

Direct Primary Care

VS

Traditional Healthcare

COMPARISON CHART

Feature	Direct Primary Care	Traditional Healthcare
Monthly Cost	Flat, affordable monthly fee	Unpredictable copays, deductibles, and extra fees
Appointment Length	30–60 minutes	7–15 minutes
Access to Provider	Unlimited visits, text, phone, and telehealth	Limited access; often long wait times
Same-Day/Next-Day Appointments	✅ Available	❌ Often 2–8 weeks wait
Insurance Required	❌ NO – membership-based	✅ Yes
Hidden Fees	❌ None	✅ Common (labs, tests, follow up visits, etc.)
Focus on Prevention	✅ Comprehensive wellness & lifestyle changes	❌ Often reactive, focused on illness
Relationship with Provider	✅ Personalized, long-term care	❌ Often rushed and impersonal
Additional Services Included	✅ Weight loss, hormone therapy, IV therapy at a discounts	❌ Usually extra cost
Service Area	Cooper City, Miramar, Pembroke Pines, Davie, Southwest Ranches, & Weston	Varies