



Four classes of Karate are held daily in my dojo, during each class, a 15-minute Zazen (Zen meditation) is given for the strengthening of minds and instilling philosophy of meaningless of surprise attack and, not the defense but true sense of victory without fighting. Under the conviction that togetherness of Zen and Karate is the one and only way to master the real way of Karate, and hoping that many a young Karate experts be nurtured, I am enjoying Karateman's life, with the spirit of wholeheartedness of health and longevity.

Personal History of Shoshin Nagamine

Record

- July 15, 1907, Born in Tomari-son, Naha City, Okinawa, Japan.
- March, 1928, Graduated from Naha City-run Commercial School.
- January, 1929, Enrolled in the 47th Infantry Division, Oita Prefecture. Dispatched to the skirmishes of Sainan, China in April the same year.
- December, 1931, Appointed prefectural policeman of Okinawa.
- January, 1951, Promoted to senior superintendent and chief of police of Motobu Police Station
- January, 1952, Retired the position mentioned above.
- January, 1953, Founded a full-scale Karate Dojo in Naha City, While teaching Karate, served as Naha municipal assemblyman for three terms, and worked as a member of board directors of a firm. Presently teaching Karate.

Decorations

- April, 1929, Bestowed by Decoration Bureau, Prime Minister's Office, the Eighth Order of Merit, in recognition of military service during the Sainan skirmishes in China.
- 1977, Won a prize for teaching Karate and physical education promotion from the Okinawa Times.
- November, 1977, Awarded the Prize for Sports and Physical Education by Okinawa Prefectural Office.
- April, 1988, Bestowed the Order of Rising Sun, Fifth Class, with Star and Ribbon, by **Decoration Bureau, Prime Minister's Office.**