



2021 Annual Spring Virtual Meeting | Abstract Submission

Itchy papules with deck chair sign on lower back

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A healthy 22 year old Indian male presented with an itchy rash on his lower back, previously treated with little improvement with oral and topical steroids. Physical examination revealed scaly, lichenified hyperpigmented papules coalescing into plaques with notable sparing of the skin folds on the lower back with a classic “deck chair sign” appearance. Histopathology revealed mild spongiosis, focal parakeratosis, a perivascular infiltrate with plasma cells, eosinophils, and S100+ dermal dendritic cells. Labs revealed an elevated IgE with normal eosinophil count. Papuloerythroderma of Ofuji is a rare disease of unknown pathophysiology most commonly seen in elderly Asian males. This unique case occurred in a young healthy male with focal skin findings combined to the lower back only. No underlying cause has been found to date and he is currently being treated with topical steroids and nbUVB therapy.