

NEW LIFE NEWS

New Life ~ New Power Consulting & Empowerment Service

CELEBRATING OUR FIRST 6 MONTHS OF YOUTH PARTNERSHIP SERVICES



A MESSAGE FROM THE FOUNDER

Six months ago, New Life ~ New Power Consulting & Empowerment Services began providing direct services to young people preparing to transition from foster care into adulthood. While we are still in the early stages of our journey, we are proud of the meaningful relationships we have built and the progress we have made alongside our Youth Partners.

Our work begins with listening. Before creating goals, action plans, or connecting resources, we take time to learn who each young person is, understand their experiences, hear their hopes for the future, and identify the support they believe will help them succeed.

During these first months, our focus has been on meeting immediate needs, establishing trust, creating individualized support plans, and empowering Youth Partners to take an active role in shaping their futures.

We are honored to walk alongside these remarkable young people and look forward to continuing this work together.

Acknowledgment of Executive Board Members



Rochelle Cofield-Nichols ~ Shari Valdavia ~ Tammie Murray



Sarah Cainion ~ Gretchen Durgan ~ Shari Valdavia

OUR APPROACH:

PARTNERSHIP BEFORE PROGRAMS

At New Life, we believe meaningful change begins with relationships.

Rather than applying a one-size-fits-all model, we work individually with each Youth Partner to:

- ✓ Identify immediate and emerging needs
- ✓ Build a foundation of trust and mutual respect
- ✓ Explore personal strengths, interests, and aspirations
- ✓ Develop customized resource plans

- ✓ Create achievable goals and action steps
- ✓ Encourage self-advocacy and personal empowerment
- ✓ Connect Youth Partners to community resources and supportive networks

Our Youth Partners are not passive recipients of services. They are active participants in every decision, helping guide the direction of their own journey.

BY THE NUMBER

JANUARY– JUNE 2026:

~ **YOUTH PARTNERS SERVED:** 3

~ **INDIVIDUALIZED SERVICE PLANS DEVELOPED:** 3

~ **HOURS INVESTED IN RELATIONSHIP BUILDING:** Ongoing & Extensive Engagement

~ **COMMUNITY RESOURCE CONNECTIONS:** Varies/ Diverse

~ **LIFE DOMAINS ADDRESSED:**

- Employment Preparation

- Education
- Independent Living Skills
- Financial Literacy
- Healthcare Access
- Housing Support
- Mental Health Resources
- Support Networks
- Equine-Assisted Services

MOST IMPORTANT ACHIEVEMENT:

Building trusting relationships that allow Youth Partners to feel heard, respected, and empowered.

YOUTH PARTNERS SUCCESS SPOTLIGHT

BUILDING A FOUNDATION FOR FUTURE SUCCESS

One Youth Partner entered services with a desire to strengthen educational opportunities while exploring future career paths.

Together, we focused on:

- Identifying educational goals
- Developing organizational strategies
- Exploring career interests
- Establishing routines and personal accountability
- Connecting with community resources



While every journey is unique, progress begins with small, consistent steps. We celebrate each accomplishment and remain committed to supporting our Youth Partners as they continue moving toward their goals.

To protect confidentiality, identifying information has been omitted.

WHY TRUST MATTERS

Many young people transitioning from foster care have experienced multiple placements, disrupted relationships, and systems that often made decisions for them rather than with them.

Trust cannot be rushed.

During our first six months of service, we intentionally prioritized relationship-building

before implementation. By creating a safe and supportive environment, Youth Partners are better positioned to identify goals, advocate for themselves, and engage in meaningful personal growth.

Trust is not simply part of the process—it is the foundation of the process.

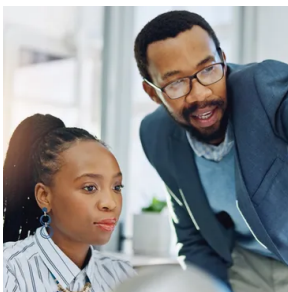
PROGRAM HIGHLIGHT

INDIVIDUALIZED ADVOCACY

Every Youth Partner receives one-on-one support tailored to their unique goals, strengths, and circumstances.

RESOURCE NAVIGATION

We help Youth Partners access community resources that support housing, education, employment, healthcare, and independent living.



EQUINE ASSISTED SERVICES

Through experiential interactions with horses, Youth Partners have opportunities to strengthen communication, confidence, emotional awareness, trust, and self-regulation skills.

EMPOWERMENT THROUGH PARTNERSHIP

We encourage Youth Partners to take the lead in identifying goals and making informed decisions about their future.

LOOKING AHEAD

As we move into the next phase of growth, our goals include:

- Expanding services to additional Youth Partners
- Strengthening community partnerships
- Increasing access to educational and employment opportunities
- Expanding life-skills and empowerment programming

- Securing sustainable funding to support long-term impact
- Continuing to advocate for positive outcomes for youth transitioning from foster care

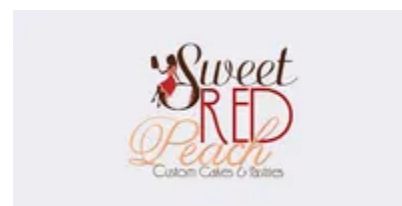
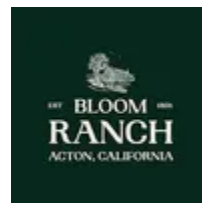
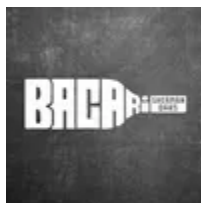
Our commitment remains unchanged: to meet every Youth Partner where they are, honor their voice, and walk beside them as they build the future they envision for themselves.

THANK YOU

To our community partners, supporters, volunteers, donors, and advocates—thank you for believing in our mission. Your encouragement, resources, and partnership help make this work possible.

Together, we are creating opportunities, building confidence, and empowering young people to transition into adulthood with dignity, support, and hope.

We would like to give a special thanks to Deirdre Anderson of A Community of Friends for trusting NLNP with our first youth partners who we are honored to continue to work hand in hand since opening our doors.



THANK YOU TO OUR FINANCIAL CONTRIBUTORS

- Mayisha Ackbar
- Kevin Atkins
- Deirdre Anderson
- Aline Bakewell
- Shontori Bester
- Anise Daniels
- Bea Farmer
- Savvy El
- Carmella Grahn
- Diana Gray
- Jennifer Jackson
- David & Robin Jones
- David Kelmenson
- Rose Osman
- Kelsi Quarles
- Angela Quiroz

- Kalani Quiroz
- Jacquie Ramsey
- Donna Reed
- Kristin Robinson
- Korliss Robinson
- Nancy Rose
- Tina Salcedo
- Tina Sudeuth
- Dawn Smith
- Michelle Smith
- Carol Swenson
- Owen Swenson
- Patricia Swenson
- Claudia Ware
- Karita Webber
- Kendra Waggin



BECOME A SPONSOR

Empowering Youth~ Building Confidence~ Creating Opportunities ~Inspiring Change ~

A nonprofit organization dedicated to supporting young people as they transition from foster care into adulthood through advocacy, empowerment, and individualized support services.



*As a Non-Profit Corporation, 501(c) 3
(ID # 33-1986023), all donations and gifts are
tax-deductible.*

CONTACT US:

1308 East Colorado Boulevard #317,
Pasadena, CA, 91106

(626) 807-6528

Rochelle@NewLifeNewPowerConsulting.org