

April Tip of the Month

Tongue Tie

Tongue Tie is a genetic medical condition where the flap of skin connecting the tongue to the floor of the mouth (the lingual *frenum*) becomes too thick causing a restriction in tongue movement. This can be a serious problem having a negative effect on speech, facial development and even nursing. For more information, please click the link attached.

<https://www.mayoclinic.org/diseases-conditions/tongue-tie/symptoms-causes/syc-20378452>