

## Curling in Schenectady: An Invitation

Wednesday, February 18, 2026



Curling is a winter sport on ice that involves “throwing rocks at houses.” You are invited to the Schenectady Curling Club over the school’s February break.

The brave of heart will have instruction before “throwing a rock” and “sweeping a stone.”

**Schedule:** If arrive between 10 AM and 12 Noon -- watch the Wednesday league game  
12 Noon to 1:00 PM – Lunch break (*bring your own bag lunch*)  
**1:00 to 3:00 PM -- Instruction and get on the ice!**

**Wear:** Loose, warm clothing. Special equipment provided.

### **REQUIRED:**

- 1) **CLEAN rubber soled shoes** -- carry in, don't wear -- sneakers with good tread are okay.
- 2) **Participant Waivers** for both adults and youth - parents MUST sign if under 18-year-olds!  
[https://schenectadycurlingclub.us/images/club-documents/SCC\\_Participant\\_Waiver.pdf](https://schenectadycurlingclub.us/images/club-documents/SCC_Participant_Waiver.pdf)

Or request electronic form at:

<https://docs.google.com/forms/d/e/1FAIpQLSeLdJPZUeb1YtzT7CPQCmAvmhQVwh7CCBBw0a2uOlh1f3iEIA/viewform>

### **Optional:** Helmet (any type)

Brown bag lunch (league has own lunch, but does not provide lunch for guests)

**Donations** are always welcome to help maintain the ice house!

Make checks payable to: *Schenectady Curling Club* with “donation” on memo line.

**For more info contact:** Cynthia Walton-Leavitt at (607) 242-8184 or [cynuff@aya.yale.edu](mailto:cynuff@aya.yale.edu)

**For more info. about curling in Schenectady** go to <http://schenectadycurlingclub.us>

**For more info. about curling in general** check out <http://en.wikipedia.org/wiki/Curling>

USA Curling -- <https://www.usacurling.org/>

World Curling Federation -- <https://worldcurling.org/>

USA Curling: Dare to Curl -- <https://www.youtube.com/watch?v=cxCH8CGqx88>

Two Minute Guide to Curling -- [https://www.youtube.com/watch?v=WXHh\\_wadqPw](https://www.youtube.com/watch?v=WXHh_wadqPw)

Science Friction: All about the Physics of Curling --

<https://www.youtube.com/watch?v=miB7HzUvmM0>

---

### **Directions to the Schenectady Curling Club from Oneonta**

1084 Balltown Road, Schenectady, NY 12309 // (518) 372-4063

Take I-88 East to NYS Thruway (I-90)

Get on I-90 East at Exit 25A

Get off at Exit 25 -- Merge onto I-890 West

Get off at NYS Route 7 East – go a few miles

Turn Left at light on to Route 146 (Balltown Road)

Turn Right into Curling Club parking lot (across from Niskayuna Fire Department)