

GYM VERIFICATION FORM

Contestants receive 0.25 pageant points per one-hour workout at a gym. In order to get credit and receive competition points, both arrival and departure times must be verified by a teacher or gym staff person's signature. Qualified dates are **September 24—November 5, 2024.**

Contestant Name _____ Contestant Number _____

By my signature below, I certify that this contestant worked out at our gym.

Date	Time Arrived	Time Completed	Teacher/Gym Employee Signature
Sept. 24			
Sept. 25			
Sept. 26			
Sept. 27			
Sept. 28			
Sept. 29			
Sept. 30			
Oct. 1			
Oct. 2			
Oct. 3			
Oct. 4			
Oct. 5			
Oct. 6			
Oct. 7			
Oct. 8			
Oct. 9			
Oct. 10			
Oct. 11			
Oct. 12			
Oct. 13			
Oct. 14			
Oct. 15			

By my signature below, I certify that this contestant worked out at our gym.

Date	Time Arrived	Time Completed	Teacher/Gym Employee Signature
Oct. 16			
Oct. 17			
Oct. 18			
Oct. 19			
Oct. 20			
Oct. 21			
Oct. 22			
Oct. 23			
Oct. 24			
Oct. 25			
Oct. 26			
Oct. 27			
Oct. 28			
Oct. 29			
Oct. 30			
Oct. 31			
Nov. 1			
Nov. 2			
Nov. 3			
Nov. 4			
Nov. 5			

Whidbey Royalty

WhidbeyRoyalty.org | WhidbeyRoyalty@gmail.com | 360-929-2097 | 1382 NE O'Leary St, Oak Harbor, WA 98277

Facebook @missoakharbor | Instagram @whidbeyroyalty

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