



The Partnership of Registered Psychotherapy Associations

Another milestone was reached in the mental health sector in Ontario on February 2, 2019 when the Partnership of Registered Psychotherapist Associations, or PRPA, was formed. The mandate of PRPA is to unite advocacy efforts of professional associations that represent Registered Psychotherapists (RPs).

What is the purpose of PRPA?

The focus of this Partnership is to advocate on behalf of the RP profession in Ontario. PRPA consists of associations which represent the interests of Registered Psychotherapists in Ontario.

Leading up to and following proclamation of the College of Registered Psychotherapists of Ontario (CRPO) on April 1, 2015, there has been a need for collaboration in advocating for the profession. Our stakeholders include the public at large, employees, employers, the insurance industry, healthcare institutions, our regulatory college (CRPO), and all levels of government. These key players need to be aware of and understand the role of RPs in providing access to quality care for the increasing number of people seeking it.

Advocating together allows us to educate our stakeholders more effectively on the competencies of RPs and the role they do and can play in the healthcare sector. PRPA also provides stakeholders with a focal point to reach the RP community.

So what is a Registered Psychotherapist (RP)?

RPs are specialists in providing psychotherapy. RPs are professionals, with a relevant Master's level education or equivalency, who have proven their abilities through a rigorous examination process conducted by the CRPO. This process reviews education and training, experience, supervision, as well as personal suitability, to ensure that those with this designation provide safe and effective treatment. The training received by RPs focuses primarily on providing psychotherapy, so when therapy is required, it is essential that RPs be included in the solution.

There are over 6,700 RPs in Ontario offering a wide range of evidence-informed therapy methods and specializations within diverse populations across the entire province. RPs provide access to quality care in private practice, hospital, and health agency settings. RPs are registered to provide assessment and clinical therapy within the entire spectrum of mental health – from anxiety and depression to complex trauma and diagnosed comorbid conditions.

To understand more about the vetting process RPs undergo and their professional practice standards visit www.crpo.ca.

Associations that make up the Partnership of Registered Psychotherapist Associations:

- Canadian Association of Psychodynamic Therapy (CAPT)
- Canadian Art Therapy Association (CATA)
- Canadian Association for Sandplay Therapy (CAST)
- Canadian Association for Spiritual Care (CASC)
- Canadian Counselling and Psychotherapy Association (CCPA)
- Canadian Humanistic and Transpersonal Association (CHATA)
- Music Therapy Association of Ontario (MTAO)
- Ontario Art Therapy Association (OATA)
- Ontario Association for Marriage & Family Therapy (OAMFT)
- Ontario Expressive Arts Therapy Association (OEATA)
- Ontario Association of Mental Health Professionals (OAMHP)
- Ontario Society of Registered Psychotherapists (OSRP)
- Professional Association of Christian Counsellors and Psychotherapists (PACCP)

Other important partners whose work is related to the RP profession such as APTI (Alliance of Psychotherapy Training Institutes) are part of this partnership and influence its thinking.

We welcome your questions. You can reach us at: info@PRPAinfo.ca