

PUNCH OUT PARKINSON'S

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Volume 1, issue 1



It all started in a little gym called Box2fit and soon grew into a special program and a tight knit PD fighting family. We work together, socialize together, and feel the loss of those who have left us. Over the years, we realized the needs required for PD, and we knew our 8 year journey was stagnating and not sustainable since we offer our program free. It was time to become a Registered Charity. April 2023 was our starting point and look how far we have come! In the lower mainland, Punch Out Parkinson's received charity status in April of this year (2023) and immediately went to work on raising the much needed funds for the Wellness Center they had in their mission.



1st responders and participants of Punch Out Parkinson's at the gym in Cloverdale in April. 1st responders came to discuss the details of the charity's first annual boxing event "Guns and Hoses" in efforts to raise money to open a Parkinson's Disease Wellness Centre in Langley.

The outpouring of love and support from the community has made our vision a reality! The financial support received from the community to acquire this center was outstanding and only confirms the need for this facility and more like it.

Parkinson's Disease has become the fastest growing neurological disorder in the world. In Canada alone, as of 2020, the annual economic burden was more than \$1,215 Billion in direct and indirect costs.

YOU HAVE NOT LIVED UNTIL YOU DO SOMETHING FOR SOMEONE WHO CAN NEVER REPAY YOU

GUNS VS HOSES

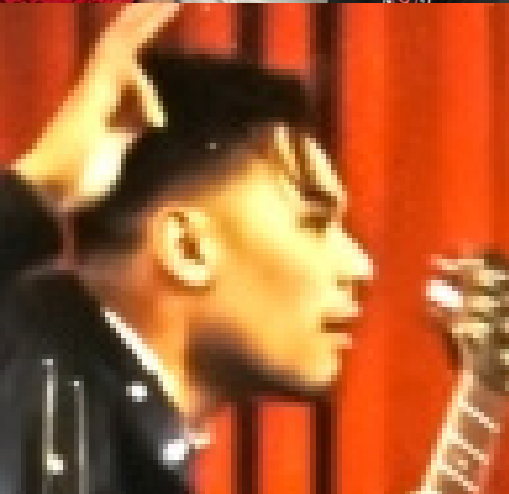


**"YOU NEVER LOSE
UNTIL YOU ACTUALLY GIVE UP"
- Mike Tyson**

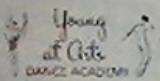
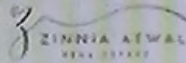


**FIGHTERS WITH HEART JOIN IN COMBAT ALONGSIDE FIGHTERS WITH
PARKINSONS**

GUNS VS HOSES



AMAZING NIGHT OF FUN FOOD ENTERTAINMENT! DON'T MISS THE NEXT GALA ON OCTOBER 25, 2024!!



OVERWHELMING COMMUNITY SUPPORT HAS MADE THE BEGINNING OF CHANGE POSSIBLE! OUR 1st CENTER OPENS MARCH 1ST, 2023!!