hr. long The Technical Director has provided Curriculums with Session Plan Activities. Be sure to visit website for Coaching Resources https://wilmingtonyouthsoccer.org/pcd-resources
- 3) Game-day (7v7, 9v9, 11v11 format) Arrive 20-30min. Before game time During the game substitute players accordingly Equal Play for all
- 4) Coaches must wear lanyard and masks during all games!
- 5) Cancellations WYSA will announce on Website, and you will be contacted by WYSA Coordinators if weather forces cancellation.
- 6) Game format:
 - 7v7 6 Field Players and 1 GK. Game-time = Two 25min. halves. w/ 10min. Half-time. No additional time.
 - 9v9 8 Field Players and 1 GK. Game-time = Two 30min. halves. w/ 10min. Half-time. No additional time.
 - 11v11 10 Field Players and 1 GK. Game-time = Two 40min. halves. w/ 10min Half-time.





Coach Conduct

The Board of Directors of Massachusetts Youth Soccer Association, Incorporated (Mass Youth Soccer) and the leaders of the affiliated Leagues are concerned about the conduct of all coaches and referees during games at all levels, from recreational to premier to ODP. We want to ensure that games are fair, positive and enjoyable experiences for all of the children and adults involved. A soccer game should be friendly and unifying - a spirited social and athletic occasion for players, coaches, referees and spectators.

To clarify expectations of coach conduct, we jointly expect all coaches to conform to this Code of Conduct:

Before, during and after the game, be an example of dignity, patience and positive spirit. Before a game, introduce yourself to the opposing coach(es) and to the referee(s). During the game, you are responsible for the sportsmanship of your players. If one of your players is disrespectful, irresponsible or overly aggressive, take the player out of the game at least long enough for him/her to calm down. During the game, you are also responsible for the conduct of the parents of your players. It is imperative to explain acceptable player and parent behavior in a preseason meeting. Encourage them to applaud and cheer for good plays by either team. Discourage them (and you may need to be forceful and direct) from yelling at players and the referee(s). During the game, you are also responsible for the conduct of spectators rooting for your team. During the game, do not address the referee(s) at all. If you have a small issue, discuss it with the referee(s) calmly and patiently after the game. If you have a major complaint, or if you think the referee(s) was unfair, biased, unfit or incompetent, report your opinion to your League. Your reactions will be taken seriously if they are presented objectively and formally. After the game, thank the referee(s) and ask your players to do the same.

Referees - especially young and inexperienced ones - are like your players and yourself, in that they need time to develop. You can play an important role in helping them to improve by letting them concentrate on the game. You can help by encouraging them, by accepting their inevitable, occasional mistakes and by offering constructive post-game comments. On the other hand, you could discourage and demoralize the referees by criticizing their decisions, by verbally abusing them and inciting - or even accepting - your own players' overly aggressive behavior. Your example is powerful, for better or worse. If you insist on fair play, if you concentrate on your players' enjoyment of the game and their overall, long term development, and if you support the referee, your players and their parents will notice. If you encourage (or allow) your players to play outside the rules, if you're overly concerned about results, and if you criticize the referee harshly, your players and their parents will also notice. Think about what you're doing during a game!