

End of life planning for the expected and unexpected.

## 1. Print Out

## 2. Fill Out

3. Cut Out and Fold

4. Place in your wallet and anywhere else you want people to know who is in charge if you can't communicate for yourself, and what you do or do not want in terms of emergency

EMERGENCY CONTACT CARD
My Name:
Date of Birth:
Health Care Provider:
Provider Phone:
Preferred Hospital:
Agent Phone: 
EMERGENCY CONTACT CARD Health Care Agent: (DPOA for Health Care)

MERGENCY	CONTACT	r card
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My Name:	
Date of Birth:	
Health Care Provider:	
Provider Phone:	
Preferred Hospital:	

## (206) 390-8550

www.worryfreewednesdays.com

## care.

