



Philadelphia Jumps Club

Pole Vault Camp

With support from UST-ESSX

At Kutztown University

July 21st - July 24th

Come train with some of the most exceptional coaches in the US! The varied background of coaches ensures we can meet the needs of any pole vaulter from beginner to a NCAA qualifier. We will focus on all aspects of technical training from drills to full approach vaulting. In addition, there will be off runway sessions focused on the speed and strength development needed to take athletes to the next level.

Another exciting addition to our camp will be the full complement of UST Essx Vaulting poles. Essx poles have quickly made a name for themselves on the hs, NCAA, and world stage. We will be bringing over 100 poles from PJC to Kutztown, working to fit athletes with the right pole, which results in a higher, safer vault! Poles will also be for sale at the end of camp. Campers will receive a coupon for 50 dollars off their first Essx pole purchase.

Talen Singer-Camp Director and Coach

Coach Singer is entering his 27th year of pole vault coaching and has trained national level high school athletes, collegiate NCAA national qualifiers, as well professional pole vaulters. Talen is a CSCS certified strength and conditioning coach, as well as a USATFCCA certified Jumps and Multi Event specialist. In just 2 years, Talen took a then unknown Hayley Horvath from a PR of 9'6 to 2 New Jersey State Championships and State record of 13'5.25 (current PR 13'10). He also coached High School All American Victoria Atkinson (HS PR 13'1.5) and is currently coaching 2021 US High School #2 and PA state recorder holder Chloe Timberg (HS PR 13'10). Talen is also the co-owner of Philadelphia Jumps Club.

Brian Mondschein-Camp Director and Coach

Coach Mondschein is a retired pole vaulter with a personal best of 18'5 3/4", a 3x NCAA All American and a 2008 Olympic Trials Participant. Retired to focus efforts on co-founding the Philadelphia Jumps Club. In just 5 years, Brian's coaching resume includes All American, PA State Record Holder and PA's sole member of the 17ft club, Charley Dever; 2x High School All American, 7x State Champion and Delaware State Record Holder Erin Kelleher (HS PR 13'4); as well numerous All Americans, State Champions, and Penn Relays Champions! In 2020 Brian coached then 7th grader Veronica Vacca to PR of 12'6, an American age group record, and 3rd highest in world history.

\$485 for residents, this includes all meal, room and board.

\$385 for commuters, this includes lunch and dinner only.

Application included in the email, we hope to see you there. Please email talen.phillyjumps@gmail.com with questions on the camp format and please email Hoffman@kutztown.edu about housing or facilities.



Philadelphia Jumps Club/Kutztown University Pole Vault Camp Application

July 21st-July 24th @Kutztown University

Mail application and payment to:

Ray Hoffman

Keystone Hall Athletics Dept.

Kutztown University, PA 19530

Name: _____ Male _____ Female _____ Age _____

Address _____ City _____ State _____ ZIP _____

Email address _____ phone _____

School _____ Grade _____ PR _____ (in ft, in)

Pole Vault Club _____

Roommate request _____

Checks Payable to **Philadelphia Jumps Club**

A \$100 non-refundable deposit is due w/application to reserve spot

() Resident \$485(room and meals)

() commuter\$375(does not include room or breakfast)

Parental Consent/Participation Waiver

I hereby grant permission for my child to attend the Philadelphia Jumps Club/Kutztown University Vault camp. I verify that my child has had a physical exam in the past year and is capable of participating in the activities related to this camp. I agree to indemnify, hold harmless and defend Philadelphia Jumps Club, Talen Singer, Ray Hoffman, Brian Mondschein and their staff and/or agents or employees from any and all liability for injury to my child as well as any injury or damage caused by my child. Should medical treatment for my child be necessary, I hereby authorize any physician or trainer selected by camp personal to order and conduct medical or surgical procedures necessary.

Health Insurance Provider & Policy number _____/_____

Parent Signature _____ date ____/____/____ Phone number: _____

