

## One-Track Song-Man

### Musical Foreword

The 70's, 80's & 90's **tunes and lyrics in bold** - used and seen throughout the book, and with the BEST parts of our planet's Para skiing, sports & advancing prosthetic evolutions also occurring in those decades - all can and **should be listened to on YouTube** and with a couple little commands into your cell or device as it's now star-date 2025 as this book comes out. The 'archive' pictures seen throughout the book were often times taken from videos, DVDs and website screens and that "water-coloring" effect of more blur and less pixels, perhaps does the trick for the right visuals & pics needed for the 80's and 90's. (DV tapes and DVDs)

In writing the **One Track Song-Man( '79-'09)** and going with this book title which I came up with thanks to college room-mate Joe always calling and nick-naming me 'the song man' back then, please know that all the great **songs and lyrics seen/written** at points in my life that played either in my head, on my car radio, cassette or CD player, boat cassette or radio, home or bedroom 'stereo system', by the live band, in the Mexican cab ride or on any other speakers - musically happened to me at those moments in my totally non-fictional, but crazy, adaptive, comical and **'musical always'** life....which I surely didn't script or write myself. So I'd like to thank my musical guardian angel now for this life and book and for allowing me to be the amputee & Para skiing grassroots and 'inside' writer, video producer and always musical storyteller of the best evolutions and characters we had in US Para Skiing. *"Electric angel rock n' roller...I hear what you're playing"*(Cars - '79)

And yeah, it's 2025 now and there's no going back to the 70's, 80's and 90's and their best and most evolutionary Para skiing & sports days, nor back to those best music, lyrics and rock n' roll decades. ...that is unless you command yer smart device to **listen to all the songs and lyrics seen in bold** which are freely floating out there now in our planet's cyberspace to instantly listen to on Youtube **as you read the book**. And so lastly and as you read my musical angel's crazy script for me and for our Para skiing and sports planet - **'Rock on'**.

