



# COVID-19 Sample Collection Kit

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PLEASE REGISTER YOUR KIT USING THE UNIQUE REFERENCE NUMBER (URN) PROVIDED INSIDE YOUR KIT AT [RANDOXHEALTH.COM](https://www.randoxhealth.com) – IF YOU DO NOT REGISTER YOUR KIT, YOU WILL NOT RECEIVE RESULTS.

**IMPORTANT** – THESE STEPS MUST BE FOLLOWED. FAILURE TO DO SO WILL AFFECT THE OUTCOME OF THE TEST.

Before you start, read all the instructions in this leaflet, and make sure you fully understand how the test should be done. Do not unpack the test kit until you are ready to take the test.

Test kits are only valid for 48 hours after use. Therefore, it is important that you only use your kit shortly ahead of posting it to ensure maximum time for the laboratory to analyse your results.

- Prior to taking your swab, please ensure you have arranged to return your kit via your courier of choice. Where possible please take your swab sample no more than 1 hour before posting. For individuals in Northern Ireland, a suitable collection point may be near to you. Please see Postage Instructions overleaf for more detail.

In this pack you will find 3 Unique Reference Number (URN) labels.

- One URN label should be attached to the small sample collection tube containing liquid
  - the tube inside your kit may already have a label on it; ignore this label and attach the URN label provided over any label already present on the small sample collection tube
- One URN label should be attached to the pathoseal bag
- The remaining URN label should be attached to this kit instruction and kept for your reference

**It is crucial that you register your URN at <https://www.randoxhealth.com/register-kit>**

This registration process is essential, as without it, Randox will not be able to provide you with results. You will not be able to receive your results if you have not registered your URN online. By submitting a sample to our laboratory, you are consenting to the testing of that sample.

Once your sample has been tested, your results will be emailed to you, using the email address provided when you registered your kit.

The following result outcomes are possible:

- Your result is POSITIVE for COVID-19
- Your result is NEGATIVE for COVID-19
- Your result is PRESUMED POSITIVE for COVID-19 and a repeat test on a new sample is recommended
- Your result is VOID and a new sample is required for testing - this result occurs when it has not been possible for the laboratory to test your sample (for example, the swab was placed in the incorrect tube, the sample collection tube was returned without the URN label attached or the sample collection tube leaked during transit due to the lid not being fastened properly).



### YOUR KIT INCLUDES:

1 Swab (A)
1 Small Sample Collection Tube Containing Liquid (B)
1 Transportation Tube (C)
1 Pathoseal Bag (D)
1 Large Postal Envelope (E)
3 Unique Reference Number (URN) Labels

## Sample Collection Guidelines

1. Before starting and if possible, wash your hands thoroughly, for at least 20 seconds, using hand wash & warm water.
2. Remove the supplies from the kit (see Figure 1): 1 swab (A), 1 small sample collection tube containing liquid (B), 1 transportation tube (C), 1 pathoseal bag (D), 1 large postal envelope (E) and 3 URN labels.
3. Fully attach one adhesive URN label to the small sample collection tube containing liquid (B) and another to the pathoseal bag (D). Attach the remaining URN label to this instruction document and keep for your own reference.
4. Open the package containing the swab (A) and remove without touching the soft tip.
5. Throat swab: Holding the swab in your dominant hand, open your mouth (use a mirror for guidance) and gently rub the swab over both tonsils and the back of the throat (See Figure 2). Take care not to touch your tongue, teeth, or gum, or any household surfaces.
6. Nasal swab: Remove swab from the mouth and gently insert swab into nostril about 1 inch (2.5cm) or until some resistance is met. Rotate the swab 5 times against the nasal walls and repeat in the other nostril (See Figure 3).
7. Remove swab from the nose, and while holding the swab, remove the lid from the small sample collection tube containing liquid (B) and immediately place the swab into the tube, again taking care not to touch any other surfaces.
8. Break off the end of the swab at the breakpoint, so that the swab fits within the small sample collection tube containing liquid (B), and then replace the sample collection tube lid, ensuring it is securely fastened.
9. If possible, wash hands again.

## Packing Instructions

1. Place the labelled small sample collection tube containing the swab sample into the transportation tube (C) and seal with the lid provided.
2. Place the transportation tube into the labelled pathoseal bag (D) and seal the pathoseal bag by removing the metallic silver strip. Ensure the blue adhesive strips make a tight seal of the bag (See Figure 4).
3. Insert the sealed pathoseal bag into the postal envelope provided.
4. Once packed, please wipe down the exterior of the bag.

## Postage Instructions

Please arrange delivery of your completed kit to the address printed on the envelope via courier. For individuals in mainland UK, we recommend our preferred carrier, Polarspeed. To arrange collection and payment, please visit <https://online.polarspeed.com/>. Once your collection date is confirmed, take your swab no-sooner than the morning of collection and pack your sample as directed above. Please note that each box must be returned with the outer UN3373 logo and return address clearly visible. Polarspeed will provide shipping return labels as part of the collection service. Other carriers, such as Parcelforce, can also be used.

For individuals in Northern Ireland, please arrange collection with a courier of your choice or you can deposit your completed kit at a dedicated collection point found at various Council Building locations. Please visit <https://www.randoxhealth.com/kit-return/> to locate your nearest collection point.

View our video guide here:



Figure 2:

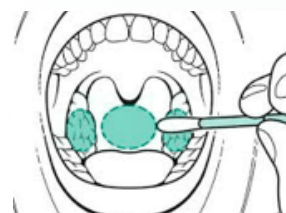


Figure 3:

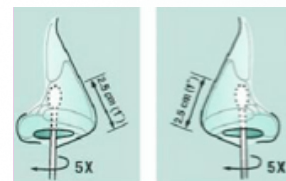


Figure 4:

