## IV Drip Therapy

## VS

## Vitamin Injections

## **COMPARISON CHART**

Feature	IV Drip	Vitamin Injections
How it works?	Nutrients + hydration delivered directly into your bloodstream through an IV line	Concentrated nutrients delivered via a quick intramuscular shot
Best for	Full-body hydration, overall wellness, nutrient replenishment	Quick, targeted boosts between IV sessions
Top Benefits	<ul> <li>100% absorption</li> <li>Long-lasting effects</li> <li>Combines hydration + nutrients</li> </ul>	<ul> <li>Fast &amp; convenient</li> <li>Immediate nutrient delivery</li> <li>No IV line needed</li> </ul>
Session Time	30–60 minutes	5 minutes
Frequency	Every 2–4 weeks or as needed	Weekly or as needed