

A Sharing Calendar for Lent 2026

Each day at or after a meal time, gather around this map activity. Consider the reflection and questions, place a coin or a bill (a "gift") in your fish coin bank or a jar.

Feb. 22-28

Sunday: After a natural disaster, it may be hard to find places to cook or buy meals. Say a prayer of thanksgiving and give a gift for each meal you ate today.

Monday: Over 18 million Americans live in a food desert, far from a store where they can buy groceries. Give a gift for each grocery store nearby.

Tuesday: Electricity is usually the first utility that is lost in a storm. Give a gift for each electrical outlet in the room you are currently in.

Ash Wednesday: Read Micah 6-8. What does God require of us? How can we "do justice" in our day today?

Wednesday: Is water necessary for good health? Using the map, find Zambia and read what the PC(USA) is doing there. After learning more, give a gift for each drink you had today.

Thursday: Our fish coin boxes will hold many gifts of money this season, but what other kinds of gifts can we give? What gifts can you give or share?

Thursday: On the online OGHS map, look at the U.S. states where the PC(USA) is working. Pray for each by name and give a gift for each state you've visited.

Friday: Sunday is Blue T-Shirt Sunday. What does the PC(USA) do to show God's love during a disaster? Choose something blue to wear or bring to church to celebrate.

Friday: If you can read, you are more likely to be healthier. Learn a new word today and give a gift for every letter in your name.

March 1-7

Sunday: Most people around the world don't have access to the many varieties of fruit and vegetables we have. Give one gift for each type of fruit in your house.

Monday: Climate change is forcing farmers worldwide to either adjust their farming methods or move away. Give a gift for each type of animal you saw today.

Tuesday: When families move, building a new community of friends and neighbors can be hard! Make a card or gift for someone new in your church or neighborhood.

Wednesday: Without the right nutrition in the first two years of life, a child's physical and mental development is compromised. Give a gift for each toddler you know.

Thursday: When roads are closed and electricity is off, going to see a doctor can be hard. Give a gift if you've been able to see a doctor in the past year.

Friday: It is estimated that 1 in 5 kids in the U.S. will experience hunger this year. Give at least one gift if you have not experienced hunger this year.

March 8-14

Sunday: Where does your water come from? Many people carry buckets of water long distances to their homes every day. Give a gift for every faucet in your home.

Monday: In Panama, the PC(USA) partnered in the construction of a 25,000-liter tank, helping families with clean water for drinking and cooking. Give a gift for each drink of water you had today.

Tuesday: Social barriers are like locked doors that hold people back and keep them from thriving. Give a gift for every door that can lock in your home.

Wednesday: If you could start a business of your own, what would it be? Give a gift for every good business idea you hear from those you are with.

Thursday: Rainwater is rare in some places, so special collection systems are built to catch the water. Give one gift for every day it rained (or snowed) in the past week.

Friday: Changing weather patterns mean old ways of farming don't work in some areas anymore, so farmers need to be taught new techniques. Give a gift for every farm you've visited.

March 15-21

Sunday: In some places, people walk for hours to go to church, where they find support and encouragement from friends and family. Give a gift for every time you went to church this month.

Monday: Hunger-related causes kill thousands of people every day around the world. Give a gift for meals you've had today.

Tuesday: Some people can't find jobs and care for themselves because they don't have access to a car or the right bus route. Give one gift for every wheel in your garage that helps you get places.

Wednesday: Poverty can make people feel like they are always falling two steps back with surprise expenses or problems. Give a gift for every set of steps in your home.

Thursday: The most vulnerable are often the most impacted in emergency situations. Say a prayer for children impacted by disasters, and give a gift for every flashlight in your home.

Friday: Sometimes people need help advocating for their rights — like lawyers fighting for those impacted by unfair employment practices. Say a prayer for those who advocate for the poor.

March 22-28

Sunday: In South Sudan, women have found hope as they learn to farm so they can grow food for their families. Give a gift per plant in your house.

Monday: In Ohio, refugee women are able to market their sweet and savory treats at the farmers market, helping to take care of their families. Give one gift for every sweet treat you had today.

Tuesday: Immunizations give us hope for when certain diseases will no longer cause sickness and pain. Give a gift for each immunization you have received.

Wednesday: In Haiti, hope is seen in the leaves of the moringa tree, a superfood that can help many hungry people! Give one gift for every tree at home.

Thursday: Give a gift for every year you have been in school and find three books you can donate so another person can read and learn.

Friday: Learning new languages can be hard! Give five gifts for every language your family members speak.

March 29-April 4

Passion/Palm Sunday: Blankets are used internationally to comfort those impacted by disasters. Give a gift for each blanket in your home, or find some blankets you can donate.

Monday: Teaching healthy food choices and food safety can change the health of an entire community! Find some healthier foods you can donate to a food pantry or soup kitchen.

Tuesday: Find a location on the OGHS map you have not learned about yet. Spend some extended time learning about and praying for the ministry and people there.

Wednesday: Communication can be incredibly difficult after a disaster. Give a gift for every computer in your home, and call, email or text a loved one.

Thursday: God's love is shown in so many ways. Find three things you can do today or tomorrow to share God's love.

Friday: Clean water is a precious resource all over the world. Find some ways you can conserve or use less water every day and commit to doing at least 1 for a month or more.

April 5

Sunday - Resurrection/Easter/One Great Hour of Sharing: Present the gifts in your coin box to your congregation. Say a prayer for all those who will receive help from your generosity.

For more locations and ministries, go to pcusa.org/oghsmap or scan this code.



ONE GREAT HOUR OF SHARING