

WILLPOWER TO SURVIVE

willpower: - the ability to control one's own actions, emotions, or urges -the ability to resist instant gratification in order to achieve long-term goals.

within each of us lies an unshakable will to survive and thrive.

I.knowyour why? why must you keep on going?

Clarity transforms fear into focus and turns setbacks into stepping stones.

2. Must have faith in God

Trust that God is guiding your steps and aligning your journey for a purpose greater than you can see.

believe in yourself. You are stronger than you think, more resilient than you realize, and braver than you've been told.

"Delight yourself in the LORD, and he will give you the desires of your heart" Ps 37:4

3. The Power of Community

Whether it's a trusted friend, a mentor, or a faith-based community, having people in your corner can give you the strength to carry on.

Remember, survival isn't just about individual willpower; it's also about collective strength.

We are powerful women on a mission to shake the nations! We are the expression of God in the Earth!



the millionaire women podcast

Apple Podcasts

Listen on Apple Podcasts

LIKE

SUBSCRIBE