

**3 POWER MOVES**

**OF RESILIENT**

**WOMEN**

With Anna





**I AM LOVED**

**I AM GIFTED**

**I AM ALL WOMAN**



*Millionaire Women Podcast*

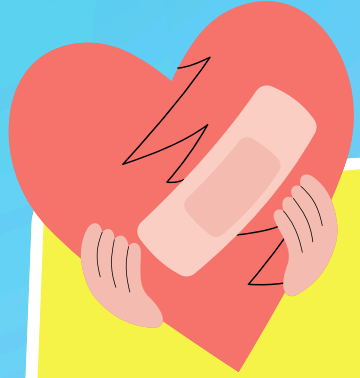


**WE ARE GROWING**

**LEARNING &**

**BECOMING THE  
BEST VERSION OF  
OURSELVES**





**POWER MOVE #1**

**SHE HEALS HER SOUL**

**EVERY WOMAN MUST  
HEAL HER SOUL IN  
ORDER TO GO TO HER  
NEXT LEVEL**



## **BENEFITS OF SOUL HEALING:**

**-SHE DOESN'T BLEED  
OUT ON PEOPLE**

**-SHE DOESN'T SABOTAGE  
HEALTHY RELATIONSHIPS  
& HINDER HER GROWTH**



## **POWER MOVE #2**

**WRITES CHECKLISTS**

**-ORGANIZES HER LIFE  
HER DAYS ARE GIVEN AN  
INTENTIONAL ASSIGNMENT**

**HELPS ORGANIZE TASKS**

**FOCUS ON WHAT'S  
IMPORTANT**

- REDUCES MENTAL CLUTTER**
- REDUCES HUMAN ERROR**
- EASY TO TRACK PROGRESS**

**CHECKLIST** MANIFESTO  
HOW TO GET THINGS RIGHT



**BOOK**

**NEVER**  
STOP  
**READING**





## **POWER MOVE #3**

**BLOOMS GRACEFULLY**

**-SHE RESPECTS THE PROCESS  
OF GROWTH & DILIGENCE  
-SHE KEEPS WATERING HER  
SOUL UNTIL SHE BARES FRUIT**



**YOU WILL WIN**

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